

# Shepherd's Voice Give. Serve. Lead. Connect.

#### October 2019

#### From Pastor Harald Bringsjord

On October 20th, 2019, there will be a special offering for world hunger. The money received for world hunger is put to good use. The Evangelical Lutheran Church in America (ELCA) is one of the best run organizations fighting world hunger in the world, and it is thanks to you as well as the entire church denomination filled with people who care for the hungry that we make a difference.

In this country, including in the La Crosse area, many people experience hunger in the form of undernourishment. not getting enough nourishment to meet the body's needs to lead active lives. Around the world hunger is more severe, there are many who are so malnourished that it leads to extreme weight loss and death. Worldwide, 800 million people (which is 1 in 9) experience some form of

In the Bible we find over 2,000 verses that call God's people to care for the poor and feed the hungry. Here are some of the more well-known ones:

"Jesus said, 'For I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me... Truly I tell you, just as you did it to the least of these who are members of my family, you did it to me." (Matthew 25:35-40)

"You insult your Maker when you exploit the powerless; when you're kind to the poor, you honor God." (Luke 18:22)

"If a sister or brother is naked and lacks daily food, and one of you says to them, 'Go in peace; keep warm and eat your fill,' and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead." (James 2:15-17)

May we show much kindness and generosity to the poor and hungry on October 20th, for we are a blessed people.

God's continued blessings,

Pastor Harald





Facebook.com/GSlacrosse



Twitter.com/goodshepherdlse



GSlacrosse.org/voice

To access this and other publications online visit GSlacrosse.org/voice.



world hunger

# Give Volunteering Within Church

#### Flower and Bulletin Sponsorship

The flower and bulletin sponsorship charts are on the bulletin board in the back of the welcome area. Sponsoring the flowers or bulletins is an easy way to honor special dates such as birthdays and anniversaries, or the memory of a loved one. If you have any questions on sponsoring the flowers or bulletins, please contact Kathy or Rick in the church office at (608)788-0450.

#### Readers & Ushers Appreciated!

Readers and Ushers are always valued at our worship services. Please consider signing up on the sign up sheet in the welcome area at the back of the sanctuary. You can sign up to read for a time and day that works for you. The readings will be sent (either by mail or email) to you early that week. Interested in ushering? Contact Kathy 788-0450. We really do need your help!

#### Women Who Wrestle With The Word (W5)

If you would like to be a part of a regular gathering of Christian Women, you are always welcome to join W5. For info contact the church office.



#### Lydia Circle

Lydia Circle meets the first Tuesday of every month at 1pm in the quilting room. All women are welcome!

If you have any questions, contact Carol at 787-0609.



#### **Good Shepherd Ministries**

Altar Guild—Is a very easy commitment and we would be happy to show you how it's done! Simply call Irene Thorelli at (608)787-0242.

**Quilting**—Quilters usually meet on Wednesday mornings. If you are interested in helping the quilters contact Ann Hudson at 788-1308.

Mailing Crew— If you are interested in helping prepare the Voice newsletter for mailing by adding address labels and stickers, then the crew is for you! We meet the 4th Thursday of each month at 8:30am in the choir room.

Care Ministry—Care Ministers visit the homebound year round to have a small chat, give communion, and have a prayer. Interested in joining this ministry? Contact Don Skibba at 787-0498. If you or someone you know would like a visit from our care ministry team, please contact the church office at 788-0450.

55 Plus—55 Plus is a friendly lunch gathering for the 55+ crowd that meets every 3rd Thursday of the month at 11:30am. We gather at The King Street Kitchen located at 1417th St S.

# **Serve**Enriching Life, Sharing talents

#### Thank You All So Very Much...

Altar Guild—Thank you to the members who served during the month of September, Pat Oliver & Jeanne Atchley. For the month of October, Arlene & Dewey Dreves & Linda Schoen will be on duty.

Thank you Julie Noll for sending out the "Get Well" cards in September. Kimberly Young will be sending out the cards throughout the month of October.

Thank you to Ann Hudson for sending out cards and prayer shawls year round to be eaved families

Care Ministries—Thank you to all members who are serving as Care Ministers to the faithful members of Good Shepherd who can no longer come to worship with us. Through you, our Care Ministers, the church comes to them!



