



I focus on this one thing:  
Forgetting the past  
and looking forward  
to what lies ahead

Philippians 3:13



# GOOD SHEPHERD

L U T H E R A N C H U R C H

## The Shepherd's Voice

Monthly Newsletter October, 2022

Give. Serve. Lead. Connect.

From Pastor Harald Bringsjord

*"...but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus." Philippians 3:13*

Once again, Sunday School is in full swing with Breanna (Brea) Ellison, our new children's ministry coordinator. Brea has an information sheet about her on the Sunday School bulletin board with some pictures as well if you would like to learn a little more about her. It is great to see all the support around her. We had wonderful candidates applying for the position of children's ministry coordinator and believe that God's Spirit led us as we prayerfully went through the deliberation process in choosing Brea Ellison. We wish the best for Brea and for all who applied.

As many of you have noticed, as a congregation, we are also looking forward to a year with more music with the Sanctuary and Children's Choir, Bell Choir, and Sounds of Praise all starting up again this fall. As the pastor of Good Shepherd, I can say it is exciting to see so many coming and supporting the church through their presence their talents and their financial support. Unfortunately, we did not attain our stewardship goal of 125 financial stewardship commitments returned, but still did pretty well as we received 109 commitment cards by September 18th, the day of our stewardship drive, and a

few more after that day. I am so grateful for the commitment of so many of you to the life and ministry of Good Shepherd Lutheran Church, not only financially but with your involvement in so many ways.

I think many of you would agree with me when I say I can't imagine getting through life (much less a single week) without worshipping with a community of faith each weekend. It is at worship with our friends and neighbors, and maybe even with those we disagree with or those with whom we may not get along, where we will realize we are not alone in our struggles, and where we can share our joys and accomplishments. It is at worship with the rest of the body or Christ, singing together, praying together, listening together, standing and sitting together, where we can learn to realize we are in this world not to be against one another but to build up and bless one another.

As we press on toward the heavenly goal, let us remember we are stewards of the mysteries of God's grace. We are the Church.

--

Harald Bringsjord  
Pastor



Facebook.com/GSLacrosse



Twitter.com/goodshepherdse



GSLacrosse.org/voice

To access this and other publications online visit [GSLacrosse.org/voice](https://GSLacrosse.org/voice).

## Give Volunteering Within Church

### Flower and Bulletin Sponsorship

Sign up on the bulletin board in the concourse to sponsor the weekly bulletins or flowers in honor of a loved one or a special event. When signing up for either the bulletins or flowers, please give us the reason you are sponsoring them. If you do not give us a reason, the bulletin will only have your name as the sponsor.

*If you wish to sponsor the chancel or pulpit flowers, you are responsible for ordering and paying for them directly. Please be sure the flowers are delivered to the church office on or before Friday at noon.*

### Readers & Ushers Appreciated!

Readers and Ushers are always valued at our worship services. Please consider signing up on the sign up sheet in the welcome area at the back of the sanctuary. You can sign up to read for a time and day

that works for you. The readings will be sent (either by mail or email) to you early that week. Interested in ushering? Contact Kathy 788-0450. We really do need your help!

### Women Who Wrestle With The Word (W5)

If you would like to be a part of a regular gathering of Christian Women, you are always welcome to join W5. For info contact the church office.



### Lydia Circle

Lydia Circle meets the first Tuesday of every month at 1pm in the quilting room. All women are welcome!

If you have any questions, contact Carol at 787-0609.



### Children's Ministry Coordinator Hiring Committee Update



We would like to welcome the newest member of Good Shepherd's staff, Brea Ellison. Brea is our new Children's Education Coordinator and has taken over for Tammy Klein who retired from the position. Brea is a life long member of Good Shepherd and is in her final year of earning her degree in Early Childhood-Middle Childhood education at UW La Crosse.

I would like to introduce myself. My name is Brea Ellison and I am the new Children's Ministry Coordinator. I will be graduating from UW-L this May with a degree in Elementary Education. In my spare time, I enjoy hanging out with my dog, 3 ferrets, and 6 turtles : )

Thank you for making me feel so welcome!!

