



GOOD SHEPHERD

LUTHERAN CHURCH

The Shepherd's Voice

Monthly Newsletter February, 2023

Give. Serve. Lead. Connect.

From Pastor Harald Bringsjord

"God, give us grace to accept with serenity the things that cannot be changed, courage to change the things that should be changed, and the wisdom to distinguish the one from the other. Reinhold Niebuhr, The Serenity Prayer (1943)"

This is a pretty famous prayer. Maybe not as famous as the Lord's prayer but pretty famous and pretty important in our modern lives.

Howard Chandler Robbins heard Reinhold Niebuhr use it in a church service and asked permission to include it in a Federal Council of Churches book for army chaplains and servicemen. It was distributed to hundreds of thousands of servicemen, according to Niebuhr biographer Richard Wightman Fox.

The prayer became most well-known soon after World War II when Alcoholics Anonymous adopted it as a key part of its 12-step program. The wording of AA's prayer is similar, with a few changes. It goes like this:

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

On Sunday, February 12th at noon, we will have our annual meeting. Annual meetings are church business meetings where all active confirmed members are invited to participate as we look back to see how we lived together as the people of God and as we look forward to how

we will live out our faith into the future as the people of God.

The main focus is that we are in this together as the people of God. I am so grateful to all of you who give so much of your time and talents so that the church can be a light to the community and to the world.

Annual meetings may not have a lot of glitter to them but they are an important part of the work we do as we live within the parameters of our finite world, like our organizational structures and the reality of a budget with its credit and debit accounts and as much freedom as our vision allows.

If you find yourself outside of the church community by choices you have made over the years, I invite you to return and join the wondrous adventure of life in Christ as the corporate body of Christ.

As we gather to give thanks to God and to encourage one another weekly in our faith and life, may God grant us the serenity to accept the things we cannot change, the courage to change the things we can, and the wisdom to know the difference. Amen.

In Christ,

Pastor Harald Bringsjord



Facebook.com/GSlacrosse



Twitter.com/goodshepherdlse



GSlacrosse.org/voice

Give Volunteering Within Church

Flower and Bulletin Sponsorship

Sign up on the bulletin board in the concourse to sponsor the weekly bulletins or flowers in honor of a loved one or a special event. Please give us the reason you are sponsoring them. If you do not give us a reason, the bulletin will

Readers & Ushers always Appreciated!

Readers and Ushers are always valued at our worship services. Please consider signing up on the sign up sheet in the welcome area at the back of the sanctuary. You can sign up to read for a

only have your name as the sponsor.

If you wish to sponsor the chancel or pulpit flowers, you are responsible for ordering and paying for them directly. Please be sure the flowers are delivered to the church office on or before Friday at noon.

time and day that works for you. The readings will be sent (either by mail or email) to you early that week. Interested in ushering? Contact Kathy (608)788-0450. We really do need your help!

Women Who Wrestle With The Word (W5)

If you would like to be a part of a regular gathering of Christian Women, you are always welcome to join W5. For info contact Judy Casto at (608)385-1410.



Lydia Circle

Lydia Circle meets the first Tuesday of every month at 1pm in the quilting room. All women are welcome!

If you have any questions, contact Carol Abraham at (608)787-0679.





Serve **Enriching Life, Sharing Talents**

Thank You All So Very Much...

The Altar Guild. With worship being limited and with restrictions due to COVID Altar Guild has not been active. In the fall they will start planning on how to proceed with new ways to serve. If you are interested in being a part of this ministry, please contact the office.

Thank you to Ann Hudson who sends out meaningful cards and handmade prayer shawls to bereaved families throughout the year.

Care Ministries—Thank you to all members who are serving as Good Shepherd Care Ministers! By bringing communion and care to those who are shut in their homes or in care facilities you truly are reflecting "God's work, Our hands" through this ministry. One person said it truly is a gift to get a visit with communion through my care minister, it makes me feel connected to the church.