#### **Causeway Caregivers**

Causeway Caregivers exists to help! Give Causeway a call if you need assistance in or around your home or if you have a few hours to volunteer helping those who do. (608) 775-9999 or visit our website: causewaycaregivers.org



#### **Ushers Schedule**

Oct 6	8:30am: Tim & Liz Carlson, Tracy Christenson, Rich Frosch, Erica Pedrazoli, Steve Stelzl 10:30am: Randy Hanson, Deb Koblitz, Todd & Corrine Holtz, Duane & Linda Schoen
Oct 13	8:30am: Confirmation Students 10:30am: Confirmation Students
	10.30am. Confirmation Students
Oct 20	8:30am: WELCA Women
	10:30am: WELCA Women
Oct 27	8:30am: Confirmation Students
	10:30am: Confirmation Students

# **Lead**Raising Up Spiritual Leaders

#### Calling All Musicians!

Our "Sounds of Praise" worship band invites you to help us lead the worship here at Good Shepherd. "Sounds of Praise" is intended to bring together the greatest number and variety of instruments possible, presenting special music and enhancing our wide variety of hymn styles. Whatever type of

instrument you play, "Sounds of Praise" welcomes vou! Please call Randy Lyden at (608)779-9669 or email randy@gslacrosse.org to be a part of this growing and exciting praise band!



GSlacrosse.org



#### Make a joyful noise unto the Lord!

#### The Sanctuary Choir

The Sanctuary Choir rehearses between services every Sunday from September through May and new members are always welcome!! If you would like to join our Sanctuary Choir, please contact Karl Greenfield at 790-3785 or at karl@gslacrosse.org

#### The Gloria Dei Choir

We rehearse between services on Sundays from September through May in the Mattes Center and new members are always welcome! If your children would like to be a part of the Gloria Dei Choir, please contact Darlene Lassig at 788-5686 or at darlene@gslacrosse.org.

#### **Hand Bell Choir**

Practices are on Sunday evenings at 5:30pm from September through May in the Choir Room. If you have any questions please contact Linda Jerome at 317-1335 or at linda@gslacrosse.org.

Remember also your Creator in the days of your youth, Ecclesiastes 12:1

#### **High School Youth Group** (Grades 9-12)

Good Shepherd's High School Youth Group is a group that meets on Wednesday evenings at 6pm throughout the year. Fellowship and games 6-7p with a bible study at 7p. You aren't the only Christian at your school! Come hangout

with other awesome teens just like yourself. Social events throughout the year along with a yearly mission trip. Want to learn more? Contact Stephanie Andersen at stephanie@gslacrosse.org or just drop in and check it out for yourself!

# Connect Bridging Our Community to Our World

#### **Mobile Meals of La Crosse**

Thank you so much to those who delivered Mobile Meals in September. Our next time to deliver will be Monday. Dec 2nd to Sunday, Dec 8th. Mobile Meals of La Crosse delivers 33,000 meals annually to the homebound, largely through the efforts of local churches like ours.

Need more information? Call 784-4623 or go to mobilemealsoflacrosse.org. pick-up place is Franciscan/ Mayo at the Market Street door and the pick-up time will be 11am. Please allow 1 1/2 to 2 hours time. We are route #1.

Please consider becoming a part of this very important ministry, our Mobile Meal Delivery Team could really use your help. Please contact Kathy at 788-0450 or Kathy@gslacrosse.org

#### **Local Food Pantry Needs**



#### West Avenue Food **Emergency Relief**

(WAFER) is asking for Side Dishes (rice, potato, stuffing & helper mixes during the month of Oct. Thank you for the donations given in Sept.

Please leave all donations in the grocery cart near our bulletin boards in the Welcome Area. A monetary gift may also be given to help support WAFER. Simply make your check out to Good Shepherd, and indicate WAFER in the check memo.

#### 4-H Club

The Mormon Coulee 4-H Club was first established in 1946 making the club one of the oldest in La Crosse County! 4-H clubs are made up of children from kindergarten through high school. We meet the second Sunday of each month at

4pm in the Mattes Center. We are always looking for eager volunteers. If anyone is interested, or has any questions, please feel free to contact Kimberly Young at (608)796-0099 or e-mail kkymmm@gmail.com.



#### **Boy Scouts & Girl Scouts Meet at Good Shepherd**



**Boy Scouts**—Troop 22 meets at 6:45pm weekly on Tuesday's in the Mattes Center. Off over the summer.

**Girl Scouts**—Troop 4172 meetings are not yet set.

If you have any questions about Scouts, please call the church office at 788-0450 and we can connect you with the group leaders.