## Serve Enriching Life, Sharing Talents

### Thank You All So Very Much...

**The Altar Guild.** With worship being limited and with restrictions due to COVID Altar Guild has not been active. In the fall they will start planning on how to proceed with new ways to serve. If you are interested in being a part of this ministry, please contact the office.

Thank you to Ann Hudson who sends out meaningful cards and handmade prayer shawls to bereaved families throughout the year.

**Care Ministries**—Thank you to all members who are serving as Good Shepherd Care Ministers! By bringing communion and care to those who are shut in their homes or in care facilities you truly are reflecting “God’s work, Our hands” through this ministry. One person said it truly is a gift to get a visit with communion through my care minister, it makes me feel connected to the church.

**Prayer Chain Ministry**—Thank you to all the members of Good Shepherd’s Prayer Chain. Prayer ministers pray daily for Good Shepherd intentions, special/urgent requests, the community and the world beyond. Call Kathy at the office to serve through prayer.

### Causeway Caregivers

Causeway Caregivers exists to help! Give Causeway a call if you need assistance in or around your home or if you have a few hours to volunteer helping those who do. (608) 775-9999 or visit our website: [causewaycaregivers.org](http://causewaycaregivers.org)



“Beautiful sunsets need cloudy skies” – Paulo Coelho



## Lead

### *Raising Up Spiritual Leaders*

#### Calling All Musicians!

Our "Sounds of Praise" worship band invites you to help us lead the worship here at Good Shepherd. "Sounds of Praise" is intended to bring together the greatest number and variety of instruments possible, presenting special music and enhancing our wide variety of

hymn styles. Whatever type of instrument you play, "Sounds of Praise" welcomes you! Please call Randy Lyden at (608) 792-1305 or email [randy@gslacrosse.org](mailto:randy@gslacrosse.org) to be a part of this growing and exciting praise band!



**Make a joyful noise unto the Lord!**

#### The Sanctuary Choir

The Sanctuary Choir rehearses between services every Sunday from September through May and new members are always welcome!! If you would like to join our Sanctuary Choir, please contact Karl Greenfield at 790-3785 or at [karl@gslacrosse.org](mailto:karl@gslacrosse.org)

#### High School Youth Group (Grades 9-12)

You aren't the only Christian at your high school! Good Shepherd Youth Group provides a chance to meet other awesome teens just like yourself.

#### The Gloria Dei Choir

We rehearse as part of our 8:30 Sunday School program from September through May in the Mattes Center and new members are always welcome! If your children would like to be a part of the Gloria Dei Choir, please contact Darlene Lassig at 608-769-1499 or at [darlene@gslacrosse.org](mailto:darlene@gslacrosse.org).

#### Hand Bell Choir

Practices are on Sunday evenings at 5:30pm from September through May in the Choir Room. If you have any questions please contact Linda Jerome at 317-1335 or at [linda@gslacrosse.org](mailto:linda@gslacrosse.org).

We have social events throughout the year along with a yearly mission trip. Want to learn more? Contact the Jen Servais at [Jen@gslacrosse.org](mailto:Jen@gslacrosse.org)

*Remember also your Creator in the days of your youth, Ecclesiastes 12:1*

## Connect

### *Bridging Our Community To Our World*

#### Mobile Meals of La Crosse

We are doing 8 weeks for Mobile Meals throughout the 2022 calendar year and we will be looking for you to help with delivering meals in 2022!

Remember that many of the people that our meal drivers deliver to may see no

one else but you that day, so please give them a big HI and a smile from you and Good Shepherd!!

Pick-up place is Franciscan/Mayo at the Market Street door and the pick-up time will be 11am. Please allow 1 1/2 to 2 hours for deliveries. We are route #1.

*Please consider becoming a part of this very important ministry. Our Mobile Meal Delivery Team could really use your help! Please contact Kathy at 788-0450 or [Kathy@gslacrosse.org](mailto:Kathy@gslacrosse.org)*

#### Local Food Pantry Needs

##### West Avenue Food Emergency Relief

While we are under Covid protocols for worship we will not be collecting food for WAFER. To continue your support, you can give a monetary gift.

Simply make your check out to Good Shepherd, indicate WAFER in the check memo, and mail your check to us or drop it in the offering basket if you attend one of our in person services.