Prayer Chain Ministry—Thank you to all the members of Good Shepherd's Prayer Chain. Prayer ministers pray daily for Good Shepherd intentions, special/urgent requests, the community and the world beyond. Call Kathy at the office to serve through prayer.

Causeway Caregivers

Causeway Caregivers exists to help! Give Causeway a call if you need assistance in or around your home or if you have a few hours to volunteer helping those who do. (608) 775-9999 or visit our website: causewaycaregivers.org





Calling All Musicians!

Our "Sounds of Praise" worship band invites you to help us lead the worship here at Good Shepherd. "Sounds of Praise" is intended to bring together the greatest number and variety of instruments possible, presenting special music and enhancing our wide variety of

hymn styles. Whatever type of instrument you play, "Sounds of Praise" welcomes you! Please call Randy Lyden at (608) 792-1305 or email randy@gslacrosse.org to be a part of this growing and exciting praise band!



Make a joyful noise unto the Lord!

The Sanctuary Choir

The Sanctuary Choir rehearses between services every Sunday from September through May and new members are always welcome!! If you would like to join our Sanctuary Choir, please contact Karl Greenfield at 790-3785 or at karl@gslacrosse.org

High School Youth Group (Grades 9-12)

You aren't the only Christian at your high school! Good Shepherd Youth Group provides a chance to meet other awesome teens just like yourself.

Sunday School Choir

We rehearse as part of our 8:30 Sunday School program from September through May in the Mattes Center and new members are always welcome! If your children would like to be a part of the Gloria Dei Choir, please contact Darlene Lassig at 608-769-1499 or at darlene@gslacrosse.org.

Hand Bell Choir

Practices are on Sunday evenings at 5:30pm from September through May in the Choir Room. If you have any questions please contact Linda Jerome at 317-1335 or at linda@gslacrosse.org.

We have social events throughout the year along with a yearly mission trip. Want to learn more? Contact the Jen Servais at Jen@gslacrosse.org

Remember also your Creator in the days of your youth, Ecclesiastes 12:1

Connect Bridging Our Community To Our World

Mobile Meals of La Crosse

GSlacrosse.org

We are did 8 weeks for Mobile Meals throughout the 2022 calendar year and we will be doing 9 weeks in 2023!

Remember that many of the people that our meal drivers deliver to may see no one else but the you that day, so please give them a big HI and a smile from you and Good Shepherd!! Pick-up place is Franciscan/Mayo at the Market Street door and the pick-up time will be 11am.

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Please allow 1 1/2 to 2 hours for deliveries. We are route #1.

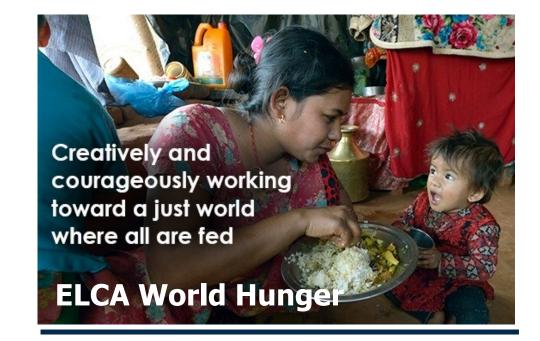


Local Food Pantry Needs

West Avenue Food Emergency Relief

Food donations for WAFER may be left in the stewardship area in the concourse or you can support WAFER with a monetary gift

Simply make your check out to Good Shepherd, indicate WAFER in the check memo, and mail your check to us or drop it in the offering basket if you attend one of our in person services.



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Stewardship

Memorials & Special Gifts

Good Shepherd gratefully acknowledges and sincerely appreciates your gifts over and above your regular giving. The following gifts were received from December 20 through January 22.