## Stewardship

#### **Memorials & Special Gifts**

Good Shepherd gratefully acknowledges and sincerely appreciates your gifts over and above your regular giving. The following gifts were received from July 15th through August 19th.

#### LWR School Kits

Scott & Sara Wrobel Sherrill Munson



#### **LWR Care Kits**

Bob Goodno Jim & Sue Bugge Tom & Phyllis Lynch

#### **ELCA World Hunger**

Richard Reinholz

#### WAFER

Jim & Sue Bugge John Wood

#### LWR Hurricane Dorian

John Wood Karl & Jaime Greenfield Paul & Kathy Boarman Chuck & Linda Brigson Judy Casto Robert & LeeAnn Lyden Greg & Beth Bonney Don & Darcy Skibba Tom & Carol Abraham Barb & Dave Foye Tom & Phyllis Lynch Phil & Sarah Nohr Steve & Kari Ellison Cindy Thurston Rick & Barb Doering

#### Nathan Erickson Memorial

Gerald Knutson

Mary Post

#### **Frances Post Memorial**

Mary Post

#### What is Simply Giving®?

The Simply Giving® Program is an automated stewardship program that helps church members live generously. It's a convenient, safe and simple way for individuals to make automatic payments to Good Shepherd through electronic funds transfer (EFT) directly from checking or savings accounts. Vanco Services, LLC provides electronic payment processing services at reduced rates—so your generosity goes further. Learn more by contacting the church office at (608) 788-0450





## Church Numbers

#### Weekly Sunday Attendance

Date	8:30am	10:30am
08/04/19	82	72
08/11/19	87	56
08/18/19	73	82
08/25/19	75	71

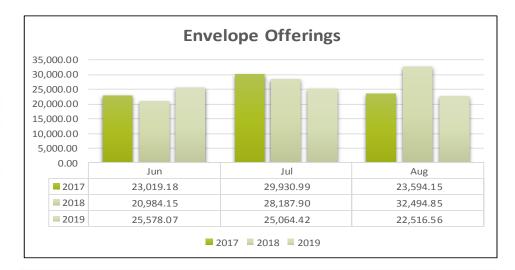
#### **Weekly Envelope Offerings**

Date	Weekly	% Budget
08/04/19	10,858.50	144%
08/11/19	3,567.50	48%
08/18/19	5,184.06	69%
08/25/19	2,906.50	39%
Totals	22,516.56	75%

#### **Envelope Offering Comparison**

August 2019	August 2018	% Difference
22,516.56	32,494.85	-30%
YTD 2019	YTD 2018	% Difference
215,396.12	225,318.74	-4%

If you would like to view the complete financial statements that are shared with the Council, please contact Rick in the church office at rick@gslacrosse.org or by calling the church office (608)788-0450.



### Around the Parish ...

#### Lydia Circle

Our meeting will be Tuesday, October 1st at 1pm in the quilt room. All women of Good Shepherd are invited and encouraged to bring a friend! Please call Carol Abraham 787-0679 if you have any questions.

#### **High School Youth**

High School Youth Open-Hang Out is every Wednesday at 6:30pm in the Youth Room.

#### **Good Shepherd Women-WELCA**

GSW-WELCA welcomes women of all ages from our congregation to participate within this committee. Our next committee meeting is Thursday, October 3rd at 6pm in the Choir Room. Come and discover all the good our committee does with our church, community, nation and world!

#### Polka Masters

The Polka Masters will be providing the music for both services on Sunday, October 6th. Please join us for this festive service, lederhosen not required.

#### **Attention G4Squad**

8-12th graders are going to the Hidden Trails Corn Maze on Sunday, October 6th. Meet at church at 2:30pm and we will head up to West Salem. We should be back at church by 5pm.

#### Game Night

Game Night for all ages is Friday, October 11th. Members & friends of all ages are invited to come play from 6 - 9pm. Bring your favorite game or learn a new one. Games vary month to month, but include a variety of board, card, strategy and role playing games. Contact Duane Schoen at 787-1038 or Tom and Stephanie Andersen at 385-7394 with any questions.

#### Fall Cleanup Day

Join us Saturday, October 12th at 8am and help with cleaning projects in the church and on the grounds. Your help is greatly appreciated and donuts, coffee and juice will be served.

#### **Sunday Morning Bible Study**

Sunday Morning Bible Study will resume October 13th. We will try to meet consistently on the second Sunday of the month between services. For now, we will continue to meet in the Library. It would be great to get started by 9:40am. To begin with we will use the Book of Faith approach to discuss the readings from the Sunday that we meet. October 13th is the Eighteenth Sunday after Pentecost. The texts are: 2 Kings 5:1-3, 7-15, Psalm 111, 2 Timothy 2:8-15, and Luke17:11-19.