## Stewardship

### Memorials & Special Gifts

Good Shepherd gratefully acknowledges and sincerely appreciates your gifts over and above your regular giving. The following gifts were received from August 22 through September 26.



#### Hintgen Food Project

Joyce Herlitzke  
John Wood  
Bev Kettler  
Jim & Jan Quinn

#### WAFER

John Wood

#### Lutheran Disaster Response

Odell & Carol Anderson

#### Lutheran World Relief

George & Judy Brockman

*Thank  
you*



#### July Monthly Benevolences From Good Shepherd Lutheran Church

ELCA/Synod Mission Support	\$2,159
Lutheran Campus Ministry	\$84
Companion Synod - Peru	\$10
Synod Seminary Scholarships	\$10
Sugar Creek Bible Camp	\$160
WI Lutheran Social Services	\$200

## Church Numbers

### Weekly Sunday Attendance

Date	8:30	10:30
08/07/22	29	64
08/14/22	36	66
08/21/22	42	50
08/28/22	29	50

### Weekly Envelope Offerings

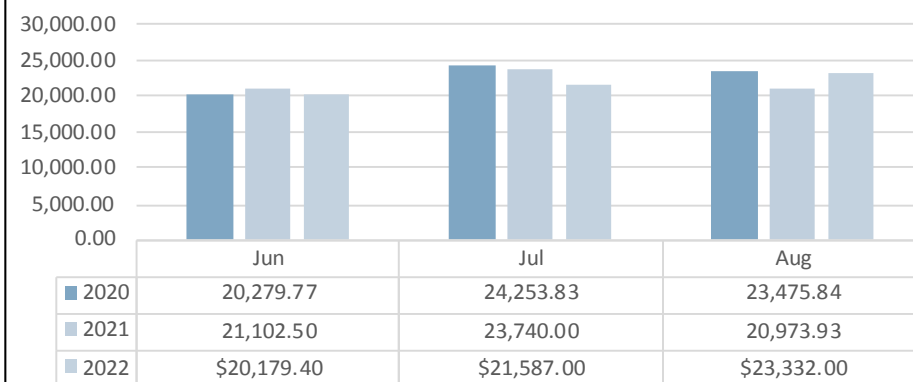
Date	Weekly	% Budget
08/07/22	\$7,016.00	96.2%
08/14/22	\$4,398.50	60.3%
08/21/22	\$6,548.50	89.8%
08/28/22	\$5,369.00	73.6%
Totals	\$23,332.00	80.0%

### Envelope Offering Comparison

August 2022	August 2021	% Difference
\$23,332.00	\$20,973.93	11.2%
YTD 2022	YTD 2021	% Difference
\$181,009.49	\$219,926.93	-17.7%

If you would like to view the complete financial statements that are shared with the Council, please contact Rick in the church office at 788-0450 or email

### Envelope Offerings



## Around the Parish...

### Support Ukraine

Your gifts will support Ukrainians and others. Gifts to "Eastern Europe Crisis Response" will be used in full (100%) to assist those affected by the crisis in Ukraine and neighboring countries.

You may give through Good Shepherd by dropping your donation in the offering plate or bringing it to the church office. Please be sure to write "Eastern Europe Crisis Response" on your check memo line.

Our prayers abound for the loss and devastation experienced in Ukraine and Eastern Europe.

### Rally Day Sunday

These are some of the wonderful gifts that occurred on Rally Day Sunday to be thankful for:

Tammy Klein for her many years of service as the Sunday School Director.

Brea Ellison as the new Children's Education Coordinator.

The first day of Sunday School for the children.

Everyone who attended, brought food, and volunteered for the picnic.

Rally Day Sunday is the time of year when Confirmation, committees, gatherings, and events start happening after the summer break.

Thanks for making Rally Day Sunday so special!

### Bulletins & Flower Sponsorship

Sign up on the bulletin board in the concourse to sponsor the weekly bulletins or flowers in honor of a loved one or a special event.

When signing up for either the bulletins or flowers, please give us the reason you are sponsoring them. If you do not give us a reason, the bulletin will only have your name as the sponsor.