WAFER

John Wood

Carol Anderson Memorial

Harald & Andrea Bringsjord Shirley Holman



Glen Patzwald Memorial

Barb Hegge

Ukraine Support

Odell Anderson

Dave Solie Memorial Shirley Holman





December Monthly Benevolences From Good Shepherd Lutheran Church

ELCA/Synod Mission Support	\$1,994
Lutheran Campus Ministry	\$84
Companion Synod - Peru	\$10
Synod Seminary Scholarships	\$10
Sugar Creek Bible Camp	\$160
WI Lutheran Social Services	\$200
Staff Christmas Gifts	\$500
Gifts to our homebound members	\$353

Church Numbers

Weekly Sunday Attendance

Date	8:30	10:30
12/04/22	87	52
12/11/22	65	58
12/18/22	152	64
12/24/22	341 Total	
12/25/22	21	

Weekly Envelope Offerings

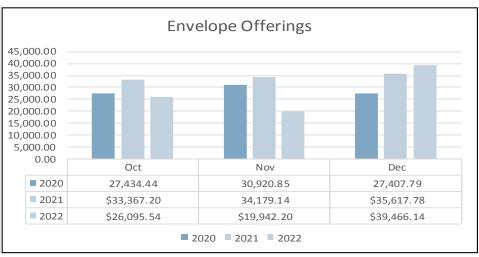
Date	Weekly	% Budget
12/04/22	\$5,425.60	74.4%
12/11/22	\$5,477.75	75.2%
12/18/22	\$6,075.60	83.4%
12/24/22	\$22,487.19	308.4%
Total:	\$39,466.14	135.4%

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Envelope Offering Comparison

December 2022	December 2021	% Difference
\$39,466.14	\$35,602.78	10.9%
YTD 2022	YTD 2021	% Difference
\$302,183.47	\$359,926.86	-16.0%

If you would like to view the complete financial statements that are shared with the Council, please contact Rick in the church office at 788-0450 or email



Around the Parish...

Good Shepherd Women-WELCA

WELCA welcomes all women from our congregation to be part of this committee. Our next meeting is Thursday, February 2nd at 6pm on Zoom and in person in the Mattes Center.

Lydia Circle

Lydia Circle will meet Tuesday, February 7th at 1pm in the Quilt Room. All ladies are welcome. Any questions please call Carol Abraham at 787-0679. We hope you will join us for some good chats & always dessert & coffee.

Game Night

Game Night for all ages is Friday, February 10th from 6 - 9pm. Bring your favorite game or learn a new one. Games vary, but include a variety of board, card, and other games. Contact Randy grimmcaf@hotmail.com or Jim at 641-485-6941 with any questions.

Grief Support

Grief support meets in the choir room at Good Shepherd twice a month on the 2nd and 4th **Thursdays.** (Feb. 9th & Feb. 23rd) If you are interested in attending please contact the church office at 788-0450 with questions. All are welcome.

Annual Meeting of Good Shepherd Lutheran Church

Please plan to attend the annual meeting on February 12th at noon via ZOOM or in person in the Sanctuary. A Zoom invitation to join will be made available on our website. We will be electing new Church Council members, approving the 2023 budget and discussing plans for the upcoming year.

Ice Cream Buckets

The church kitchen needs your old ice cream buckets & their lids.

Sunday Morning Bible Study

We meet once a month on the fourth Sunday between services in the Library from 9:30am to 10:20am. Our next session will be February 26th. An option to participate via Zoom is offered on our website at

https://gslacrosse.org/sunday-bible-study/

If you would like to participate, either in person or via Zoom please contact me at 608-397-6747 or email jstennesspidahl@gmail.com. Of course, spontaneous attendance will certainly be welcomed.

