I'm giving you a new commandment... to love one another. Just as I have loved you, you also should love one another.

# John 13:34 (ISV)



# **GOOD SHEPHERD**

# The Shepherd's Voice

Monthly Newsletter May, 2025

Give. Serve. Lead. Connect.

#### From Pastor Harald Bringsjord

#### Living the Promise of Easter

We joyfully celebrated Easter on Sunday, April 20, 2025, yet the Easter season continues through May—a time to reflect on the lasting hope and renewal Christ brings.

Throughout the month, our Gospel readings guide us deeper into Christ's message:

- May 4 Jesus asks Peter, "Do you love me?" Upon Peter's affirmation, Jesus responds, "Feed my sheep."
- May 11 Jesus speaks of the shepherd who protects the sheep, and we hear the comforting words of Psalm 23.
- May 18 Jesus gives us a new commandment: "I give you a new commandment that you love one another. Just as I have loved you, you also should love one another."
- May 28 We witness Jesus healing a man who has suffered for 38 years by telling him, "*Take up your mat and walk.*" Through these words, the man is made whole.

These passages reveal not just instruction but **invitation**—a call to live into the joy and promise of God's love. Often, I've shared that I avoid words like "must," "should," and "ought to," as they

Facebook.com/GSlacrosse

can drain the life from what should be an uplifting message. When spoken through grace, Jesus' words do not impose burdens; instead, they breathe life into us.

"Feed my sheep," "The shepherd protects his flock," "Love one another as I have loved you," "Take up your mat and walk."

Imagine if these phrases were framed as commands: **You must** feed my sheep; **you must** trust the shepherd; **you must** love one another. The weight of obligation would overshadow the beauty of invitation. But Jesus speaks in a way that fills us with hope, not duty; with promise, not pressure.

Easter reminds us that life triumphs over death, that love is the ultimate gift, and that healing is within reach. There is joy in giving and feeding the sheep. There is peace in knowing we are protected. There is fulfillment in loving one another. There is renewal in being made whole.

May you carry this life-giving joy throughout the Easter season and always.

Christ is risen! Christ is risen indeed! Alleluia!

Pastor Harald



To access this and other publications online visit GSlacrosse.org/voice.

Page 2



name as the sponsor.

vour help!

If you wish to sponsor the chancel or pulpit

and paying for them directly. Please be sure

flowers, you are responsible for ordering

that works for you. The readings will be

sent (either by mail or email) to you early

that week. Interested in ushering? Contact

Kathy (608)788-0450. We really do need

**EN'SGR** 

the flowers are delivered to the church

office on or before Fridav at noon.

#### Flower and Bulletin Sponsorship

Sign up on the bulletin board in the concourse to sponsor the weekly bulletins or flowers in honor of a loved one or a special event. Please give us the reason you are sponsoring them. If you do not give us a reason, the bulletin will only have your

#### **Readers & Ushers always Appreciated!**

Readers and Ushers are always valued at our worship services. Please consider signing up on the sign up sheet in the welcome area at the back of the sanctuary. You can sign up to read for a time and day

#### Good Shepherd Men's Group

Our men's group meets Sundays at 6:30pm in the Mattes Center. Simply show up if you would like to join us, or contact Randy Page at grimmcaf@hotmail.com for more info.

#### Lydia Circle

Lydia Circle meets the first Tuesday of every month at 1pm in the quilting room. All women are welcome! If you have any questions, contact LeeAnn Lyden at (608)788-7651.



# Serve Enriching Life, Sharing Talents

#### Thank You All So Very Much...

**The Altar Guild.** We are up and running again. With a few changes. If you are interested in being a part of this ministry, please contact the office or Ellen Klemp at 608-397-2139 or klempellen@gmail.com

Thank you to Ann Hudson who sends out meaningful cards and handmade prayer shawls to bereaved families throughout the year. If you are interested in making Prayer Shawls, please contact the office.

