



# Shepherd's Voice

*Give. Serve. Lead. Connect.*

September 2019

**From Pastor Harald Bringsjord**

"See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves."  
Matthew 10:16

In this day and age, we in the churches, as everyone else, are inescapably targets of scams. It is therefore extremely important to be alert and to pay attention, so that we don't fall prey to such attempts. We need to be as wise as serpents when it comes to the fraud and deceit that is going on, and yet we are called to be kind and gracious and innocent as doves. It's a tricky place to be. We don't want to mistrust everyone, but we also have to be on our guard.

A few days ago, at least two members of Good Shepherd were sent a text that said it was from me. I apparently said that I was too busy to buy an iTunes card for someone who was dying of cancer. Then I apparently asked if they could buy it for me and send me the gift card number, I would reimburse them later. If this sounds a little fishy and like something I wouldn't do, you are right.

I want everyone to know that there are a lot of scammers out there. And if you get a text or email or anything like that where I'm asking you to give me something know it is a FRAUD. If I needed something like that, I would feel very uncomfortable asking anyone for it. I would buy it myself or, at the very least, I would talk to you personally, but never send you a text or an email asking to buy something for me. Another giveaway: these texts or emails were not using my or the church's phone numbers, nor my or the church's email addresses.

Coleen Tressler, a Consumer Education Specialist, wrote on July 29th:

We're seeing a new spin on gift card scams. This time, scammers are pretending to be a pastor, rabbi, priest, imam, or bishop. They're asking worshipers for gift card contributions for a worthy cause. Appeals are often made by email, but we've heard people are also getting texts and phone calls, too. The bogus emails often include the name of the local pastor and a legitimate looking email address. But a closer look should raise some red flags. For example, the email address isn't the one normally used by the church, and the service provider is different, too. The message may begin with a simple "Hi," but doesn't include a recipient's name. There also may be spelling errors, including the pastor's name. The imposter asks you to buy a popular gift card — frequently iTunes, Google Play, or Amazon — and then asks for the gift card number and PIN on the back of the card. Those numbers let the scammer immediately get the money you loaded onto the card. And once that's done, the scammer and your money are gone, usually without a trace.

If you or someone you know became the victim of a scammer like that, report it as soon as possible. Call the card company and tell them the gift card was used in a scam, and call law enforcement.

In Christ,  
Pastor Harald

Be wise  
as  
serpents  
and  
innocent  
as doves

Matthew 10:16



Facebook.com/GSlacrosse



Twitter.com/goodshepherdse



GSlacrosse.org/voice

To access this and other publications online visit [GSlacrosse.org/voice](http://GSlacrosse.org/voice).

## Give

*Volunteering Within Church*

### Flower and Bulletin Sponsorship

The flower and bulletin sponsorship charts are on the bulletin board in the back of the welcome area. Sponsoring the flowers or bulletins is an easy way to honor special dates such as birthdays and anniversaries, or the memory of a

loved one. If you have any questions on sponsoring the flowers or bulletins, please contact Kathy or Rick in the church office at (608)788-0450.



### Readers & Ushers Appreciated!

Readers and Ushers are always valued at our worship services. Please consider signing up on the sign up sheet in the welcome area at the back of the sanctuary. You can sign up to read for a

time and day that works for you. The readings will be sent (either by mail or email) to you early that week. Interested in ushering? Contact Kathy 788-0450. We really do need your help!

### Women Who Wrestle With The Word (W5)

If you would like to be a part of a regular gathering of Christian Women, you are always welcome to join W5. For info contact the church office.



### Lydia Circle

Lydia Circle meets the first Tuesday of every month at 1pm in the quilting room. All women are welcome!

If you have any questions, contact Carol at 787-0609.



### Good Shepherd Ministries

**Altar Guild**—Is a very easy commitment and we would be happy to show you how it's done! Simply call Irene Thorelli at (608)787-0242.