Bunko Is Back

Bunko is starting up again. Our first Bunko night will be on Friday, February 17th. 6pm Potluck, 6:30pm Bunko & 7:30pm gift exchange. The wrapped gift should be a value of at least \$5.00. February's theme is Valentine's Day, remember every thing valentine's will be on sale just before Bunko Night. Bunko takes place in the Mattes center and is for ages of 18 years and older. Contact Judy Christopherson 788-4335 769-3656

Burrito Breakfast

Join us for our first burrito breakfast on February 19th in the Mattes Center. We will be serving breakfast burritos. They can be filled with scrambled eggs, sausage, vegetables, and cheese. You can add some hot sauce or salsa if you'd like. If you'd prefer, you can just have eggs on a plate with no shell. We will have coffee, water, and lemonade to drink. A free will offering will be accepted. Starting in March we plan to have the breakfast on the first Sunday of every month. Come join us in fellowship and food!

Good Shepherd Men's Group

Our men's group meets Sundays at 6:30pm in the Mattes Center. Simply show up if you would like to join us or contact Randy Page at grimmcaf@hotmail.com for more info.

Around the Parish...

Global Missions Variety Show

Join the La Crosse Area Synod in a fundraiser for our companion synod-Evangelical Church of Czech Brethren. All money raised will go towards their mission to help Ukraine refugees.

> February 19th at 3:00pm Trinity Lutheran Church 1010 Sill St. in La Crosse

Come see the incredible talent in our area!

Shop Amazon Smile instead of Amazon and donate to Good Shepherd at the same time!

Shop smile.amazon.com and Amazon will donate 0.5% of the price of your eligible Amazon Smile purchases to Good Shepherd! For more information and to get started, go to https://gslacrosse.org/6030-2/ or https://smile.amazon.com/

When selecting your charitable organization search 23-7014481 or use and bookmark the following link: https://smile.amazon.com/ch/23-7014481

Butterbraids

The Confirmation kids will be selling Butterbraids started in the middle of January. Be on the lookout for announcements on the website and students selling in between services. Students will deliver any Butterbraids ordered. The money earned allows us to do fun activities and helps offset the cost of various youth gatherings.

Options include:

*Bavarian Crème *Caramel Roll

*Cinnamon *Cherry *Cream Cheese

*Raspberry *Blueberry *Strawberry

*Cinnamon Roll

Help Feed The Children At Hintgen

Please continue to support the Hintgen Food Project with your donations.

Make your checks payable to church, but remember to indicate HINTGEN FOOD PROJECT in the memo line. Thanks to all who contribute to this program!

Simply Giving

Good Shepherd offers electronic giving options for making donations on a scheduled, automated basis. It's convenient for you and provides financial consistency for the church. Pick up an authorization form from the office, or the information area in the back of the church, or call Rick at 608-788-0450.

Support Good Shepherd's Youth Group by purchasing scrip cards!

Stop by our table in the welcome area or get an order form from our website or the church office. Contact Corrine Holtz to place an order. Mobile 608-397-9353 or Email tcjj23511@gmail.com

The office also has Kwik Trip cards available for immediate purchase Mon. -Fri. from 8am - 1pm

Vanco Mobile App For Donations

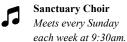
Give electronically on your cell phone using Vanco's app, Vanco Mobile Faith Engagement. Set up is easy and only takes a few minutes.

We encourage everyone to download the app for free at the Apple App Store or Google Play. Once downloaded, simply open the app and search for Good Shepherd Lutheran Church then select the one in La Crosse, there are a lot of Good Shepherds out there! Please call Rick at 788-0450 if you have questions.

Sunday School Choir

Our Sunday School Choir is going well!! The children are enjoying singing at the start of each Sunday School session, and I love leading them in songs they know and new songs that we can sing together. We are planning to sing during the Children's time part of Sunday Services on the 1st Sunday of each month beginning in February. We are looking forward to singing for our congregation in February, March, April and May. We hope you will enjoy listening to us, as much as we will enjoy singing for you! Singing God's Praises, Darlene and the Sunday School Choir.

February 2023





Sounds of Praise Meets as scheduled on Saturdays at 4pm.