**Care Ministries**—Thank you to all members who are serving as Good Shepherd Care Ministers! By bringing communion and care to those who are shut in their homes or in care facilities you truly are reflecting "God's work, Our hands" through this ministry. One person said it truly is a gift to get a visit with communion through my care minister, it makes me feel connected to the church.

**Prayer Chain Ministry**—Thank you to all the members of Good Shepherd's Prayer Chain. Prayer ministers pray daily for Good Shepherd intentions, special/urgent requests, the community and the world beyond. Call Kathy at the office to serve through prayer.

#### **Causeway Caregivers**

Causeway Caregivers exists to help! Give Causeway a call if you need assistance in or around your home or if you have a few hours to volunteer helping those who do. (608) 775-9999 or visit our website: causewaycaregivers.org







## Lead Raising Up Spiritual Leaders

#### Calling All Musicians!

Our "Sounds of Praise" worship band invites you to help us lead the worship here at Good Shepherd. "Sounds of Praise" is intended to bring together the greatest number and variety of instruments possible, presenting special music and enhancing our wide variety of hymn styles. Whatever type of instrument you play, "Sounds of Praise" welcomes you! Please call Randy Lyden at (608) 792-1305 or email randy@gslacrosse.org to be a part of this growing and exciting praise band!

We rehearse as part of our 8:30am Sunday

May in the Mattes Center and new members

are always welcome! If your children would

like to be a part of the Sunday School Choir, please contact Darlene Lassig at 608-769-1499 or at darlene@gslacrosse.org.

School program from September through

# **Connect** Bridging Our Community To Our World

**Mobile Meals of La Crosse** 

#### We are did 9 weeks for Mobile Meals throughout the 2024 calendar year and we will be doing 9 weeks in 2025!

Remember that many of the people that our meal drivers deliver to may see no one else but the you that day, so please give them a big HI and a smile from you and Good Shepherd!! If you are interested in helping with Mobile Meals please contact Kathy in the church office 608-788-0450.

#### West Avenue Food Emergency Relief

Food donations for WAFER may be left in the stewardship area in the concourse or you can support WAFER with a monetary gift. Simply make your check out to Good Shepherd, indicate WAFER in the check Pick-up place is Franciscan/Mayo at the Mississippi Street entrance, pick-up time is 10:30am to 10:45am.

Please allow 1 1/2 to 2 hours for deliveries. We are route #1.



memo, and mail your check to us or drop it in the offering basket if you attend one of our in person services.



#### Make a joyful noise unto the Lord!

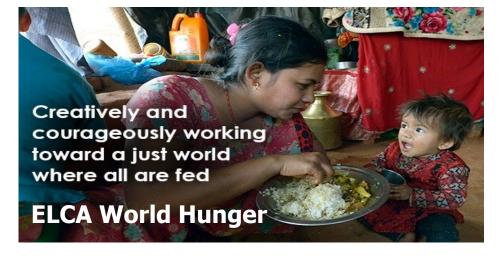
#### The Sanctuary Choir

The Sanctuary Choir rehearses between services every Sunday from September through May and new members are always welcome!! If you would like to join our Sanctuary Choir, please contact Karl Greenfield at 790-3785 or at karl@gslacrosse.org

#### Hand Bell Choirs

**Sunday School Choir** 

Practices are on Sunday evenings at 5:30pm from September through May in the Choir Room. If you have any questions please contact Linda Jerome at 317-1335 or email at linda@gslacrosse.org.



#### Cub Scouts, Boy Scouts & Scouting for Girls Meet at Good Shepherd

**Cub Scouts—Pack 10** meets at 6pm, 2nd & 4th week on Tuesday's in the Mattes Center. Off over the summer.

**Boy Scouts**—Troop 22 meets at 6:45pm weekly on Tuesday's in the Mattes Center. Off over the summer.

If you have any questions, please call the church office at 788-0450 and we can connect you with the group leaders.