**Quilting**—Quilters usually meet on Wednesday mornings. If you are interested in helping the quilters contact Ann Hudson at 788-1308.

**Mailing Crew**—If you are interested in helping prepare the Voice newsletter for mailing by adding address labels and stickers, then the crew is for you! We meet the 4th Thursday of each month at 8:30am in the choir room.

**Care Ministry**—Care Ministers visit the homebound year round to have a small chat, give communion, and have a prayer. Interested in joining this ministry? Contact Don Skibba at 787-0498. If you or someone you know would like a visit from our care ministry team, please contact the church office at 788-0450.

**55 Plus**—55 Plus is a friendly lunch gathering for the 55+ crowd that meets every 3rd Thursday of the month at 11:30am. We gather at The King Street Kitchen located at 1417th St S.

## Serve

*Enriching Life, Sharing Talents*

### Thank You All So Very Much...

**Altar Guild**—Thank you to the members who served during the month of August, Arlene & Dewey Dreves & Sharon Yushta. For the month of September, Pat Oliver & Jeanne Atchley will be on duty.

Thank you to Carol Abraham for sending out the "Get Well" cards in August. Julie Noll will be sending out the cards throughout the month of September.

Thank you to Ann Hudson for sending out cards and prayer shawls year round to bereaved families.

**Care Ministries**—Thank you to all members who are serving as Care Ministers to the faithful members of Good Shepherd who can no longer come to worship with us. Through you, our Care Ministers, the church comes to them!



### Causeway Caregivers

Causeway Caregivers exists to help! Give Causeway a call if you need assistance in or around your home or if you have a few hours to volunteer helping those who do. (608) 775-9999 or visit our website: [causewaycaregivers.org](http://causewaycaregivers.org)



### Ushers Schedule

<b>Sept 1</b>	<b>8:30am:</b> Vernon & Peg Garves, Harlan & Kathy McLain, 2 ushers needed <b>10am:</b> Tony & Jen Servais, Shelly & John Saegrove, Larry & Maree Smith
<b>Sept 8</b>	<b>8:30am:</b> Chuck & Linda Brigson, Al & Kathy Johnson <b>10:30am:</b> Diane Kimball, Steve Ambrose, Adam Kimball, Heidi Kwiatkowski
<b>Sept 15</b>	<b>8:30am:</b> Mark & Shanon Torgerud, Keith & Mary Isaacs, Dave & Barb Foye <b>10:30am:</b> Jerry & Virginia Larsen, Jeff & Sharon Yushta, Mark Bronson, Sandra Rockwell
<b>Sept 22</b>	<b>8:30am:</b> Diane Wilson, Paul Boarman, 2 ushers needed <b>10:30am:</b> Warren & Irene Nedegaard, Todd & Teresa Nedegaard
<b>Sept 29</b>	<b>8:30am:</b> Carter, Aimee, Aidan & Mason Roth <b>10:30am:</b> Matt & Karen Mattes, Don & Darcy Skibba

## Lead

*Raising Up Spiritual Leaders*

### Calling All Musicians!

Our "Sounds of Praise" worship band invites you to help us lead the worship here at Good Shepherd. "Sounds of Praise" is intended to bring together the greatest number and variety of instruments possible, presenting special music and enhancing our wide variety of hymn styles. Whatever type of

instrument you play, "Sounds of Praise" welcomes you! Please call Randy Lyden at (608)779-9669 or email [randy@gslacrosse.org](mailto:randy@gslacrosse.org) to be a part of this growing and exciting praise band!



**Make a joyful noise unto the Lord!**

### The Sanctuary Choir

The Sanctuary Choir rehearses between services every Sunday from September through May and new members are always welcome!! If you would like to join our Sanctuary Choir, please contact Karl Greenfield at 790-3785 or at [karl@gslacrosse.org](mailto:karl@gslacrosse.org)

### The Gloria Dei Choir

We rehearse between services on Sundays from September through May in the Mattes Center and new members are always welcome! If your children would like to be a part of the Gloria Dei Choir, please contact Darlene Lassig at 788-5686 or at [darlene@gslacrosse.org](mailto:darlene@gslacrosse.org).

