

in him was life, and the life was the light of all people. The light shines in the darkness, and the darkness did not overcome it.

John 1:4-5



Shepherd's Voice

Give. Serve. Lead. Connect.

January 2021

From Pastor John Stennes-Spidahl

Merry Christmas! This will be (or will have been) the most unusual Christmas ever. But the light of Christ still shines, and the darkness cannot overcome it. I am reminded of a story about the Apostle Paul recorded in Acts, chapter 27. Paul was a prisoner being transported by ship to Rome. It was winter and a dangerous time to be sailing. The ship was caught in a big storm, a northeaster. It got so bad that as Scripture records in verses 18 and 19: "We were being pounded by the storm so violently that on the next day they began to throw the cargo overboard, and on the third day with their own hands they threw the ship's tackle overboard." After many harrowing days the ship ran aground just off the Island of Malta. No lives were lost, and Paul was able to witness to many people through his ministry there. These last nine months have been kind of like a storm at sea. We have had to throw many things overboard – gathering with family and friends, concerts and theater, hugs, and, hardest of all, being together physically on Sunday morning.

I am grateful for the leadership of Pastor Harald and our Church Council. They have kept cool heads and strong faith. The drive-in worship has been a real blessing to me. So much creativity and hard work went into planning and pulling off those opportunities to be together in separate cars. I am especially grateful for the chance to receive Holy Communion with fellow

believers. There are so many people who worked hard and selflessly to pull this off. I say "thank you" to each one who had a part in this unique experience. One highlight was "God's Work Our Hands" as young people and their leaders gathered donations of food for the Hintgen School project. Another highlight was the day that Pastor was able to announce that more than enough intent cards had been turned in so our congregation could receive two very generous additional donations. It is a blessing to see the many ways our ministry as a congregation continues even in a time of pandemic. Confirmation and Sunday School continue in a virtual format. Thank you to our creative teachers and parents. We have been able to worship together on Sunday mornings online. Those services have been a blessing to our home. The small group of regulars for Sunday morning Zoom Bible Study find support and encouragement in our conversations. We have room for others if you would like to try it.

The long night of this pandemic will end eventually. Just as God brought Paul and the over two hundred others on the ship with him to safety God will bring us through this difficult time. Jesus walks with us. He is there to hear our joys and our sorrows. He walks with us into 2021. May you find joy in his presence.

Pastor John Stennes-Spidahl



Facebook.com/GSlacrosse



Twitter.com/goodshepherdslc



GSlacrosse.org/voice

To access this and other publications online visit GSlacrosse.org/voice.

From our President & Vice President

Dear Members of Good Shepherd Lutheran Church,

We send you greetings of hope though we cannot be together as a church family as we begin this new year. Hope that as we move through the year, we will progress through the stages of reopening until we can all join together in worship here at Good Shepherd once again. Until that day, please continue to find spiritual sustenance through the online bible study that Pastor John is holding Sundays at 10:15 via Zoom, and by joining Pastor Harald on Sundays at 9am for online worship. If you'd like, give the church office or another member a call for a friendly chat, and most of all visit the website for what's happening at Good Shepherd.

Currently, the church remains in Stage 3, closed until further information from health and government organizations. We continue to monitor La Crosse County Health Department and CDC recommendations as local data tells us that we should continue to limit our interactions with others as much as possible. As soon as conditions improve for the required timeframe, then an established plan for reopening buildings can be followed.

We thank you for your phone calls, emails and most of all patience as we navigate this unprecedented time.

Yours in Christ,
Jim Bugge, President of the Congregation
Sara Wrobel, Vice President of the Congregation

Serve *Enriching Life, Sharing Talents*

Thank You All So Very Much...

Altar Guild—Thank you to the members Arlene & Dewey Dreves & Jeanne Atchley . Because the Altar Guild committee could not meet in November we do not have a 2021 schedule.

Thank you Kathy Johnson for sending out the "Get Well" cards in December. She will also be sending out the cards throughout the month of January.

Thank you to Ann Hudson for sending out cards and prayer shawls year round to bereaved families.

Care Ministries—Thank you to all members who are serving as Care Ministers to the faithful members of Good Shepherd who can no longer come to worship with us. Through you, our Care Ministers, the church comes to them!