*If you wish to sponsor the chancel or pulpit flowers, you are responsible for ordering and paying for them directly. Please be sure the flowers are delivered to the church office on or before Friday at noon.*

### Lydia Circle

Lydia Circle will be Tuesday, October 4th at 1pm in the Quilt Room. The study this year is going to be on Angels. All ladies are welcome. Any questions please call Carol Abraham at 787-0679. We hope you will join us for some good chats & always dessert & coffee.

### Good Shepherd Women-WELCA

WELCA welcomes all women from our congregation to be part of this committee. Our next meeting is Thursday, October 6th at 6pm on Zoom and in person in the Mattes Center.

### W5 Update

We will meet next on October 10th at 6:30pm. And next after that we will meet on October 17th at 6:30pm. Call Judy Casto at 608-385-1410 for questions or email judylcasto@gmail.com.

### Game Night

Game Night for all ages is Friday, October 14th from 6 - 9pm. Bring your favorite game or learn a new one. Games vary, but include a variety of board, card, and other games. Contact Randy at grimmcafe@hotmail.com, or Jim at (641)485-6941 with any questions.

### Sunday Morning Bible Study

Sunday Morning Bible Study with Pastor John will start up again on Sunday, October 23rd at 9:45am. Hope to see you.

### Fall Clean Up Day & "God's work. Our hands." Sat, October 29th 8am to noon

I am excited to announce that this year Buildings & Grounds and the volunteers for "Gods work. Our hands." will be working together at Good Shepherd to get ready for fall winter with inside and outside projects. Everyone is welcome to volunteer! Please sign up on the volunteer sheet in back of church or contact me at lori@gslacrosse.org or 608-386-3388 or 608-788-7315. Snacks and beverages will be available!

## Around the Parish...

### Good Shepherd Men's Group

Our men's group meets Sundays at 6:30pm in the Mattes Center. Simply show up if you would like to join us or contact Randy Page at [grimmcafe@hotmail.com](mailto:grimmcafe@hotmail.com) for more info.

### Gloria Dei Choir

We are doing Gloria Dei differently this year....it will be a part of each session of Sunday School. We will have practice with all of the Sunday School children, singing at the beginning of each Sunday School session. I'm hoping this works well, and more children can enjoy participating and singing with us. When we are ready to sing at a church service, I will let you know the date of our performance. I'm looking forward to singing with the children again this year! Darlene

### Annual Holiday Marketplace

The Annual Holiday Marketplace Sale will take place on Sat, Nov 12th, from 9-2 in the Mattes Center. We have 25 vendors signed up this year! Please plan to join us that day to support the good works of WELCA. This is our big fundraiser for the year. We will serve lunch and we will offer pulled pork sandwiches. Good Shepherd will have a bake sale as usual. Please sign up to bake anything you like for our bake sale. Food can be dropped off Fri, Nov 11th, from noon to 5pm. Thank you everyone for all the support! We couldn't do this without the congregation's help. There are a couple of open tables left for the sale. Rent for a table is \$25, you keep the proceeds of your sales. Contact Sally Lindahl at 608-799-0263 or sally@gslacrosse.org

### Youth Scrip Cards

Kwik Trip and many other scrip cards are available at the Youth Table in the welcome area. You can also choose from many other cards available to order. Thank you for supporting our Youth Program!

Contact Corrine Holtz to place an order. Mobile (608)397-9353 or Email [tcjj23511@gmail.com](mailto:tcjj23511@gmail.com) The office also has Kwik Trip cards available for immediate purchase Monday -Friday from 8am - 1pm.

### Motivating Ministry - "We rise by lifting others."

Thank you to everyone who turned in an Intent Card for next year! Unfortunately, we missed our goal for the challenge gift, but pledges received are a great help in planning for the year ahead. Cards are available in the welcome area if you would still like to pledge your anticipated financial support for Good Shepherd in 2023 as our congregation continues to Motivate Ministry from Good Shepherd outwards into our community and our world.

### Vanco Mobile App

To use mobile giving to contribute to our ministry we encourage everyone to download the Vanco Mobile Faith Engagement app for free at the Apple App Store or Google Play. Once downloaded, simply open the app and search for Good Shepherd Lutheran Church then select the one in La Crosse, there are a lot of Good Shepherds out there!