In-person Worship Sundays at 8:30 and 10:30. The 8:30 service is also live steamed on our website at www.gslacrosse.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
January 29	30	31	February 1	2	3	4
8:30am Worship 8:30 Sunday School 10:30am Worship 10:30am Lindahl Baptisms 6:30pm GS Men's Group			6:30pm Confirmation	6pm WELCA Mtg		
5 Name Tag & Cookie Sunday & Scout Sunday	6	7	8	9	10	11
8:30am Worship/communion 8:30am Sunday School 10:30am Worship/communion 6:30pm GS Men's Group		1pm Lydia Circle 6pm BS Troop 22 Adult Mtg 6:45pm BS Troop 22 Mtg	6:30pm Confirmation	3pm Grief Support Mtg	6pm Family Game Night	
12	13	14	15	16	17	18
8:30am Worship 8:30am Sunday School 10:30am Worship 6:30pm GS Men's Group	6:15pm Cub Scouts Pack 17 7pm Membership Mtg	1:45pm Hillview Communion 6:45pm BS Troop 22 Mtg	6:30pm Confirmation Fun Night/Wrap up		March Voice Articles Due 6pm Bunko/Pot Luck /Gift Exchange, Theme Valentines Day	
19 8th Grade Led Services	20	21	22 Ash Wednesday	23	24	25
8:30am Worship/communion 8:30am Sunday School 9:30am Burrito Breakfast 10:30am Worship/communion 6:30pm GS Men's Group		6pm Admin/ Exec Mtg 6:45pm BS Troop 22 Mtg 7pm Church Council	6:30pm Lenten Worship/ Communion	3pm Grief Support Mtg		
26	27 6:15pm Cub Scouts	28	March 1	2	3	4
8:30am Worship 8:30am Sunday School 9:45am Sunday Bible Study 10:30am Worship 6:30pm GS Men's Group	Pack 17	6pm Parish Ed Mtg 6:45pm BS Troop 22 Mtg	6:30pm Lenten Worship	6pm WELCA Mtg		
5	6	7	8	9	10	11
8:30am Worship w/communion 8:30am Sunday School 10:30am Worship w/communion 6:30pm GS Men's Group		1pm Lydia Circle 6pm BS Troop 22 Adult Mtg 6:45pm BS Troop 22 Mtg	6:30pm Lenten Worship	3pm Grief Support Mtg	6pm Family Game Night	

Church Council Members

- Sara Wrobel President of the Congregation
 Sara@gslacrosse.org
- **Jim Bugge** Vice President of the Congregation
- Todd Holtz Treasurer
- Erica Pedrazoli Secretary

Other Church Council Members include: Tim Knudsen, Roger Weeks Jr., Karl Noll, Thea Johnson, Mark Skolos, Harlan McLain, Steve Stelzl, Lori Lowell, Janette Dawson, Pastor Bringsjord, and Maddy Fergot is our Youth Representative.



- Rev. Harald Bringsjord Senior Pastor prharald@gslacrosse.org
- Rev. John Stennes-Spidahl Assistant Pastor prjohn@gslacrosse.org
- Rick Laufenberg Office Manager rick@gslacrosse.org 788-0450
- **Kathy Johnson** Office Assistant kathy@gslacrosse.org
- Brea Ellison
- Children's Ministry Coordinator breanna@gslacrosse.org
- Jen Servais Coordinator of Youth and Family Ministry jen@gslacrosse.org

- Randy Lyden Music Director/ Organist randy@gslacrosse.org (608) 792-1305
- Linda Jerome Bell Choir Director linda@gslacrosse.org
- Karl & Jaime Greenfield
 Sanctuary Choir Directors
 karl@gslacrosse.org 790-3785
- Darlene Lassig Volunteer Gloria Dei Choir Director 769-1499 darlene@gslacrosse.org
- Cody & Kerstin Nedegaard Volunteer Parish Nurses Cody Kerstin@gslacrosse.org
- **Bill Klein** *Custodian* bill@gslacrosse.org

Questions? Don't know who to contact? Contact the Church Office.