Also your ideas for what you would like to have included in our discussions would be very welcome.

Hope to see you there and bring a friend! -Pastor John

#### Trunk or Treat!

Friday, Oct. 25th – 5:30 to 8pm Rain or Shine! PARTICIPANTS NEEDED - WE NEED YOUR TRUNK! Decorate your trunk, run a game and give out a treat or prize – TRAVELING TROPHY FOR BEST TRUNK DÉCOR & GAME! Our theme is: Classic Movies for Kids! Please sign up by email to help with this new event at Tammy@gslacrosse.org 5:30-6:30pm Trunk or Treat 6:30-8:00pm Pizza and a Story and Charlotte's Web

movie

#### **Grief Support**

Good Shepherd Grief Support Group meets every Thursday at 1:30pm in the Choir Room to support and encourage one another in our grief. If you are interested in joining us, please call Carol Abraham at 787-0679 or Pastor Harald at 788-0450.

#### **Good Shepherd Men's Group**

Our men's group meets every Sunday at 6:30pm in the Mattes Center. Come and be a part of the fellowship and the activities and events we sponsor throughout the year.

### Around the Parish ...

#### Birthday Party at Bethany Riverside

Please join us Thursday, October 31st at 1pm to help the residents with October birthdays celebrate! Also, there are tags on the Giving Tree to contribute towards purchasing presents for them too. Please call Judy for more information 788-4335 or jmckitties@aol.com

#### Adopt-A-College Student

Share your thoughts and support with Good Shepherd's 2019 College Freshman. Fill out a notecard and place it in the envelope you would like it to be sent to. Funds are being collected to send each student a gift card. Items will be packaged and sent to the first week of October. Questions? Contact Corrine Holtz at 608-397-9353.

#### **Egg Cartons Wanted!**

We are collecting egg cartons for WAFER. Please place your cartons in the WAFER shopping cart in the welcome area. Thank you for your donations!

#### **Youth Scrip Cards**

Kwik Trip, Festival Foods, and many other scrip cards are available at the Youth Table in the welcome area and also in the church office Mon.-Fri., 8am - 1pm. You can also choose from many other cards available to order. Thank you for supporting our Youth Program through this fundraiser! A full listing and order form is available at gslacrosse.org/high-school/. Questions? Contact Jennifer Jones at jones6307@gmail.com.

#### You CAN help!

Our recycle bin for aluminum cans is located at the end of the church garage behind the Boy Scout trailer. Feel free to drop off your bagged aluminum cans anytime. Thank you!

#### **Hintgen Food Pantry**

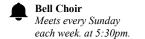
"WELCA is now sponsoring 20 food backpacks to be sent home with hungry children each weekend. We have a specific food list to follow so that each backpack contains relatively similar items of nutritious value." If you are willing and able, please donate items from the following list: Canned Fruits in lite syrup or water only. Canned Vegetables. Boxes of Macaroni and Cheese. Cans of Soup. Boxes of Pasta. Cans of Baked Beans. 18oz. Peanut butters. Canned Tuna. Ind. packaged String Cheese and Fruit cups in light syrup or water. On the back bulletin board will be sheets with picture examples of each product needed. Grab one to go shopping. These children are hungry through no fault of their own. Please help us to keep the kids in our own neighborhood fed. If you wish to make a monetary donation please put it in an envelope marked: Hintgen Food. The women of WELCA thank you heartily."

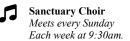
#### **Altar Guild Meeting**

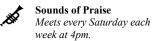
Thanksgiving comes late this year. In fact, it comes on the latest date possible within the month of November. So, don't be looking for our meeting the week of Thanksgiving! Instead, think the week before that. We will meet for our Annual Meeting on Sunday morning, November 17th, at 9:45am in the Quilting Room, behind the kitchen. There are some exciting developments that should be ready to go by then, or at least some solid updates. Be thinking of months you'd like to serve for next year, any Lenten dates for 2020, and any Christmas dates for this year. However, those decisions will be made at the meeting itself, including requests from members who cannot at all attend that day and who deliver their requests to a member, that will be attending. Developing the schedule at the meeting itself in a cooperative spirit has worked out well over the years. Thank you for your service. Hope to see you at the meeting!

# October 2019

Gloria Dei Choir
Meets every Sunday
each week at 9:45am.