Please call Rick in the church office at 788-0450 if you have any questions.

### Shop Amazon Smile instead of Amazon and give to Good Shepherd at the same time!

Shop [smile.amazon.com](https://smile.amazon.com) and Amazon will donate 0.5% of the price of your eligible Amazon Smile purchases to Good Shepherd! For more information and to get started, go to <http://gslacrosse.org/6030-2/> or <https://smile.amazon.com/>

When selecting your charitable organization search 23-7014481 or use and bookmark the following link: <https://smile.amazon.com/ch/23-7014481>

### Holiday Marketplace Sale Donations

Please donate your Christmas delicacies, krumkake, bars, rosettes and other goodies on Friday November 11th. Just drop them off in the kitchen anytime from noon to 5pm. Your work is greatly appreciated!

# October 2022



**Gloria Dei Choir**  
Meets in Sunday  
School each week.



**Bell Choir**  
Meets every Sunday  
each week at 5:30pm.









**Sanctuary Choir**  
Meets every Sunday  
each week at 9:30am.



**Sounds of Praise**  
Meets as scheduled on  
Saturdays at 4pm.

*In-person Worship Sundays at 8:30 and 10:30 . The 8:30 service is also live steamed on our website at [www.gslacrosse.org](http://www.gslacrosse.org)*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>September 25</b> 8:30am Worship 8:30am Sunday School 10:30am Worship 6:30pm GS Men's Group	<b>26</b> 12:30pm Quilting 6:30pm W5	<b>27</b> 6pm Parish Ed Meeting 6:45pm BS Troop 22 Meeting	<b>28</b> 6:30pm Confirmation	<b>29</b>	<b>30</b>	<b>October 1</b> 
<b>2</b> 8:30am Worship/Communion 8:30am Sunday School 10:30am Worship/Communion 6:30pm GS Men's Group 	<b>3</b> 12:30pm Quilting 6pm Trust Foundation	<b>4</b> 1pm Lydia Circle 6pm BS Troop 22 Adult Meeting 6:45pm BS Troop 22 Meeting	<b>5</b> 6:30pm Confirmation	<b>6</b> 6pm WELCA Meeting	<b>7</b> LWR Semi Drop	<b>8</b> LWR Fill the Semi 11am Dave Solie Sr. Celebration
<b>9</b> 8:30am Worship 8:30am Sunday School 10:30am Worship 10:30am Lindahl Baptisms 6:30pm GS Men's Group	<b>10</b> 12:30pm Quilting 6:30pm W5	<b>11</b> 1:15pm Dementia Support Grp 1:45pm Hillview Communion 6:45pm BS Troop 22 Meeting	<b>12</b> 6:30pm Confirmation	<b>13</b>	<b>14</b> 6pm Family Game Night	<b>15</b>
<b>16</b> 8:30am Worship/communion 8:30am Sunday School 10:30am Worship/communion 6:30pm GS Men's Group 	<b>17</b> 12:30pm Quilting 5:15pm Finance 7pm Membership Meeting	<b>18</b> 6pm Admin/Exec Mtg 6:15pm Hintgen Meeting 6:45pm BS Troop 22 Meeting 7pm Church Council Mtg	<b>19</b> 6:30pm Confirmation	<b>20</b>	<b>21</b> <b>November Voice Articles Due</b>	<b>22</b> 
<b>23</b> 8:30am Worship 8:30am Sunday School 9:45am Bible Study 10:30am Worship 6:30pm GS Men's Group	<b>24</b> 12:30pm Quilting 6:30pm W5	<b>5</b> 6pm Parish Ed Meeting 6:45pm BS Troop 22 Meeting	<b>26</b> NO Confirmation	<b>27</b>	<b>28</b>	<b>29</b> 8 to 12pm Fall Clean Up/ Gods Work. Our Hands 3 to 6pm Trunk or Treat
<b>30 Reformation Sunday</b> 8:30am Worship 8:30am Sunday School 10:30am Worship 6:30pm GS Men's Group 	<b>31</b> 12:30pm Quilting	<b>November 1</b> 1pm Lydia Circle 6pm BS Troop 22 Adult Meeting 6:45pm BS Troop 22 Meeting	<b>2</b> 6:30pm Confirmation	<b>3</b> 6pm WELCA Meeting	<b>4</b>	<b>5</b> 