Causeway Caregivers

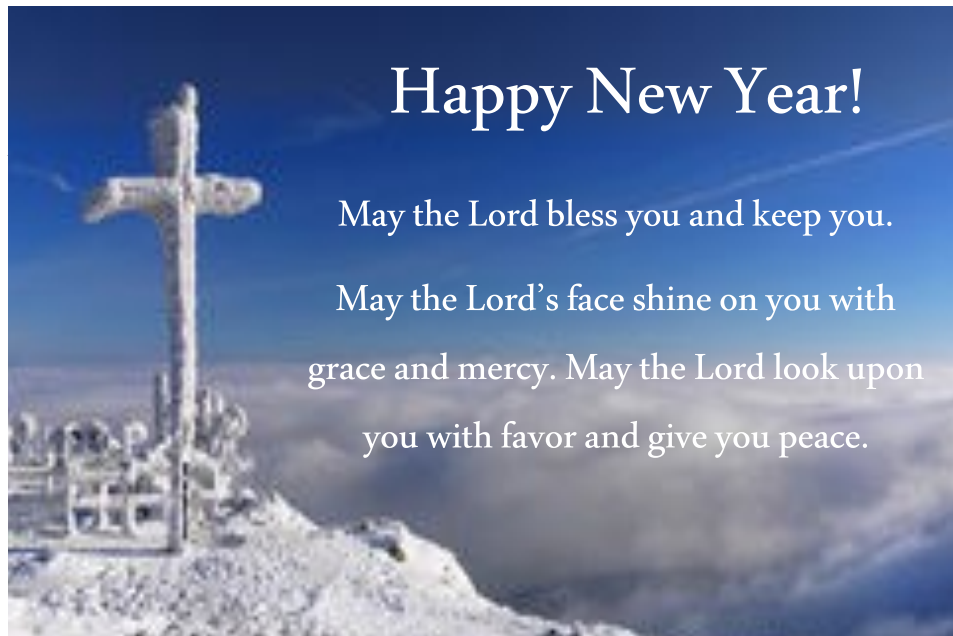
Causeway Caregivers exists to help! Give Causeway a call if you need assistance in or around your home or if you have a few hours to volunteer helping those who do.
(608) 775-9999 or visit our website: causewaycaregivers.org



Happy New Year!

May the Lord bless you and keep you.

May the Lord's face shine on you with
grace and mercy. May the Lord look upon
you with favor and give you peace.



Lead

Raising Up Spiritual Leaders

Calling All Musicians!

Our "Sounds of Praise" worship band invites you to help us lead the worship here at Good Shepherd. "Sounds of Praise" is intended to bring together the greatest number and variety of instruments possible, presenting special music and enhancing our wide variety of hymn styles. Whatever type of

instrument you play, "Sounds of Praise" welcomes you! Please call Randy Lyden at (608) 792-1305 or email randy@gslacrosse.org to be a part of this growing and exciting praise band!



Make a joyful noise unto the Lord!

The Sanctuary Choir

The Sanctuary Choir rehearses between services every Sunday from September through May and new members are always welcome!! If you would like to join our Sanctuary Choir, please contact Karl Greenfield at 790-3785 or at karl@gslacrosse.org

The Gloria Dei Choir

We rehearse between services on Sundays from September through May in the Mattes Center and new members are always welcome! If your children would like to be a part of the Gloria Dei Choir, please contact Darlene Lassig at 788-5686 or at darlene@gslacrosse.org.

Hand Bell Choir

Practices are on Sunday evenings at 5:30pm from September through May in the Choir Room. If you have any questions please contact Linda Jerome at 317-1335 or at linda@gslacrosse.org.

Remember also your Creator in the days of your youth, *Ecclesiastes 12:1*

High School Youth Group (Grades 9-12)

Good Shepherd's High School Youth open hangout is Wednesday evenings at 6:30pm between September & June. You aren't the only Christian at your school! Come hangout with other awesome teens

just like yourself. Social events throughout the year along with a yearly mission trip. Want to learn more? Contact the Jen Servais at Jen@gslacrosse.org, or just drop in and check it out for yourself!

Connect

Bridging Our Community To Our World

Mobile Meals of La Crosse

Thank you to all who delivered meals in 2020. Our last weeks of 2020 will be Dec 21st to Jan 3rd. All of these days filled! Thank you everyone for your help!

Mobile Meals of La Crosse delivers 33,000 meals yearly to the homebound, largely through the efforts of local churches like ours.

Need more information?
Call 784-4623 or go to mobilemealsoflacrosse.org.



Pick-up place is Franciscan/Mayo at the Market Street door and the pick-up time will be 11am.
Please allow 1 1/2 to 2 hours for deliveries. We are route #1.