8:30 and 10:30 Sunday Worship Service, 8:45 and 10:45 Sunday School. Communion 1st and 3rd Sundays of Each Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
September 29 Kindergarten Milestone 10:30am Lindahl Baptisms 6:30pm GS Men's Group	30	October 1  1pm Lydia Circle 5:30pm Buildings & Grounds 6pm BS Troop 22 Adult Mtg. 6:45pm BS Troop 22 Mtg. 6:45pm Scouting for Girls	12:30pm Quilting 6:30pm High School Open- Hang Out (gr. 9-12) 6:30pm Confirmation	8 to 2pm Lap-tivity 1:30pm Grief Support Group 6pm WELCA Mtg.	4 6pm Nedegaard / Gruntzel Rehearsal	5 2:30pm Nedegaard / Gruntzel Wedding
6	7	8	9	10	11	12
Polka Service Name Tag & Cookie Sunday sponsored by Buildings & Grounds 10:30am Wooden Baptism 2:30pm 8-12 graders Corn Maze 6:30pm GS Men's Group	6pm Trust Foundation	1:45pm Hillview Communion 6:45pm BS Troop 22 Mtg. 6:45pm Scouting for Girls	10am Staff Meeting 12:30pm Quilting 6:30pm High School Open- Hang Out (gr. 9-12) 6:30pm Confirmation 6:30pm Adult Bible Study	1:30pm Grief Support Group	6pm Game Night	7 to 11am LWR Box Car 8am Fall Church Clean Up
13	14	15	16	17	18	19
9:40am Sunday Morning Bible Study 5pm 4-H Meeting 6:30pm GS Men's Group	6:30pm MGF Mtg.	6pm Parish Ed Meeting 6pm Admin/Exec Meeting 6:45pm BS Troop 22 Mtg. 6:45pm Scouting for Girls 7pm Church Council Mtg	12:30pm Quilting 6:30pm High School Open- Hang Out (gr. 9-12) 6:30pm Confirmation	11:30am 55 Plus 1:30pm Grief Support Group	November Voice Articles Due 5pm Fellenz/ Oliver Rehearsal	2pm Fellenz/Oliver Wedding
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20	21	22	23	24	25	26
WELCA Sunday 6:30pm GS Men's Group	5:30pm Finance 6:30pm Hintgen Assoc. Mtg.	1pm Come for Supper (setup) 4:30pm Come for Supper (serve) 6:45pm BS Troop 22 COH 6:45pm Scouting for Girls	12:30pm Quilting 6:30pm High School Open- Hang Out (gr. 9-12) 6:30pm Confirmation	8:30am October Voice Mailing Crew 1:30pm Grief Support Group	5:30pm Trunk or Treat	8:30am WELCA Fall Renewal @ Bethel in La Crosse
27	28	29	30	31	November 1	2
3rd Grade Milestone 9:45am Care Ministry Meeting 6:30pm GS Men's Group	20	6:45pm BS Troop 22 Mtg. 6:45pm Scouting for Girls	12:30pm Quilting 6:30pm High School Open- Hang Out (gr. 9-12) 6:30pm Confirmation	1pm Bethany Riverside Birthday Party 1:30pm Grief Support Group	9:30am Church Women United	
3	4	5	6	7	8	9
Name Tag & Cookie Sunday sponsored by Adult Bible Study 9:30am Blood Pressure Readings 6:30pm GS Men's Group		West Pastor Conference 1pm Lydia Circle 5:30pm Buildings & Grounds 6pm BS Troop 22 Adult Mtg 6:45pm BS Troop 22 Mtg 6:45pm Scouting for Girls	12:30pm Quilting 6:30pm High School Open- Hang Out (gr. 9-12) 6:30pm Confirmation	1:30pm Grief Support Group 6pm WELCA Mtg	6pm Game Nite	
## ♬ <b>♠</b>	To access the	most up-to-date cal	endar visit GSlac	rosse.org/calenda	r.	Á

### Church Council Members

- **Jim Bugge** President of the Congregation jim@gslacrosse.org
- Sara Wrobel Vice President of the Congregation
- Todd Holtz Treasurer
- Ladd DaFoe Secretary

#### **Other Church Council Members** include:

GSlacrosse.org

Don Skibba, Lori Lowell. Wayne Atchley, Roger Weeks Jr., Sally Lindahl, Tim Stalsberg. Jessica Addington, Janet Torkelson, Ellen Klemp, & John Krause