## Church Council Members

- **Sara Wrobel** *President of the Congregation*  
Sara@gslacrosse.org
- **Jim Bugge** *Vice President of the Congregation*
- **Todd Holtz** *Treasurer*
- **Erica Pedrazoli** *Secretary*

**Other Church Council Members include:** Tim Knudsen, Roger Weeks Jr., Karl Noll, Thea Johnson, Mark Skolos, Harlan McLain, Steve Stelzl, Lori Lowell, Janette Dawson, Pastor Bringsjord, and Maddy Fergot is our Youth Representative.



- **Rev. Harald Bringsjord** *Senior Pastor*  
prharald@gslacrosse.org
- **Rev. John Stennes-Spidahl** *Assistant Pastor*  
prjohn@gslacrosse.org
- **Rick Laufenberg** *Office Manager*  
rick@gslacrosse.org 788-0450
- **Kathy Johnson** *Office Assistant*  
kathy@gslacrosse.org
- **Breanna Ellison** *Children's Ministry Coordinator*  
breanna@gslacrosse.org
- **Jen Servais** *Coordinator of Youth and Family Ministry*  
jen@gslacrosse.org
- **Randy Lyden** *Music Director/Organist* randy@gslacrosse.org (608) 792-1305
- **Linda Jerome** *Bell Choir Director*  
linda@gslacrosse.org
- **Karl & Jaime Greenfield** *Sanctuary Choir Directors*  
karl@gslacrosse.org 790-3785
- **Darlene Lassig** *Volunteer Gloria Dei Choir Director* 769-1499  
darlene@gslacrosse.org
- **Cody & Kerstin Nedegaard** *Volunteer Parish Nurses*  
Cody\_Kerstin@gslacrosse.org
- **Bill Klein** *Custodian*  
bill@gslacrosse.org

**Questions? Don't know who to contact? Contact the Church Office.**

(608) 788-0450 | office@gslacrosse.org | www.gslacrosse.org

4141 Mormon Coulee Rd. La Crosse, WI 54601 (Office hours 8am to 1pm)

## Your Health *From the desk of our Parish Nurses*

Greetings,

With the changing weather comes an increase in viral infections. Viral infections can cause serious exacerbations in those with COPD. This month's article will discuss COPD. According to the Mayo Clinic, COPD is a chronic inflammatory lung disease that causes obstructed airflow from the lungs. It is typically caused by long-term exposure to irritating gases or particulate matter, most often from cigarette smoke. Those who are affected by COPD are at increased risk of developing heart disease, lung cancer and a variety of other conditions. Emphysema (air passage of the lungs are destroyed over time) and chronic bronchitis (inflammation of the lining of bronchial tubes, which carry air to and from the air sacs of the lungs) are the two most common conditions that contribute to COPD. These two conditions usually occur together.

COPD symptoms often don't appear until significant lung damage has occurred, and they usually worsen over time. Signs and symptoms of COPD may include: shortness of breath, especially during physical activities, wheezing, chest tightness, a chronic cough that may produce mucus, frequent respiratory infections, lack of energy, swelling in ankles, feet or legs. People with COPD are also likely to experience episodes or exacerbations in which their symptoms become worse than they usual day to day variation. Exacerbations can be caused by viral

infections, or an increased exposure to irritants. Risk factors include: exposure to tobacco smoke, which is the most significant risk factor for COPD. The more years you smoke and the more packs you smoke, the greater your risk. Pipe smokers, cigar smokers and marijuana smokers also may be at risk, as well as people exposed to large amounts of secondhand smoke. Asthma, a chronic inflammatory airway disease, may be a risk factor for developing COPD. The combination of asthma and smoking increases the risk of COPD even more. Long-term exposure to chemical fumes, vapors and dusts in the workplace can irritate and inflame your lungs.