Please consider becoming a part of this very important ministry. Our Mobile Meal Delivery Team could really use your help! Please contact Kathy at 788-0450 or Kathy@gslacrosse.org

Local Food Pantry Needs



West Avenue Food Emergency Relief

Since our building is closed, we are not collecting food for WAFER at this time.

To continue your support of WAFER, you can give a monetary gift. Simply make your check out to Good Shepherd, indicate WAFER in the check memo, and mail your check to us.

4-H Club

The Mormon Coulee 4-H Club was first established in 1946 making the club one of the oldest in La Crosse County! 4-H clubs are made up of children from kindergarten through high school. We meet the second Sunday of each month at

4pm in the Mattes Center. We are always looking for eager volunteers. If anyone is interested, or has any questions, please feel free to contact Kimberly Young at (608)796-0099 or e-mail kkymmm@gmail.com.

Cub Scouts, Boy Scouts & Scouting for Girls Meet at Good Shepherd

Cub Scouts—Pack 10 meets at 6pm, 2nd & 4th week on Tuesday's in the Mattes Center. Off over the summer.

Boy Scouts—Troop 22 meets at 6:45pm weekly on Tuesday's in the Mattes Center. Off over the summer.

Scouting for Girls meets at 6:45pm weekly on Tuesday's in the Mattes Center. Off over the summer.

If you have any questions, please call the church office at 788-0450 and we can connect you with the group leaders.

Stewardship

Memorials & Special Gifts

Good Shepherd gratefully acknowledges and sincerely appreciates your gifts over and above your regular giving. The following gifts were received from November 20 through December 16.

WAFER

Jim & Sue Bugge
John Wood

Hintgen Food Program

Lori Lowell
Rob & Dianne Hamann
Cindy Thurston
Barb Doering
Gordon & MaryAnn Dreves
Paul & Joyce Herlitzke
Jim & Jan Quinn
Ed & Ann Keuper
Norm & Joanne Jerome
Lydia Circle
Duane & Linda Schoen
Al & Kathy Johnson

Ardis Severson Memorial

Harald & Andrea Bringsjord



Walt Hammond Memorial

Bob & Kathy Brieske
Harald & Andrea Bringsjord
Luanne Hjelle
Shirley Holman
Gary & Connie Troyanek
Ed Biddick
Glen & Lila Seager
Bob & Sue Blau
Karl & Julie Noll
Karen Pilger
Art & Betty Olson
Ione Harder
Jackie Meyer
Rochelle Rusch

Jeanette Hammes
Kathy Schroeder
Matt Mattes
Jim & Jan Quinn
Pat Gund
Linda Sklena
Barb Hegge
Bev Kratt
Tom & Carol Anderson
Kay Morton
Jim & Pam Padesky
Marv & Darryle Clott
Gary Skogan
Bruce & Meri Sue Erdman

Kathy Tausche Memorial

Shirley Holman

Connie Erickson Memorial

Lyle & Leanne Axt
Duane & Arlene Dreves



Donations of Required Minimum Distributions from Retirement Accounts

Did you know that you can make a donation of all or a portion of the Required Minimum Distribution from your retirement account to tax exempt charities such as Good Shepherd and your donation will be tax exempt?

Here's how it works. If a person is at least age 70½, they must take at least a minimum distribution from their IRA or incur a penalty equal to one-half of the otherwise required minimum distribution amount. They may take more than the minimum at their discretion.

These individuals may instruct their IRA account manager to distribute any amount of their choosing to one or more tax exempt charities such as Good Shepherd.

When that is done, it is considered to be a tax exempt contribution. Good Shepherd would acknowledge to the giver the receipt of that contribution from their IRA. Also, this contribution is tax exempt even if the individual does not itemize deductions for income tax purposes because the IRA account manager would not identify this to the IRS as reportable income in accordance with the tax code.

For more information about Qualified Charitable Distributions, check out the Internal Revenue Service Publication 590-B, "Distributions from Individual Retirement Arrangements (IRAs)" or speak with your tax advisor.