- Rev. Harald Bringsjord Senior Pastor prharald@gslacrosse.org
- Rev. John Stennes-Spidahl Assistant Pastor prjohn@gslacrosse.org
- Rick Laufenberg Office Manager rick@gslacrosse.org 788-0450
- Kathy Johnson Office Assistant kathy@gslacrosse.org
- **Tammy Klein** Children's Ministry Coordinator tammy@gslacrosse.org
- Jen Servais Coordinator of Youth and Family Ministry jen@gslacrosse.org

- Randy Lyden Music Director/ Organist randy@gslacrosse.org (608) 779-9669
- Linda Jerome Bell Choir Director linda@gslacrosse.org
- Karl & Jaime Greenfield Sanctuary Choir Directors karl@gslacrosse.org 790-3785
- Darlene Lassig Volunteer Gloria Dei Choir Director 788-5686 darlene@gslacrosse.org
- Cody Nedegaard **Kerstin Gruntzel** Volunteer Parish Nurses Cody Kerstin@gslacrosse.org
- Bill Klein Custodian bill@gslacrosse.org

#### Questions? Don't know who to contact? Contact the Church Office.

(608) 788-0450 | office@gslacrosse.org | www.gslacrosse.org 4141 Mormon Coulee Rd. La Crosse, WI 54601 (Office hours 8am to 1pm)

# Your Health From the desk of our Parish Nurse

Greetings,

October is "healthy lung month" and as your parish nurses we want to give you a few tips on how to keep your lungs healthy.

The first way to assure your lungs stay healthy is by cleaning the air. Buy a vacuum with a HEPA filter to reduce lead, chemical build-up, and allergens such as pet dander in the home. Follow this step by mopping with a microfiber mop to soak up any leftover particles. In addition, green your space, and go natural. Fill your home with plants, as they help remove toxins such as benzene and formaldehyde. Fragrances in cleaning products, laundry detergents and air fresheners can all damage the lungs. Be sure to choose fragrance-free whenever possible.

Furthermore, test for radon, Radon, and odorless, colorless gas is the second leading cause of lung cancer. Lastly, stop smoking. Smoking is the number one cause of lung cancer, and also carries the burden of several other medical issues. If in need of assistance to stop smoking, please visit www.cdc.gov/ quit, or call (800)784-8669.

Take care,

Cody Nedegaard



### **Cody Nedegaard & Kerstin Gruntzel**

GS Volunteer Parish Nurses

Cody Kerstin@gslacrosse.org

**Health Questions?** 

Gundersen Telephone Nurse Advisor



### Sunday School Update Pre-school thru Grade 5

IT'S SWEATER WEATHER!! Almost! The colors are changing and Fall is in the air! It was a short summer, but Rally Sunday was a great day of fun as we came back together to begin a busy Sunday School Year! We welcomed our new preschoolers and those returning 4 year olds with the milestone of Tote bags and Story DVD's! Next we will celebrate the Kindergarten Milestone with Music and then it is onto Reformation Sunday with our 3rd graders receiving their Bibles. Please make sure to get registered for both if your student is in either Kindergarten or 3rd Grade.

**Sunday School Registration 2019-2020** Registration for this year is **required** as aim to meet goals for communication as well as for safety reasons. I have about 1/3 of our students registered. It is one registration per family, and this is how we plan for items needed each week for supplies and staff. Please register in the first week of October if you have not already.

3rd Grade Bible Milestone – October 27th Once again, we are asking families to pick up their 3rd Graders Bibles early and have family and special people in the lives of their child notate favorite bible verses for them. We ask that you pick up the Bibles September 29th and return them to church no later than October 23rd to be presented the following Sunday. Pastors and I will be able to add our note. This will be a lifelong gift for all of our students.

Sunday School Staffing—We are still in need of a few helpers for 1st service and one shepherd for 2nd. At first service we need a Bible Skill Games and Art Teacher along with a 4/5th grade Shepherd. At second service we still need a 2/3rd grade Shepherd. We cannot run these activities until the spots are filled. If you have a worry of missing a week or two, we have subs available, however Myself and Bill cannot do each week. Please Email or Sign up at your service ASAP...OCT 6th is when Art and Games are needed, Shepherds Right Away!

**Sunday School Attendance** – I am always surprised at how many children ages 3 through 5th grade we have in our baptized members of Good Shepherd because we have

2 Services with Sunday School. Does the number 71 surprise you? Then we have another 11—2 year old's coming up right behind them. I truly hope to see everyone each Sunday, although it is difficult sometimes. I am Here! The volunteers are here! We are hoping for Record Numbers this year!