Unlike some diseases, COPD typically has a clear cause and a clear path of prevention. There are several ways to slow the progression of the disease. The majority of cases are directly related to cigarette smoking, and the best way to prevent COPD is to never smoke or to stop smoke now. If you feel you are at risk for COPD or want to learn more about the disease, please connect with your primary care provider.

Take Care,

Cody and Kerstin Nedegaard

### Cody & Kerstin Nedegaard

*GS Volunteer Parish Nurses*  
Cody\_Kerstin@gslacrosse.org

#### Health Questions?

Gundersen Telephone Nurse Advisor  
24/7 at (800) 858-1050.



## Sunday School Update

Happy Fall!

My name is Brea Ellison, and I am excited to be the new Children's Ministry Coordinator! I have been a part of our church since I was born. I went through Sunday school with Tammy and was confirmed by Pastor Harald. I am so excited to continue the great Sunday school tradition that we have at this church.

I will be graduating from the University of Wisconsin-La Crosse with a major in the Early Childhood to Middle Childhood program in May of 2023. I have three siblings: Gus is in 4th grade, Charlie is in 5th grade, and Angie attends college at Viterbo. In the coming months we have fun activities and milestones planned. Make sure to check out the Sunday School Bulletin board to stay up to date on the activities and schedule!



Coming up first in the near future are our milestones for Kindergarteners and 3<sup>rd</sup> graders. Sunday, October 9th will be our Kindergarten Milestone and October 30th will be the 3rd grade Milestone. The 3rd graders will be receiving their bibles during the service. It is important to register for these Milestones. Please fill out a form (these will be emailed to families or pick up a hard copy in Sunday school). You can email the information to [Breanna@gslacrosse.org](mailto:Breanna@gslacrosse.org) or turn in a hard copy!

Saturday, October 29<sup>th</sup> will be Trunk or Treat from 3pm to 6pm! Please let me know if you would like to get involved and decorate your trunk, run a game, and hand out a treat or prize!

## Quick-Look Upcoming Events At a Glance

September 18th - October 2nd	Joseph and the Pharaoh (Kitchen, Art, Science)
October 9th	Kindergarten Milestone
October 9th - October 23rd	Queen Esther (Game Skills, Cinema, Computer)
October 29th	Trunk or Treat: 3:00pm to 6:00pm
October 30th	3rd Grade Milestone
November 5th	Christmas Play Parts Sign Up During Sunday School



### Brea Ellison

Children's Education Coordinator

Breanna@gslacrosse.org (608)788-0450

#### Stay Connected!

Receive message alerts for Sunday School at Good Shepherd. Send the message @rubberduck to the number (608) 807-2784. All parents and children with a cell phone are encouraged to sign-up! Data charges may apply. Must age 13+ to sign up without parental guidance. This service is brought to you by Remind®.





## Youth Update

**Confirmation (Grades 6-8) High School Youth (Grades 9-12)**

### G4Squad



*"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."*  
Romans 12:2

Hopefully, everyone has acclimated back to the school routine! Can you believe it is October already? Confirmation has started and we are having fun! We are focused on the New Testament this year and how we can use the lessons and actions of Jesus in our own lives. Students started out defining what faith meant to them, getting acquainted with the other students, and talking about what it means to "live a life of faith." Our confirmation classes start out with a song about the books of the Bible with Pastor and discussion about one of the New Testament books. The students then break into small groups where students look up Bible verses, share their thoughts on the book and share their highs and lows of the week. We are starting a new practice of acknowledging, affirming, and reinforcing each other during our time together. The idea is to remind each other that we are God's masterpiece, each with a unique life and journey that should be celebrated. We end with an activity of gratitude and prayer. Our goal in Confirmation is to help the kids see their faith within their everyday life. This month students will be doing a community service project by helping with God's Work, Our Hands.

We are hoping to do some fun, team building activities this year as well. Your financial support through purchasing scrip cards allows us the opportunity to do these activities! With Christmas around the corner, if you are planning on getting gift certificates, check out the list of cards available and purchase them through Good Shepherd. You can find a table in the back of church or forms on the Good Shepherd

website. We are always so grateful for the support!