**High School Youth Group** (Grades 9-12) Good Shepherd Youth Group provides a

chance to meet other awesome teens just like yourself. We meet weekly in the youth room of Good Shepherd on Wednesdays at 6:30pm. Come when you are able, during Lent we meet after the Wednesday Lenten Service. We also have social events throughout the year along with a yearly mission trip. Want to learn more? Contact Karina Bronson at Karina@gslacrosse.org

#### Remember also your Creator in the days of your youth, Ecclesia

Ecclesiastes 12:1

WAFER

# **Stewardship**

#### Memorials & Special Gifts

Good Shepherd gratefully acknowledges and sincerely appreciates your gifts over and above your regular giving. The following gifts were received from March 22 through April 20.

#### **Carol Juel Memorial**

Marshall Juel Stuart & Sandra Sletten Richard & Rachel Staats Candie Luehne Pam Sletten Terry & Joan Morehouse Sue Wilson

John & Naomi Stennes-Spidahl



**Food for Schools** 

John Wood

# Phyllis Lynch Memorial

George & Judy Brockman Peter & Toshia Barnett Ryan and Alexa Barnett Adriaana Akhtar

**ELCA Disaster Response** John & Naomi Stennes-Spidahl

**Ed Keuper Memorial** Carolyn Sorenson

| Date     | 8:30 | 10:30 |
|----------|------|-------|
| 03/02/25 | 115  | 51    |
| 03/09/25 | 97   | 54    |
| 03/16/25 | 84   | 52    |
| 03/23/25 | 91   | 55    |
| 03/30/25 | 101  | 53    |

Weekly Sunday Attendance

#### **Envelope Offering Comparison**

| March<br>2025 | March<br>2024 | % Difference |
|---------------|---------------|--------------|
| \$23,359.26   | \$24,740.35   | -5.6%        |
| YTD 2025      | YTD 2024      | % Difference |
| \$89,776.53   | \$63,910.82   | 40.4%        |

#### Weekly Envelope Offerings

**Church Numbers** 

| Date     | Weekly      | % Budget |
|----------|-------------|----------|
| 03/02/25 | \$5,981.70  | 102.5%   |
| 03/09/25 | \$4,845.28  | 83.0%    |
| 03/26/25 | \$7,707.98  | 132.1%   |
| 03/23/25 | \$2,140.05  | 36.6%    |
| 03/31/25 | \$2,684.25  | 46.0%    |
| Total:   | \$23,359.26 | 109.2%   |

If you would like to view the complete financial statements that are shared with the Council, please contact Rick in the church office at 788-0450 or email rick@gslacrosse.org





#### March Monthly Benevolences From Good Shepherd Lutheran Church

| ELCA / Synod Support        | \$3,186 |
|-----------------------------|---------|
| Lutheran Campus Ministry    | \$84    |
| Companion Synod - Peru      | \$10    |
| Synod Seminary Scholarships | \$10    |
| Sugar Creek Bible Camp      | \$160   |
| WI Lutheran Social Services | \$200   |
| Lutheran Disaster Response  | \$25    |

| Thank | , |
|-------|---|
| YOU.  |   |
|       |   |

# Around the Parish...

#### **New Picture Directory**

Please schedule your photo secession for the Picture Directory online using the information you received in our recent mailing. Kathy will be available Sundays in the church office after both services if you need assistance, or call her in the church office at 608-788-0450 Monday thru Wednesday between 8am and 11am. The dates the photographers will be here are Tuesday, May 27th to Thursday, May 29th from 1 to 8pm and on Friday, May 30th from 11am to 6pm. Learn more by contacting Kathy in the church office 608-788-0450 or Kathy@gslacrosse.org

#### **Good Shepherd Women-WELCA**

WELCA welcomes all women from our congregation to be part of this committee. Our next meeting is Thursday, May 1st at 6pm on Zoom and in person.