#### **COMING HOME** –Not MORE

HOMEWORK! No—but each story we learn at Sunday School will have a take-home flyer. These are to help you understand our story and why we are learning it. Of course, over the years of Sunday School, there are literally 60+ stories we will learn about, but there is always a theme. This year is God with us—from the Israelites Wandering in the Wilderness to a Banquet with Simon. Then add on our special holiday themes, activities and VBS...Sunday School becomes a FAMILY AFFAIR! Please use the take homes to share what your kids are learning, and discover that opportunity to build on your family faith time!

gslacrosse.org— We are becoming electronic, techno-terrific, cyber-tastic! Available at Sunday School is all the information you may need, but also check out the website and our ability to text, schedule and get more information by email. There is lots going on from now until we Celebrate Christmas, but we need folks to help, participate and enjoy. Please let us know if you have ideas or questions. I am at church, each week, both services and Most Wednesday evenings of Confirmation. I do work Mon- Fri full time at LHI, but if you want to meet another time, let me know. And Thank you, for all you do to support Children's and Family Ministry Programming!

Tammy Klein – Children's Ministry Coordinator tammy@gslacrosse.org



# Quick-Look Upcoming Events At a Glance

Sunday, September 29th	Kindergarten Milestone – Parent pick up instructions for 3rd Grade Bibles.
Sundays October 6th- 20th	Jonah and the Big Fish (Art, Game Skills, Computer)
Wednesday, October 23rd	3rd Grade Bibles due back to Tammy for Presentation
Friday, October 25th	TRUNK OR TREAT! 5:30 to 8pm
Sundays October 27th- November 10th	Reformation—Who is Martin Luther? (Kitchen, Cinema, Science)
Sunday, October 27th	3rd Grade Bible Presentation/Reformation Sunday
Sunday, November 3rd	Christmas Parts Selection during Sunday School
Sundays November 10th- 24th	Christmas—Cinema, Costumes and Advent – All Children



#### OCTOBER 26<sup>th</sup> – TRUNK OR TREAT! 5:30 to 8pm. Rain or Shine!

#### **HELP NEEDED - WE NEED YOUR TRUNK!**

Decorate your Trunk, Run a Game and Give out a treat or prize –TRAVELING TROPHY FOR BEST TRUNK-

Theme: Children's Movies!

Please sign up by email – Sunday School Bulletin Board

Tammy@gslacrosse.org

5:30-6:30pm Trunk or Treat for All

6:45 Order Pizza / Story and

Charlotte's Web MOVIE in the Mattes Center

### Tammy Klein

Children's Ministry Coordinator tammy@gslacrosse.org (608)788-0450

#### **Stay Connected!**

Receive message alerts for Sunday School at Good Shepherd. Send the message @rubberduck to the number (608) 807-2784. All parents and children with a cell phone are encouraged to



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# Youth Update Confirmation (Grades 6-8) # High School Youth (Grades 9-12)

"All this is for your benefit, so that the grace that is reaching more and more people may cause thanksgiving to overflow to the glory of God." 2 Corinthians 4:15



I would like to formally introduce Good Shepherd's youth group...The G4Squad...

God, Grace, Gratitude and Growth. The goal of the G4Squad is to bring together our middle school and high school aged kids by giving them an identity within the church. Our discussions will focus on the 4 G's...Growing in God through an acknowledgement of what we have to be grateful for and how we give and receive grace to those around us. Confirmation students will be writing in weekly journals, reflecting on things that brought them joy and the grace they experienced from week to week. Just like an athlete works out to get better at their skill, so is our practice of identifying our gratitude and grace experiences. It is muscle memory for the soul! We will get better and better at finding God's joy and blessings through practice. The high school kids will also work on these skills, through fellowship, activities, and discussions.

How can you help the G4Squad? Take time out of each day to have a device-free conversation! Talk about things you are grateful for each day. Start a family gratuity jar, where everyone can submit random things that made them happy during the week and read through them

on Sunday during dinner! Send your child random, happy text messages... they might smile when they roll their eyes! In the hustle bustle of our lives, it is easy to lose focus on the all the extraordinarily ordinary blessing in our lives so make a family commitment to give those things some acknowledgement. Gratitude and grace don't have to be BIG things...they can be found in any single moment of any single day...all the things that make us smile, even for a couple of seconds!