Church Numbers

Weekly Sunday Attendance

Date	8:30am	10:30am
11/01/20	No Service	No Service
11/08/20	No Service	No Service
11/15/20	No Service	No Service
11/22/20	No Service	No Service
11/29/20	No Service	No Service

Weekly Envelope Offerings

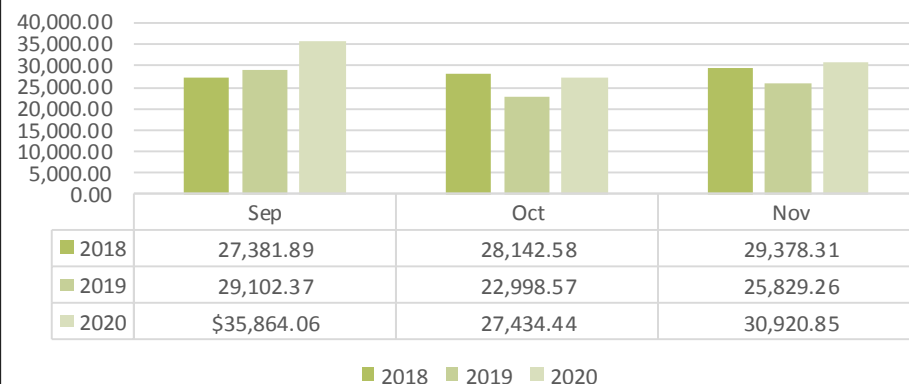
Date	Weekly	% Budget
11/01/20	2,951.50	48.8%
11/08/20	8,343.51	138.1%
11/15/20	10,937.84	181.0%
11/22/20	3,138.50	51.9%
11/29/20	5,549.50	91.8%
Totals	30,920.85	102.4%

Envelope Offering Comparison

November 2020	November 2019	% Difference
30,920.85	25,829.26	19.7%
YTD 2020	YTD 2019	% Difference
323,117.41	293,326.32	10.2%

If you would like to view the complete financial statements that are shared with the Council, please contact Rick in the church office at rick@gslacrosse.org or by calling the church office (608)788-0450.

Envelope Offerings



Around the Parish...

Online Worship

Join us in worship online Sundays at 9am. The services are streamed live from Our Savior's Lutheran Church. Members will receive an email reminder of the service the day of worship with a link to join. You can also join by going to <http://gslacrosse.org/live/>

Sunday Morning Bible Study

Pastor John is leading a Bible Study via Zoom at 10:15am every Sunday. We will continue to meet this way until we can resume services here at church. For more information on joining in our study go to <http://gslacrosse.org/sunday-bible-study/>

Church Contributions

For those who are able and wish to continue their regular offerings through these times, you can mail your offering to Good Shepherd at 4141 Mormon Coulee Rd., or give online via our website at <http://gslacrosse.org/give-online/>

You can also download the "GivePlus Church" app for free from the App Store or Google Play. This app will allow you to easily make donations from your smartphone using your debit/credit card or checking/savings account.

Another option is to email Rick@gslacrosse.org and request to sign up for our Simply Giving program. A form will be sent to you to fill out and return setting regularly scheduled electronic transfers from your checking or savings account.

Thank you all for all you do as a friend or member of Good Shepherd Lutheran Church!

God's peace and blessings to everyone.

Good Shepherd Men's Group

Our men's group meets Sundays at 6:30pm either in the courtyard behind church or via Zoom. If you would like to join us and be a part of the fellowship and activities and events we sponsor throughout the year, contact Randy Page at grimmcaf@hotmail.com

Raising Up Spiritual Leaders

FIVE church council members are to be elected to serve terms from 2021-2023. **Before January 25th** all voting members of Good Shepherd are invited to nominate someone you believe has the skills and vision to be a Church Council member. Current Church council members eligible for re-election will only be on the ballot if their names are submitted and they agree to be on the election ballot.

Nominations can be emailed, called or mailed to the Church Office. Election of nominated individuals will be conducted at the Annual Meeting on February 14, 2021. office@gslacrosse.org or 608.788.0450 or 4141 Mormon Coulee Rd, La Crosse

Shop Amazon Smile!!!

Shop smile.amazon.com and Amazon will donate 0.5% of the price of your eligible Amazon Smile purchases to Good Shepherd! For more information and to get started, go to: <http://gslacrosse.org/6030-2/>

When selecting your charitable organization search 23-7014481 or use and bookmark the following link: smile.amazon.com

Help Feed The Children At Hintgen

Through our Hintgen Food Program, children in need at Hintgen Elementary are provided with food for the weekend when they otherwise may go hungry. Since we are not accepting food donations during the shutdown, please consider a monetary donation to the program.

Checks should be made payable to Good Shepherd and please indicate Hintgen Food Project in the memo line.