#### **Burrito Breakfast**

Join us in the Mattes Center for a Burrito breakfast Sunday, May 4th between services, while supplies last. Burritos with all the fixings or just have it on a plate. A free will offering will be accepted. Come join us!

#### Lydia Circle Potluck

Lydia Circle will meet again on Tuesday, May 6th at NOON in the Quilt Room for a potluck meal. All ladies are welcome. Any questions please call LeeAnn Lyden at (608)788-7651. We hope you will join us for some good chats and desserts & coffee.

#### **Grief Support**

Grief support meets in the choir room at Good Shepherd twice a month on the 2nd & 4th Thursday at 3pm. Our next meeting will be May 8th. All are welcome.

#### Game Night

Game Night for all ages is Friday, May 9th from 6-9pm. in the Mattes Center. Bring your favorite game, or learn a new one. Games vary, but include a variety of board, card, and other games. Contact Randy at grimmcaf@hotmail.com with any questions. This will be the last one until Friday, September 12th when they will get together again.

#### Quilting

Please join us in making quilts for LWR. We meet on the 2nd and 4th Monday of the month, 9 am to 3 pm in the quilting room. If you are only able to stay for part of the day, come when you can and leave when you need to. If you wish to sew at home, you can look at the LWR web site for specifications for quilts. Hope to see you on May 12th.

#### **Bunco Night**

Our next Bunco night will be on Friday, May 16th at 6pm. Please bring a \$5 wrapped gift. The May theme is "Spring". Bunco will be in the Mattes Center and is for ages 18 years and older. Contact person is Judy Christopherson @ 788-4335 or 769-9656.

#### **Cancer Center Support Group**

Cancer Support Group gives adult cancer patients and their caregivers a safe, confidential place to share feelings and experiences with others whose lives are affected by cancer. Meetings are the 3rd Tuesday of each month at 5pm in the Mattes Center. Next meeting is May 20th. Questions, call Janette 608-775-1197

#### **Good Shepherd Men's Group**

Our men's group meets Sundays at 6:30pm in the Mattes Center. Simply show up if you would like to join us or contact Randy Page at grimmcaf@hotmail.com for more info.

# Around the Parish...

Support Good Shepherd's Youth Group by purchasing scrip cards!

Stop by our table Sundays or get an order form from our website. Email Bridget to place an order at bridget ammann@yahoo.com

The office also has Kwik Trip cards available for immediate purchase!

#### Help Feed Area Children

Please continue to support the Food For Schools Project with your donations. Food is purchased for the children at Hintgen and donations made to the food pantries of other area schools too! Make your checks payable to church, but indicate Food For Schools Project in the memo line.

#### Sign Up For Simply Giving

The *Simply Giving*® Program is an automated stewardship program that helps church members live generously. It's a convenient, safe and simple way for individuals to make automatic payments to Good Shepherd through electronic funds transfer (EFT) directly from checking or savings accounts. Vanco Services, LLC provides electronic payment processing services at reduced rates—so your generosity goes further. Learn more by contacting the church office at (608) 788-0450

#### **Hospital Visitations**

If you are hospitalized at Gundersen, please register as a member of Good Shepherd in La Crosse if you would like a visit from Pastor Harald. Member names are provided to us from Gundersen for this purpose.



#### We are Hiring!

Good Shepherd Lutheran Church is seeking a person for our Office Assistant position. This is a very diverse part-time position (15 -20 hours per week) assisting The Pastor and Office Manager as needed, as well as completing their own responsibilities in a timely and professional manner.

Pay is commensurate with experience. A full job description and application form is available in the church office, or on our website at <u>gslacrosse.org/we-are-hiring/</u> Applications are due in the office by May 5th. They can be dropped off in person, or emailed to office@gslacrosse.org

#### **Thoughts & Ideas Welcomed**

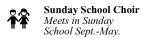
If you have an idea of how to improve ministry here at Good Shepherd, or things you would like to see us do or become involved in as a church, pick up a form from the bulletin board in the welcome area. Be sure to sign the form and then place it in the white mailbox in the main hall by the choir room.