With Gratitude, Jen

#### Want to help support the G4Squad? BUY SCRIP CARDS!!!

If you are planning on buying anyone a gift card for the holiday season order it from Good Shepherd. Need gas or groceries? Get your Kwik Trip, Festival and Walmart cards from Good Shepherd. There are a ton of cards in stock and there is a short turn around time if we need to order it. Talk to the student representative in the back of the church during Sunday services!

### Quick-Look

### Upcoming Confirmation/Youth Group Events At a Glance

Wednesday, October 2nd	7th graders @ Bethany Riverside for BINGO (5:45-7:30pm) 6th and 8th graders will be putting together Lutheran World Relief Kits 6:30-8pm
Sunday, October 6th	8-12 graders Hidden Valley Corn Maze: Meet at Good Shepherd at 2:30pm be back by 5:30pm.
Wednesday, October 9th	Confirmation/HS Open Hang Out 6:30-8pm
Wednesday, October 16th	Confirmation/HS Open Hang Out 6:30-8pm
Wednesday, October 23rd	Confirmation/HS Open Hang Out 6:30-8pm
Wednesday, October 30th	Confirmation/HS Open Hang Out 6:30-8pm



#### Jen Servais

Director of Youth and Family Ministry
Jen@gslacrosse.org (608) 788-0450

In the Office: Varied hours



# Music Notes From the Director of Music

## Where Did Early Lutheran Hymns Come From?

The claim is often made that Martin Luther brazenly used the melodies of drinking songs for many tunes of early Lutheran hymns. This claim is often used today to justify and "anything goes" approach to the selection of worship music; an approach the Luther definitely did not take. At worst this claim is not true and at best it is a misleading oversimplification of Luther's worship music philosophy and practices.

There were for basic sources of hymn tunes used by Luther and the early Lutheran reformers. Many hymns already existed before the Reformation, being sung by Catholics for occasions outside of Mass. Luther and the reformers also used Gregorian chant tunes, translating the texts and modifying the tunes for congregational singing. Also, many new hymns were composed by Luther and his contemporaries, such as Luther's very own "A Mighty Fortress" (the tune for which, contrary to popular belief, was never a drinking song).

Luther and the reformers did sometimes use melodies from secular sources. The hymn "From Heav'n Above" was originally sung to the tune of "From Distant Land I Come to You", a light-hearted love song of the time. Since this song was still being sung in taverns for entertainment, a new melody soon replaced "From Heav'n Above", which is the tune we sing today.

Luther was himself a fine musician who understood the sublime power of music and its important role in worship. Although he and the reformers did sometimes borrow popular folk tunes for use in hymn singing, they carefully modified them to ensure their suitability and appropriateness for worship. Like Luther, the ELCA does not take an "anything goes" approach to worship music. We retain hymns that still speak to us today, while seeking out new music of all styles which is both practical and dignified, keeping our worship music tradition fresh and alive and ever proclaiming the word of God in song! For more information, please visit http:// www.elca.org/en/Resources/Worship



#### Randy Lyden

Good Shepherd Music Director randy@gslacrosse.org | (608) 779-9669



# HARVEST \*Irail Mix\*

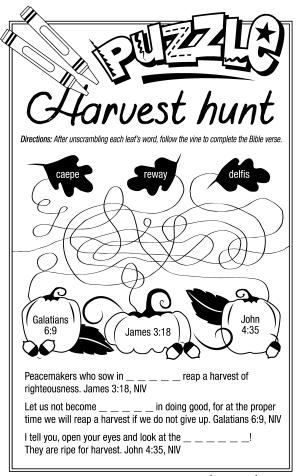
This portable snack combines favorite fall flavors.



- What you need:
- 1/4 cup maple syrup
- 1 tsp. pumpkin pie spice
- 1/8 tsp. salt
- <sup>2</sup>/<sub>3</sub> cup pecan pieces
- 1/3 cup roasted pumpkin seeds
- 1/3 cup almonds
- 1/4 cup raisins
- <sup>2</sup>/<sub>3</sub> cup dried fruit (any)

#### What you do:

- 1. Microwave syrup, spices, seeds and nuts for 30 seconds at a time, stirring frequently, until mixture thickens.
- 2. Spread the mixture on a baking sheet lined with wax paper. Let cool and harden.
- 3. Break the candied nuts into chunks. Combine with dried fruit.
- 4. Store in airtight container.



Answer: peace, weary, fields



"Instead of a second collection, think of it more as a GoFundMe campaign."