Caring Tree Thank You

I want to **Thank** everyone who bought gifts for our nursing home residents. With COVID-19 this is very important to them. A special thanks to Rick & Kathy for helping with this.

Merry Christmas and Happy New Year,
Candie Luehne

Around the Parish...

Good Shepherd Trust Foundation

Mission funding is now available from the Good Shepherd Trust Foundation at the request of church members in good standing. Applications for funds are available in the church office or on our website www.GSlacrosse.org. To be eligible, requests must align with the Mission Statement of the Church as well as our Core Values which are Radical Hospitality, Passionate Worship, Intentional Faith Formation, Risk-taking Mission/Service and Extravagant Generosity. Applications are due in the office by Thursday, December 31st.

Support Good Shepherd's Youth Group By Purchasing Scrip Cards!

Contact me to see what I currently have on hand or fill out an order form to request cards from Amazon to Wal-Mart with several store or restaurant options in between. The three easy steps to order are:

1. Print and fill out the [Order Form](#) from the church website.
2. Write your check out to Good Shepherd Youth Group for the amount you wish to order.
3. Submit your completed order form and payment to the church office or me. The orders will be compiled and placed the first week of the month.

My contact information is:
Corrine Holtz: Mobile-608-397-9353
or Email-tcjj23511@gmail.com

The church office has Kwik Trip cards available for immediate purchase.

Good Shepherd Online Stay Updated With Latest News

Have you ever visited GSlacrosse.org? This is our church website updated with news, youth activity events, calendars, and so much more. You can now find out the latest events at Good Shepherd from anywhere in the world.

Apart from our new website, we offer you the possibility to receive weekly and/or monthly e-mail updates with latest church happenings. Signing-up is easy. Simply visit gslacrosse.org/enews. Any questions, please contact the church office at 788-0450 or office@gslacrosse.org.

Sign Up For Simply Giving

The *Simply Giving*® Program is an automated stewardship program that helps church members live generously. It's a convenient, safe and simple way for individuals to make automatic payments to Good Shepherd through electronic funds transfer (EFT) directly from checking or savings accounts. Vanco Services, LLC provides electronic payment processing services at reduced rates—so your generosity goes further. Learn more by contacting the church office at 788-0450.

You CAN help!

Our recycle bin for aluminum cans is located at the end of the church garage behind the Boy Scout trailer. Feel free to drop off your bagged aluminum cans anytime. Thank you!



January 2021



Gloria Dei Choir
*Meets every Sunday
each week at 9:45am.*



Bell Choir
*Meets every Sunday
each week, at 5:30pm.*



Sanctuary Choir
Meets every Sunday
Each week at 9:30am.



Sounds of Praise
*Meets every Saturday each
week at 4pm.*

Online Worship Sunday's at 9A.M. Join us at <http://gslacrosse.org/live/>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
December 27 9am Online Worship 10:15am Bible Study via Zoom	28	29	30 6:30pm Confirmation via Zoom	31 New Years Eve Office Limited Hours	January 1 New Years Day Office Closed	2
3 9am Online Worship 10:15am Bible Study via Zoom	4 6pm Trust Foundation	5	6 6:30pm Confirmation via Zoom	7	8	9
10 9am Online Worship 10:15am Bible Study via Zoom	11	12	13 6:30pm Confirmation via Zoom	14	15 February Voice Articles & Annual Report Submissions Due	16
17 9am Online Worship 10:15am Bible Study via Zoom	18 5:30pm Finance Mtg	19 6pm Admin/Exec Meeting 7pm Church Council Mtg	20 6:30pm Confirmation via Zoom	21	22	23
24 9am Online Worship 10:15am Bible Study via Zoom	25	26	27 6:30pm Confirmation via Zoom	28	29	30
31 9am Online Worship 10:15am Bible Study via Zoom	February 1	2	3 6:30pm Confirmation via Zoom	4	5	6
<p align="center"> <i>All worship services and face-to-face meetings have been canceled until further notice.</i> <i>The church offices are temporarily closed, but mail and voice messages will continue to be checked daily. Please check your email, our website, and Facebook page for updates as we navigate our way through this next month. Committees are encouraged to continue to meet via email, by phone or by video conference. Please observe all public health and safety recommendations and stay healthy!</i> </p>						

Church Council Members

- **Jim Bugge** *President of the Congregation* jim@gslacrosse.org
 - **Sara Wrobel** *Vice President of the Congregation*
 - **Todd Holtz** *Treasurer*
 - **Ellen Klemp** *Secretary*
- Other Church Council Members include:** Wayne Atchley, Roger Weeks Jr., Tim Stalsberg, Jessica Addington, Janet Torkelson, Ladd DaFoe, John Krause, Thea Johnson, Mark Skolos, Harlan McLain, Pastor Harald & Karina Bronson (Youth Rep.)