(608) 788-0450 | office@gslacrosse.org | www.gslacrosse.org 4141 Mormon Coulee Rd. La Crosse, WI 54601 (Office hours 8am to 1pm)

Your Health From the desk of our Parish Nurses

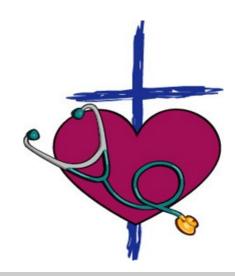
Greetings,

February is heart health awareness month. According to the CDC, heart disease is the leading cause of death in the US. Heart disease refers to several types of heart conditions, the most common being coronary artery disease (CAD) which can lead to heart attack. You can greatly reduce your risk for heart disease through lifestyle changes and, in some cases, medicine.

Sometimes heart disease may be "silent" and not diagnosed until a person experiences signs or symptoms of a heart attack, heart failure, or an arrhythmia. When these events happen, symptoms may include: heart attack: Chest pain or discomfort, upper back or neck pain, indigestion, heartburn, nausea or vomiting, extreme fatigue, upper body discomfort, dizziness, and shortness of breath; Arrhythmia: Fluttering feelings in the chest (palpitations); heart failure: Shortness of breath, fatigue, or swelling of the feet, ankles, legs, abdomen, or neck veins. High blood pressure, high blood cholesterol, and smoking are key risk factors for heart disease. About half of people in the United States (47%) have at least one of these three risk factors. Several other medical conditions and lifestyle choices can also put people at a higher risk for heart disease, including: diabetes, overweight and obesity, unhealthy diet, physical inactivity, excessive alcohol use. Choose an active lifestyle and healthy meals/ snacks to help prevent heart disease and its complications. Be sure to eat plenty of fresh fruits and vegetables and fewer processed

foods. Eating lots of foods high in saturated fat and trans fat may contribute to heart disease. Eating foods high in fiber and low in saturated fats, trans fat, and cholesterol can help prevent high cholesterol. Limiting salt (sodium) in your diet can also lower your blood pressure. Limiting sugar in your diet can lower your blood sugar level to prevent or help control diabetes. Do not drink too much alcohol, which can raise your blood pressure. Men should have no more than 2 drinks per day, and women no more than 1 drink per day.

Take Care, Cody and Kerstin Nedegaard



Cody & Kerstin Nedegaard

GS Volunteer Parish Nurses
Cody Kerstin@gslacrosse.org

Health Questions?

Gundersen Telephone Nurse Advisor 24/7 at (800) 858-1050.



Sunday School Update Pre-school thru Grade 5

Hello everyone!

We have been having so much fun in Sunday school! We just finished our unit on the Lord's prayer. During this unit we learned how to sign (asl) to the Lord's Prayer and recite it. We also played fun parachute games focusing on teamwork and the meaning behind some of the words within it.

Our next milestone within Sunday school will be the 2nd graders receiving their prayer pillows! This will take place on February 19th during the first service. Please register your child for this milestone. This is important because if they are not registered prior to February 19th, your 2nd graders pillow will not have their name on it. Registration forms can be found on the Sunday School bulletin board. Please try to get them turned in prior to February 15th.

The Sunday schoolers will be starting our Lenten project soon. This year we will be focusing on the area of giving as we donate to a food pantry. A handout on what we are going to do will be coming home on February 19th.

Sunday School will be holding an Easter Egg-stravaganza on Palm Sunday, April 2nd. This event will take place in between the services and includes an egg hunt and snacks! The sign-up sheet will be at the back of church and on the Sunday School bulletin board. The cut off date to sign up will be Sunday, March 26th, ages Birth to Grade 5, and guests are welcome!