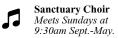
Congratulations to our 2025 Confirmands who were confirmed this April 27th. If you see them in church, congratulate them and pray their faith continues to grow and shine.

> Mason Peterson Brennen Locknane Alejandro Flores Nathaniel May Evie Lowell Ellie Apaun

# **May** 2025



Bell Choir Meets Sundays at 5:30pm Sept.-May.





Sounds of Praise Meets as scheduled on Saturdays at 4pm..

Worship and Sunday School at 8:30, and worship at 10:30. The 8:30 service will be live steamed at www.gslacrosse.org

| Sun   | Mon                              | Tue  | Wed                    | Thu                    | Fri   | Sat                   |
|---|----------------------------------|--|------------------------|------------------------|---|-----------------------|
| April 27  | 28                               | 29   | 30                     | May 1                  | 2   | 3                     |
| 8:30am Worship<br>8:30am Sunday School<br>10:30am Worship<br><b>2pm Confirmation</b><br>4:30pm Boy Scout Troop 22<br>6:30pm GS Men's Group                      | 9am Quilting                     |  |                        | 6pm WELCA Meeting      |   |                       |
| 4   | 5                                | 6  | 7                      | 8                      | 9   | 10                    |
| 8:30am Worship/communion<br>8:30am Sunday School<br>9:30am Burrito Breakfast<br>10:30am Worship/communion<br>4:30pm Boy Scout Troop 22<br>6:30pm GS Men's Group | 6pm Picture Directory<br>Meeting | Noon Lydia Circle Pot Luck<br>6pm Buildings & Grounds                      |                        | 3pm Grief Support      | 6pm Game Night                                |                       |
| 11 Mother's Day   | 12                               | 13   | 14                     | 15                     | 16  | 17                    |
| 8:30am Worship<br>8:30am Sunday School<br>10:30am Worship<br>2:30pm Cub Scouts Pack 17<br>4:30pm Boy Scout Troop 22<br>6:30pm GS Men's Group                    | 9am Quilting                     | 1:15pm Dementia Support<br>1:45pm Hillview Communion                       |                        |                        | June Voice Articles Due<br>6pm Bunco (spring) |                       |
| 18 Education Sunday   | 19                               | 20   | 21                     | 22                     | 23  | 24                    |
| 8:30am Worship/communion<br>8:30am Sunday School<br>10:30am Worship/communion<br>4:30pm Boy Scout Troop 22<br>6:30pm GS Men's Group                             | 6pm Membership Meeting           | 5pm Cancer Support<br>6pm Admin/Exec Meeting<br>7pm Church Council Meeting |                        | 3pm Grief Support      |   |                       |
| 25  | 26 Memorial Day                  | 27   | 28                     | 29                     | 30  | 31                    |
| 8:30am Worship<br>10:30am Worship<br>6:30pm GS Men's Group  | Office Closed                    | 1pm Directory Pictures<br>6pm Parish Ed Meeting                            | 1pm Directory Pictures | 1pm Directory Pictures | 11am Directory Pictures                       |                       |
| June 1  | 2                                | 3  | 4                      | 5                      | 6 Synod Assembly                              | 7 Synod Assembly      |
| 9:30am Worship/communion<br>6:30pm GS Men's Group   |                                  | 6pm Buildings & Grounds  |                        | 6pm WELCA Meeting      | 7pm Synod Service in Westby                   | 10am Before the After |
|   |                                  |  |                        |                        |   |                       |

#### GSlacrosse.org

#### Page 13

# Your Health From the desk of our Parish Nurses

#### Greetings,

With spring in full bloom, we are focusing on exercise and the many positives it offers. including reducing your risk of heart disease and depression. Results from a new study show that physical activity's effects on stress — and related mood conditions — can protect against cardiovascular disease. The researchers found that there was an inverse relationship between physical activity and stress-related brain activity: higher levels of exercise resulted in lower levels of stressrelated brain activity. People with stressrelated brain conditions like depression saw a much larger benefit from physical activity. According to Dr. Ahmed Tawakol, MD, one of the researchers and a cardiologist in the Cardiovascular Imaging Research Center at Massachusetts General Hospital, exercise was "roughly twice as effective in lowering cardiovascular disease risk among those with depression."