Meet Our CHURCH STAFF

- **Rev. Harald Bringsjord** *Senior Pastor* prharald@gslacrosse.org
- **Rev. John Stennes-Spidahl** *Assistant Pastor* prjohn@gslacrosse.org
- **Rick Laufenberg** *Office Manager* rick@gslacrosse.org 788-0450
- **Kathy Johnson** *Office Assistant* kathy@gslacrosse.org
- **Tammy Klein** *Children's Ministry Coordinator* tammy@gslacrosse.org
- **Jen Servais** *Coordinator of Youth and Family Ministry* jen@gslacrosse.org
- **Randy Lyden** *Music Director/ Organist* randy@gslacrosse.org (608) 792-1305
- **Linda Jerome** *Bell Choir Director* linda@gslacrosse.org
- **Karl & Jaime Greenfield** *Sanctuary Choir Directors* karl@gslacrosse.org 790-3785
- **Darlene Lassig** *Volunteer Gloria Dei Choir Director* 788-5686 darlene@gslacrosse.org
- **Cody Nedegaard** **Kerstin Gruntzel** *Volunteer Parish Nurses* Cody_Kerstin@gslacrosse.org
- **Bill Klein** *Custodian* bill@gslacrosse.org

Questions? Don't know who to contact? Contact the Church Office.

(608) 788-0450 | office@gslacrosse.org | www.gslacrosse.org
4141 Mormon Coulee Rd. La Crosse, WI 54601 (Office hours 8am to 1pm)

Your Health

From the desk of our Parish Nurse

Greetings,

January is thyroid awareness month, so we decided to focus this month's article on such. The thyroid is a butterfly-shaped gland that sits low on the front of the neck. The thyroid is rich in blood vessels and nerves for voice quality pass through it. They thyroid secretes several hormones with the main hormone being thyroxine or T4. Thyroid hormones act throughout the body, influencing metabolism, growth and development, and body temperature. Two of the most common thyroid conditions and hyperthyroidism and hypothyroidism.

Hypothyroidism is a condition in which the thyroid gland doesn't produce enough of certain hormones. Hypothyroidism may be due to several factors, including autoimmune disease, thyroid surgery, radiation therapy, pregnancy, and medications (lithium). The signs and symptoms of hypothyroidism vary, depending on the severity of the hormone deficiency. Problems tend to develop slowly, often over several years. Signs and symptoms may include fatigue, increased sensitivity to cold, constipation, weight

gain, hoarseness, thinning hair, and muscle weakness. This condition most often affects middle-aged and older women. See your doctor if you're feeling tired for no reason or have any of the other signs or symptoms of hypothyroidism.

Hyperthyroidism occurs when your thyroid gland produces too much of the hormone thyroxine or T4. Hyperthyroidism can be caused by several conditions including graves' disease, Plummer's disease, and thyroiditis. Hyperthyroidism can mimic other health problems, which can make it difficult for your doctor to diagnose. Symptoms can include unintentional weight loss, rapid heartbeat or irregular heartbeat, increased appetite, anxiety and irritability, tremor, and increased sensitivity to heat. Some of the most serious complications of hyperthyroidism involve the heart, so it is important to completely describe the changes you've observed to your doctor.

Take Care,

Cody and Kerstin Nedegaard

Cody & Kerstin Nedegaard

GS Volunteer Parish Nurses
Cody_Kerstin@gslacrosse.org

Health Questions?

Gundersen Telephone Nurse Advisor
24/7 at (800) 858-1050.



Sunday School Update

Pre-school thru Grade 5

Happy New Year Everyone,

I am wondering if you have made a New Year's Resolution? I am not a big resolution maker. My list of personal to-do's always gets longer than my ambition takes me. And, I tend to make one for me, one for my house, the budget, the yard, the garden... And to top it off, 2020 was a year when all our plans, calendars, schedules of events and traditions became fluid and Re-done for the times.

BUT, I am looking forward! And I am joyful, hopeful, and full of ideas for the year knowing that the vaccine is on its way. I am not certain what the year will look like, but I have plans to make 2021 amazing, at home and at Sunday School.