There are a lot of volunteer opportunities available for our youth! Ushering and reading at services, helping with Sunday School and Confirmation, helping out with God's Work, Our Hands on October 29th from 8-12, helping with script cards, and helping clean up after the holiday craft show. Being an active part of the church community is good for the soul!

Finally, a special shout out to the adults who are helping with small groups this year in Confirmation. The students and I are lucky to have you!

In Peace,  
Jen



Follow the activities of the G4Squad on Instagram: g4squadlax

## Support Good Shepherd's Youth Group by purchasing scrip cards!

Contact Corrine Holtz to see what is currently on hand or fill out an order form to request cards from Amazon to Walmart with several store or restaurant options in between. The three easy steps to order are:

1. Print and fill out the [Order Form](#) from the church website.
2. Write your check out to Good Shepherd Youth Group for the amount you wish to order.
3. Submit your completed order form and payment to the church office or me.

The orders will be compiled and placed the first week of the month.

Corrine's contact information is:

Mobile-608-397-9353 or Email-tcj23511@gmail.com

The church office also has Kwik Trip cards available for immediate purchase.



### Jen Servais

Director of Youth and Family Ministry

Jen@gslacrosse.org (608) 788-0450

In the Office: Varied hours



## Music Notes

### From The Director of Music

#### Sounds of Praise to Resume!

We are pleased to announce that Sounds of Praise has started back up at Good Shepherd!

Sounds of Praise is a worship band that is intended to bring together the greatest number and variety of instruments possible to enhance our wide variety of hymn styles. It is also a way for musicians to offer and share their musical gifts by helping to lead worship here at Good Shepherd. Sounds of Praise continues to add great vitality to our worship here at Good Shepherd and we have a lot of fun in the process!

If you play a musical instrument, then consider joining Sounds of Praise. If you think that you can't play your instrument well enough to join us, fear not; your parts will be arranged to accommodate your level of proficiency. If you want to give Sounds of Praise a try, please contact me so I can have printed music ready for you when you arrive at rehearsal. If you need your music sooner than that, I will be happy to email it to you ahead of time. Remember, whatever type of instrument you play, Sounds of Praise welcomes you!



#### Randy Lyden

Good Shepherd Music Director  
randy@gslacrosse.org | (608) 792-1305



Sounds of Praise generally helps lead worship in church twice each month at either the 8:30am or 10:30am service and rehearses at 4pm on the Saturday before playing. To learn more about Sounds of Praise, please call Randy Lyden at (608) 792-1305 or email randy@gslacrosse.org.



Create some invisible art and then reveal the seasonal design.

#### What you need:

- Leaves
- White paper
- White crayon (label removed)
- Watercolor paints
- Water
- Paintbrush

#### What you do:

1. Gather leaves of different shapes and sizes. On a table, arrange them flat without overlaps. Set the paper over them.
2. Hold the crayon sideways and use the long edge to color over the leaves. You'll make an invisible rubbing of them.
3. Then paint over the paper with watercolors. The areas with crayon will resist the paint and reveal the hidden leaf designs.

## Puzzle!

Search for and circle all the bold words from Psalm 18:2, which reminds us where we find our strength.

The **LORD** is **MY ROCK**, my **FORTRESS** and my **DELIVERER**; my **GOD** is my rock, in whom I **TAKE REFUGE**. **HE** is my **SHIELD** and the **HORN** of my **SALVATION**, my **STRONGHOLD**.

S	T	R	O	N	G	H	O	L	D	T	S
O	L	O	B	K	I	E	Y	E	J	S	A
R	E	F	U	G	E	I	Y	N	T	V	L
R	O	G	H	A	R	L	Q	R	A	Y	V
S	X	C	T	T	I	M	T	K	K	M	A
H	O	R	N	C	E	Y	R	A	E	D	T
I	G	F	V	L	O	L	K	E	N	S	I
E	N	F	O	R	T	R	E	S	S	G	O
L	T	U	R	G	Q	A	C	K	J	Q	N
D	C	D	E	L	I	V	E	R	E	R	E
K	Y	U	X	O	C	N	O	O	Y	Q	S
X	H	X	A	R	K	L	R	C	N	H	Y
G	O	D	T	D	K	A	D	K	U	D	X

## GOD ROCKS!



"Jackpot!"