Many medications for depression work by increasing neurotransmitters in the brain that can affect behavior and mood. Selective serotonin reuptake inhibitors (SSRIs) like Lexapro or Prozac are commonly prescribed for depression, and serotonin-norepinephrine reuptake inhibitors (SNRIs) like Cymbalta or Pristiq can be used to treat other anxietyrelated disorders. But exercise can counter depression and stress-related brain activity in a number of ways, by affecting brain chemistry naturally: regulating appetite hormones, reducing inflammation, reducing stress, and increasing metabolism. Unlike

## Cody & Kerstin Nedegaard

GS Volunteer Parish Nurses Cody\_Kerstin@gslacrosse.org

#### Health Questions? Gundersen Telephone Nurse Advisor 24/7 at (800) 858-1050.

serotonergic antidepressants, physical activity increases activity in the prefrontal cortex, which improves mood. More activity in the prefrontal cortex in turn reduces stress -related overactivation of the autonomic nervous. Exercise also increases Brain Derived Neurotrophic Factor, which improves mood through alterations in brain plasticity.

Thirty minutes of exercise per day can make a huge difference in your health. With the many opportunities for exercise in the coulee region, you will never get bored or feel it is a chore. At the end of the day, it is your body and your health. Treat it as a temple!

Take Care, Cody and Kerstin





## • Jim Bugge President of the Congregation buggejim@gmail.com

**Church Council Members** 

- Janette Dawson Vice President of the Congregation
- Tim Knudsen Treasurer
- Jennifer Laszewski Secretary

#### Other Church Council Members include: Karl Noll, Thea Johnson, Mark Skolos, Lori Lowell, Matt Heberlein, Barb Smyth, Tom Andersen, Barb Coppernoll-Geary, Jen Servais, Glen Johnson, and Pastor Bringsjord.

Linda Jerome Bell Choir Director

Karl & Jaime Greenfield Sanctuary

Choir Directors karl@gslacrosse.org

**Darlene Lassig** Volunteer Sunday

School Choir Director (608)769-1499

linda@gslacrosse.org

darlene@gslacrosse.org

Volunteer Parish Nurses

Cody & Kerstin Nedegaard

Cody Kerstin@gslacrosse.org

(608)790-3785



- Rev. Harald Bringsjord Senior Pastor prharald@gslacrosse.org
- Rev. John Stennes-Spidahl
  Assistant Pastor
  prjohn@gslacrosse.org
- Rick Laufenberg Office Manager rick@gslacrosse.org (608)788-0450
- Kathy Johnson Office Assistant kathy@gslacrosse.org
- Brea Ellison Children's Ministry Coordinator breanna@gslacrosse.org
- Karina Bronson Coordinator of Confirmation and Youth Ministry karina@gslacrosse.org
- Randy Lyden Music Director/ Organist randy@gslacrosse.org (608) 792-1305

#### Questions? Don't know who to contact? Contact the Church Office.

(608) 788-0450 | office@gslacrosse.org | www.gslacrosse.org 4141 Mormon Coulee Rd. La Crosse, WI 54601 (Office hours 8am to 1pm)

# Sunday School Update Pre-school thru Grade 5

#### Happy May!

It's hard to believe the Sunday school year is already wrapping up! We have had such a fun filled year! We learned about stories such as Four Friends, where a group of friends were determined to get their paralyzed friend to Jesus. Jesus healed the man and forgave his sins. The children practiced teamwork and learned the importance of working together. Along with other stories like The Storm that taught us how powerful God is when Jesus and his disciples found themselves in a terrible storm. Jesus was able to calm the waves by saving "Peace. be still".