If you are not on Facebook, to get the Facebook live Sunday School, please let me know. I do save the Sunday School lessons to the Church Facebook page so visit there anytime to get the Sunday School lesson for the kids. It is my weekly visit with the kids. If you are not familiar with our new format, here is a brief description:

Supplies are Provided to all families for participating children. Simply register and pick up supplies for the upcoming units (or past if you want to do the stories we have covered)

Supplies include all items except food items, are packed with safe contact gloves/masks.

Have kids watch Sunday School, Facebook Live each week at 10am-10:30.

Work the Crafts and Projects designed for each week's lesson, as a family, whenever - do them all in one day, or in an evening, or as a Sunday activity.

Pre-School ages 3 and 4 are on Zoom with Lori, you just need email invite.

I will have Jan-May supplies ready for the Saturday following New Years. I will have these available from the Church for safe pick up. PLEASE LET ME KNOW IF

YOU NEED Supplies. We have plenty. I plan to email plans out to everyone over the Holidays. I have changed jobs as of December 1st and am now a member of the Gundersen Medical team. I will not be working from home, but if you need me, call the office or send me an email. Emails do get buried so please text me if you send so I can watch for it. Or Friend me on Facebook, and message me.

Coming up for 2021, please watch for messages and emails regarding our Covid plans and possible upcoming re-opening celebrations.

My goal is always to make it easy, stress free and still keep the faith and relationship building on track for the children, which I miss dearly.

Blessings to you all this holiday season!

Sincerely in Christ, Tammy Klein



Quick-Look

Upcoming Events At a Glance

January 10th to 31st	Hannah and Samuel, 1 Samuel 1:9-27, 3:1-20
February 7th to 28th	Good Samaritan, Luke 10:25-37
March 7th to 28th	Lydia, Acts 16: 11-15
April 4th	Happy Easter, no Sunday School
April 11th to May 2nd	Doubting Thomas, John 20:24-29
May 9th to 16th	Education Sunday/Service to Others

See you Sundays on
Facebook Live!



Tammy Klein

Children's Ministry Coordinator

tammy@gslacrosse.org (608)788-0450

Stay Connected!

Receive message alerts for Sunday School at Good Shepherd. Send the message @rubberduck to the number (608) 807-2784. All parents and children with a cell phone are encouraged to sign-up! Data charges may apply. Must age 13+ to sign up without parental guidance. This service is brought to you by Remind®.



Youth Update

Confirmation (Grades 6-8)
& High School Youth (Grades 9-12)

But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be the glory both now and to the day of eternity. 2 Peter 3:18



- Learn how to haul manure.
- Lift more weights
- Sanitizing and being more careful even without the virus

The second goal is for helping someone we know. Often times, it is our closest loved ones we take for granted, especially as teenagers. The idea behind this is to show gratitude through action to those people we love in a more deliberate way. We have talked a lot about how we can change the world through acts of kindness, especially to those people we see each day! Here are some responses:

- Help my brother with yard work
- Do three random acts of kindness for family and friends.
- Emptying the dishwasher when it needs it
- Play with my brothers more
- I want to reach out to others more just to make sure they are ok
- Help brother
- Help my dad plant corn.
- Help them eat healthier
- Helping them and asking them how their doing and how I can help them more often

The first goal is for themselves. We are all working towards improving ourselves so the idea is to make a goal that helps us continue on our path to becoming the person we want to be. Here are some responses.

- Help out around the house
- Trying not to be so perfect.
- Exercise more, and being outside more
- Be more productive
- My goal is to stop biting my nails
- Try harder

Finally, the last goal is what we can do throughout the year to help strangers. This is the hardest goal for so many reasons but may be the most important. We have learned so many stories about Jesus helping strangers and those people in society that were often looked down upon. By working to help people we don't know, we are practicing the lessons Jesus wanted us to learn. Here are some responses:

- Volunteer somewhere
- Give them money

Youth Update

Confirmation (Grades 6-8)
& High School Youth (Grades 9-12)

- Try to help a random person every day.
- Volunteering at church drive in service
- Hold the door and be polite
- I want to keep not judging people by their looks
- Be kinder
- Donating dairy products.
- Donate to food shelter
- Helping them out when they need it, even holding the door for someone could make their day and yours too!

As you can see, we have some pretty thoughtful and remarkable teens here at Good Shepherd! It is nice to start the year off with so much hope for these young people and excitement for all the ways they will grow over the course of the church and calendar year!

In Peace,
Jen



Support Good Shepherd's Youth Group by purchasing scrip cards!