Save the date! Shake it up café: where kids carry out God's recipe, vacation bible school 2023! VBS will take place August 20th – 24th. For VBS we will be creating a café called "Shake it up!" because Jesus calls us to shake up our lives and become his followers. The Bible gives us the recipe: be ready for God's call, give happily to God, and to others, believe fully in Jesus as God's Son, remember Jesus' life and teachings, and celebrate God forever. Shake it up café introduces the children to stories of biblical festivals that reveal these ingredients and link the Old Testament, the New Testament, and our lives today. Watch for a future sign-up sheet and updates coming in the next months!



If you would like to see updates and photos from Sunday school, I encourage you to follow Good Shepherd Lutheran Church's Facebook page. We post updates regularly on what we have been learning as well as fun activities that we do!

Best Regards, Brea Ellison

Quick-Look Upcoming Events At a Glance

Sundays, January 29th - February 19 th	Prodigal Son Unit (Kitchen, Science, and Art)
Sunday, February 19th	2nd Grade Milestone
Sundays, February 26th - March 12th	Doubting Thomas Unit (Game Skills, Cinema, and Computer)
Sundays, March 19th - April 2nd	Lydia Unit (Kitchen, Art, and Science)
Saturday, March 25th	First Communion Training for 5th Graders, in the Mattes Center (10am - noon)
Sunday, March 26th	4th Grade Milestone



Brea Ellison

Children's Education Coordinator
Breanna@gslacrosse.org (608)788-0450

Stav Connected!

Receive message alerts for Sunday School at Good Shepherd. Send the message @gs-Sunday to the number (608) 807-2784. All parents and children with a cell phone are encouraged to sign-up! Data charges may apply. Must age 13+ to sign up without parental guidance. This service is brought to you by Remind®.



Youth Update Confirmation (Grades 6-8) High School Youth (Grades 9-12)

G4Squad



"And now these three remain: faith, hope and love. But the greatest of these is love." ~1 Corinthians 13:13

Confirmation kids are continuing their study of the New Testament. We finished 2022 and started 2023 with the books of Corinthians. The overall theme of these books is love, which is pretty fitting for the month of February! When John addressed the Corinthians, he reminded them that despite our differences we are to love one another. He also talked about how our perceived "rights" are not greater than the commandment to love one another. Teaching and learning about the messages found in Corinthians has made me both sad and hopeful. Our teens have spent most of their lives surrounded by conflict, anger, finger pointing, and overall vibe of hostility. They don't know a world where people can act in a respectful manner to people with different viewpoints and lifestyles. And yet, when we talk about this, they have hope that the world will be what John tells it should be...full of love, respect, and kindness to all. They instinctively know they have a responsibility to care for one another and to look beyond the differences to find common ground. I find myself really grateful for the Church and role of faith in being here to reinforce what our kids already know. By hearing the stories and learning about the love God has for all of us, their ideas of love, compassion, and kindness are validated. I pray that in this month dedicated to

the idea of love, that we all really think about what that looks like in our lives and work to show everyone we meet some love.



Speaking of love...who doesn't love Butter Braids? Good Shepherd Youth Group is kicking off

their fundraiser to raise money for activities and to go towards the 2024 National Youth Gathering, which will take place in New Orleans. The fundraiser will be running from 01/18/2023 - 02/08/2023. To order, please contact any member of Good Shepherd Youth Group, or you can place an order online by clicking this link! The students will deliver the Butter Braids to you!! https:// store.myfundraisingplace.com/ e32825ec-3176-408a-864bdc3df67b327d Flavors include Apple, Blueberry & Cream Cheese, Cinnamon, Cream Cheese, Raspberry, Strawberry and Cream Cheese, Caramel Rolls, and Cinnamon Rolls.

Thanks for always supporting our kids! Peace, Jen

Follow the activities of the G4Squad on Instagram: g4squadlax

Support Good Shepherd's Youth Group by purchasing scrip cards!

Contact Corrine Holtz to see what is currently on hand or fill out an order form to request cards from Amazon to Walmart with several store or restaurant options in between. The three easy steps to order are:

- 1. Print and fill out the Order Form from the church website.
- 2. Write your check out to Good Shepherd Youth Group for the amount you wish to order.
- 3. Submit your completed order form and payment to the church office or me. The orders will be compiled and placed the first week of the month.