A huge thank you to the Sunday School families, congregation, and everyone else who donated animal supplies and gave monetary donations towards our Lenten project! Chasing Daylight Animal Shelter and the Coulee Region Humane Society were very excited and grateful to receive our donations!

May 18th will be our Education Program during the 8:30am service. This will be our final day of Sunday school before we have our Summer break. We will be sharing a skit on a story we learned this year, and playing "Are You Smarter Than A 5th Grader". It is also our 5th graders' last day of Sunday School. They will be ushering so feel free to wish them well! We hope to see you there!

This summer, I would love to see your child while attending God's Creation: Vacation Bible School! VBS will take place August 10th – 14th from 5:45pm - 7:30pm. An optional supper will be from 5pm - 5:45pm. The registration sheets are posted on the Sunday school bulletin board and I also sent Sunday School families a digital sign up. We can't do VBS without our amazing volunteers! If you have been interested in seeing what Sunday school is all about and would like to help out with VBS or Sunday school for next year, feel free to reach out to me or find me on Sundays! I would love to talk to you about the fun we have!

Happy spring! Brea Ellison





| Sunday, May 4th           | Art Project, Mothers Day project, and Educa-<br>tion Sunday Practice                       |  |  |
|---------------------------|--|--|--|
| Sunday, May 11th          | Education Sunday Practice  |  |  |
| Sunday, May 18th          | Education Sunday<br>(Are You Smarter Than A Sunday Schooler?)<br>LAST DAY OF SUNDAY SCHOOL |  |  |
| August 10th – August 14th | Vacation Bible School: God's Creation  |  |  |



# **Brea Ellison**

Children's Education Coordinator Breanna@gslacrosse.org (608)788-0450

#### **Stay Connected!**

Receive message alerts for Sunday School at Good Shepherd. Send the message @gs-Sunday to the number (608) 807-2784. All parents and children with a cell phone are encouraged to sign-up! Data charges may apply. Must age 13+ to sign up without parental guidance. This service is brought to you by Remind®.





"Then I will send rain on your land in its new season, both Autumn and Spring rains, so that you may gather in your grain, new wine and olive oil." Deuteronomy 11:14

#### Happy Spring!

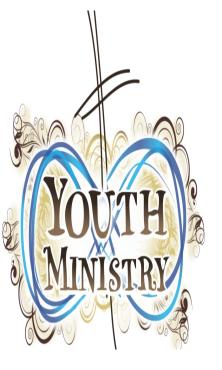
April showers brings May flowers! As we move into the time of spring, we will begin to see new forms of life all around us.

Our 8th graders are officially confirmed! We celebrate them on their new journeys in faith, and welcome them as official members of our congregation.

Confirmation schedules are starting to be created and the plan for next year is already in the works. We will begin looking at the New Testament and the life of Jesus.

The youth room will also be seeing some major changes as I will be rearranging it as the youth group will be starting up again in the fall.

Cheers! Karina





# Attn: High School Youth

We are looking for members to revitalize our High School Youth Group. We plan to meet weekly in the youth room of Good Shepherd on Wednesdays at 6:30pm. Come when you are able, leave when you need to. During Lent we also meet after the Wednesday Lenten Service.

We plan to have social events throughout the year, along with a yearly mission trip, but we need active and involved members to do

these things! If you would be interested in joining our Good Shepherd Youth Group, Please contact Karina Bronson at Karina@gslacrosse.org.

## Support Good Shepherd's Youth Group by purchasing scrip cards!

Contact Bridget Skolos to see what is currently on hand or fill out an order form to request cards from Amazon to Walmart with several store or restaurant options in between. The three easy steps to order are:

- 1. Print and fill out the Order Form from the church website.
- 2. Write your check out to Good Shepherd Youth Group for the amount of your order.
- 3. Submit your completed order form and payment to the church office or me.
- The orders will be compiled and placed the first week of the month.