Contact me to see what I currently have on hand or fill out an order form to request cards from Amazon to WalMart with several store or restaurant options in between. The three easy steps to order are:

1. Print and fill out the [Order Form](#) from the church website.
2. Write your check out to Good Shepherd Youth Group for the amount you wish to order.
3. Submit your completed order form and payment to the church office or me. The orders will be compiled and placed the first week of the month.

My contact information is:
Corrine Holtz: Mobile-608-397-9353
or Email-tcjj23511@gmail.com

The church office has Kwik Trip cards available for immediate purchase.



Jen Servais

Director of Youth and Family Ministry

Jen@gslacrosse.org (608) 788-0450

In the Office: Varied hours



Music Notes

From The Director of Music

Hymn Focus: Jesus, Savior, Pilot Me

One of the great challenges for sailors at the time this hymn was written was the maintaining of a spiritual routine that included regular church attendance. Worship services did not exist on most ships unless the captain or a crew member chose to lead them. To help sailors in this, the Church of Sea and Land was established in 1864 in New York City, not being dissolved until 1972.

Edward Hopper (1816-1888) wrote the text to "Jesus, Savior, Pilot Me" with sailors well in mind. A graduate from New York University (1839) and Union Theological Seminary (1842), Hopper served as pastor of the Sag Harbor Presbyterian Church on Long Island for eleven years, but served most of his time as pastor at the Church of Sea and Land, remaining there until his death in 1888.

While at the Church of Land and Sea, Hopper wrote the poem "Jesus, Savior, Pilot Me". It was published anonymously in The Sailor's Magazine in 1871. Composer John Edgar Gould (1822-1875) saw the poem and, unknown to Hopper, wrote music to accompany it. When asked to write a poem for the anniversary of the Seaman's Friend Society, he brought the word's of "Jesus, Savior, Pilot Me" to the meeting and discovered that many people there already knew both the poem and the accompanying music. It was only then that people discovered who had written this poem.



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"Jesus, Savior, Pilot Me" was written with the life of the sailor very much in mind. It refers to things well known to sailors, such as charts, compasses and the need for a competent pilot. It also references dangers well known to sailors, such as "unknown waves" and "treacherous shoal". Directly citing Scripture (Matthew 8:23-27), the hymn text quotes Jesus' command to the sea, "Be still!", revealing Jesus to be the "wondrous Sovereign of the sea". In the final verse, we pray to hear Jesus say as we near death, "Fear not--I will pilot Thee".

A COLORFUL body

Melt crayons to show how the body of Christ works together.



What you need:

- Crayons
- Metal baking sheet
- Adult help
- Metal gingerbread man cookie cutter

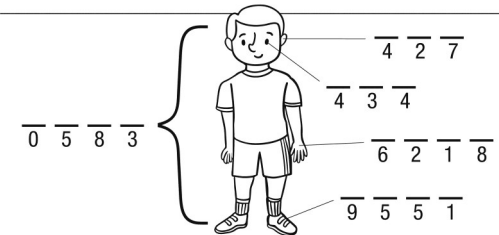
What you do:

1. Remove labels and break crayons into 1-inch pieces.
2. Scatter pieces on the baking sheet, about two layers thick.
3. Bake for 10 minutes at 350 degrees until melted. Allow to cool 15 minutes.
4. When melted crayons are the consistency of playdough, press the cookie cutter through them (while still on pan).
5. Cool the pan in freezer for 15 minutes until crayons are hardened.
6. Remove from pan and break apart the shapes.

PUZZLE WORKING IN UNISON

Just as body parts work in unison, the church — the body of Christ — is to work together for God's purposes.

Directions: Fill in the letters for each body part. Add up each part's number total, and use those totals to complete the Bible passage.



Now if the ²⁰_____ should say, "Because I am not a ¹⁷_____, I do not belong to the ¹⁶_____, " ... And if the ¹³_____ should say, "Because I am not an ¹¹_____, I do not belong to the ¹⁶_____, " it would not for that reason stop being part of the ¹⁶_____. If the whole ¹⁶_____ were an ¹¹_____, where would the sense of hearing be? If the whole ¹⁶_____ were an ¹³_____, where would the sense of smell be? ... As it is, there are many parts, but one ¹⁶_____.

1 CORINTHIANS 12:15-17, 20, NIV

Answer: body = 16, eye = 16, ear = 11, ear = 11, car = 13, hand = 13, foot = 17, foot = 20