Corrine's contact information is: Mobile-(608)397-9353 or Email-tcjj23511@gmail.com

The church office also has Kwik Trip cards available for immediate purchase.



The Confirmation kids will be selling Butterbraids!!

Be on the lookout for announcements on the website and students selling in between services. Students will deliver any Butterbraids ordered. The money earned allows us to do fun activities and helps offset the cost of various youth gatherings.

Options include:

*Bavarian Crème *Caramel Roll *Cinnamon *Cherry

*Cream Cheese *Raspberry *Blueberry *Strawberry

*Cinnamon Roll

Jen Servais

Director of Youth and Family Ministry
Jen@gslacrosse.org (608) 788-0450

In the Office: Varied hours



Music Notes From The Director of Music

Hymn Focus:

Precious Lord, Take My Hand

Precious Lord, take my hand, lead me on, let me stand, I am tired, I am weak, I am worn; Through the storm, through the night, lead me on to the light: Take my hand, precious Lord, lead me home.

"Precious Lord, Take My Hand" was written by African-American jazz pianist and songwriter Thomas Andrew Dorsey (1899-1993). Born in Villa Rica, Georgia, he was raised in Atlanta from the age of five. His father was a Baptist preacher and his mother an organist and piano teacher, who started Thomas on piano at age seven. In Atlanta he came to know and love blues music and spent long hours picking out and practicing melodies that he heard. In 1915 he moved to Chicago to study at the Chicago College of Composition and Arranging, becoming a skilled composer and arranger of jazz and vaudeville music.

In 1926 Dorsey suffered a mental breakdown and two years of severe depression, which led him give his life to Christ. He turned to writing gospel songs and became music director of Pilgrim Baptist Church in Chicago.

In 1932 Dorsey's first wife Nettie died giving birth to a son, who also died a short time later. He was deeply grief-stricken and his faith was severely shaken. He went to visit a friend, who

comforted him and assured him that he was always in the hands of a loving God. His friend then led him to a piano where he began to compose "Precious Lord, Take My Hand". In his own words, "I sat down at a piano and began to improvise on the keyboard. Suddenly, I found myself playing a particular melody that I hadn't played before that time. As I played I began to say, 'Blessed Lord, blessed Lord, blessed Lord.' My friend walked over to me and said, 'Why don't you make that precious Lord,' I then began to sing, 'Precious Lord, take my hand, lead me on, help me stand".



Randy Lyden Good Shepherd Music Director randy@gslacrosse.org | (608) 792-1305



A MESSAGE OF

Make this valentine for a family member or friend.



What you need:

- 10 wooden craft sticks
- Painter's tape
- Markers
- A photo and glue (optional)
- Craft knife (and adult help)
- Ribbon or a rubber band

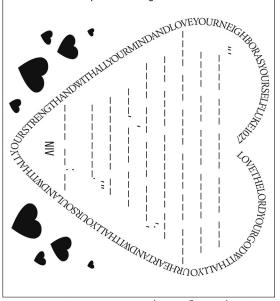
What you do:

- 1. Set the sticks side by side. Secure with two tape strips.
- 2. Flip the sticks over. Draw (or glue on) a picture or write a message or Bible verse. If using glue, let dry.
- 3. Flip the sticks again and remove tape. If you glued on a photo, have an adult help cut the sticks (and photo) apart.
- 4. Secure the sticks with ribbon or a rubber band.
- 5. Deliver the gift and invite the recipient to assemble the puzzle.

Puzzle!

Draw lines to separate the words in the heart outline.

Then, starting with "Love," write the words in order inside the heart to complete the two greatest commandments.



Answer: "Love the Lord your God with all your heart and with all your mind; and, 'Love your neighbor as yourself." Luke 10:27, NIV