Bridget's contact information is: bridget\_ammann@yahoo.com

The church office also has Kwik Trip cards available for immediate purchase.

# **Karina Bronson**

Coordinator of Confirmation and Youth Ministry Karina@gslacrosse.org (608) 788-0450

In the Office: Varied hours



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Follow the activities of the G4Squad on Instagram: g4squadlax

#### GSlacrosse.org



#### **Taize Worship Music**

Our prayer response hymns this Lent and Easter season have been from the music of the ecumenical Taize worship community, located in Taize France and founded in 1940 by brother Roger Louis Schutz-Marsauche. This monastic community is devoted to prayer and reconciliation and is comprised of over one hundred Catholic and Protestant brothers from over thirty countries. Focusing on the youth, Taize is one of the most important sites of Christian pilgrimage. Thousands of people from all over the world visit there each year to study and to worship in the peaceful, contemplative style of Taize worship.

The Taize community gathers three times a day, seven days a week for worship. An important feature of their worship is the use of repetitive prayer set to short musical melodies. As these are sung meditatively over and over, the worshipper is immersed in the faith message that penetrates deeper and deeper into the being of the worshipper, becoming a way of listening to God. A Taize worship service includes Taize songs, a Gospel reading, periods of silence, prayers and meditations.

Eleven Taize songs are included in our Evangelical Lutheran Worship hymnal. We sang "O Lord, Hear My Prayer" as our Lenten prayer response hymn, and our prayer response hymn for the Easter season is "Be Not Afraid".

Sadly, in 2005 Brother Roger was stabbed to death during a worship service

#### Randy Lyden

Good Shepherd Music Director randy@gslacrosse.org | (608) 792-1305 by a mentally ill women and was succeeded by Brother Alois Loeser. Brother Roger's funeral was presided over by Catholic Cardinal Walter Casper, which was attended by Brother Roger's community and friends in the monastery church of Taize. Thousands more followed it on large screens in fields outside the church. In his homily, Cardinal Kasper is quoted as saying, "Yes, the springtime of ecumenism has flowered on the hill of Taize" and also, "Every form of injustice or neglect made him [Brother Rodger] very sad".

For more information on the Taize community, please visit: https://www.taize.fr/en







Make these sweet sandwiches for a Mother's Day tea party.

#### What you need:

- 4 oz. cream cheese, softened
- 1 cup heavy cream
- 3 Tablespoons powdered sugar
- 1 teaspoon lemon juice
- 6-10 strawberries, washed and sliced
- 6 slices of
- white bread
- Cellophane
- Adult help

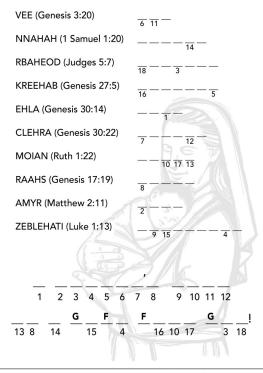
#### What you do:

- With an electric mixer, whip the cream cheese in a bowl until fluffy.
- Add cream, powdered sugar, and lemon juice. Continue whipping on high speed until mixture is stiff.
- On each slice of bread, spread a layer of the mixture. Then arrange some sliced strawberries on top.
- Place the sandwiches together, with filling on the inside.
- Wrap tightly in cellophane. Chill for two hours so the filling sets.
- Trim off crusts with a serrated knife. Cut sandwiches in squares or triangles. Serve and enjoy!



# Puzzle!

Unscramble the names of these biblical mothers. Look up the verse if you need help. Then use the letters on the numbered blanks to complete the message below.



Answers: Eve, Hannah, Deborah, Rebekah, Leah, Rachel, Naomi, Sarah, Mary, Elizabeth; A mother's love is a gift from God!