### Hand Bell Choir

Practices are on Sunday evenings at 5:30pm from September through May in the Choir Room. If you have any questions please contact Linda Jerome at 317-1335 or at [linda@gslacrosse.org](mailto:linda@gslacrosse.org).

**Remember also your Creator in the days of your youth,** *Ecclesiastes 12:1*

### High School Youth Group (Grades 9-12)

Good Shepherd's High School Youth Group is a group that meets on Wednesday evenings at 6pm throughout the year. Fellowship and games 6-7p with a bible study at 7p. You aren't the only Christian at your school! Come hangout

with other awesome teens just like yourself. Social events throughout the year along with a yearly mission trip. Want to learn more? Contact Stephanie Andersen at [stephanie@gslacrosse.org](mailto:stephanie@gslacrosse.org) or just drop in and check it out for yourself!

## Connect

*Bridging Our Community To Our World*

### Mobile Meals of La Crosse

Thank you so much to those who delivered Mobile Meals in August. Our next time to deliver will be Monday, Sept 30th to Sunday, Oct 6th. Mobile Meals of La Crosse delivers 33,000 meals annually to the homebound, largely through the efforts of local churches like ours.

Need more information? Call 784-4623 or go to [mobilemealsoflacrosse.org](http://mobilemealsoflacrosse.org). pick-up place is Franciscan/ Mayo at the Market Street door and the pick-up time will be 11am. Please allow 1 1/2 to 2 hours time. We are route #1.



**Please consider becoming a part of this very important ministry, our Mobile Meal Delivery Team could really use your help. Please contact Kathy at 788-0450 or [Kathy@gslacrosse.org](mailto:Kathy@gslacrosse.org)**

### Local Food Pantry Needs



#### West Avenue Food Emergency Relief

(WAFER) is asking for Spaghetti Sauce & Noodles during the month of Aug. Thank you for all the donations given in July.

Please leave all donations in the grocery cart near our bulletin boards in the Welcome Area. A monetary gift may also be given to help support WAFER. Simply make your check out to Good Shepherd, and indicate WAFER in the check memo.

### 4-H Club

The Mormon Coulee 4-H Club was first established in 1946 making the club one of the oldest in La Crosse County! 4-H clubs are made up of children from kindergarten through high school. We meet the second Sunday of each month at

4pm in the Mattes Center. We are always looking for eager volunteers. If anyone is interested, or has any questions, please feel free to contact Kimberly Young at (608)796-0099 or e-mail [kkymmm@gmail.com](mailto:kkymmm@gmail.com).



### Boy Scouts & Girl Scouts Meet at Good Shepherd

**Boy Scouts**—Troop 22 meets at 6:45pm weekly on Tuesday's in the Mattes Center. Off over the summer.

**Girl Scouts**—Troop 4172 meetings are not yet set.

If you have any questions about Scouts, please call the church office at 788-0450 and we can connect you with the group leaders.





# Stewardship

## Memorials & Special Gifts

Good Shepherd gratefully acknowledges and sincerely appreciates your gifts over and above your regular giving. The following gifts were received from July 15th through August 19th.

### WAFER

Jim & Sue Bugge

### Giving Tree

Paul & Ann Van Dyck



## What is *Simply Giving*®?

The *Simply Giving*® Program is an automated stewardship program that helps church members live generously. It's a convenient, safe and simple way for individuals to make automatic payments to Good Shepherd through electronic funds transfer (EFT) directly from checking or savings accounts. Vanco Services, LLC provides electronic payment processing services at reduced rates—so your generosity goes further. Learn more by contacting the church office at (608) 788-0450

## Giving of yourself

While these pages are mainly dedicated to our church finances, so many in our congregation give of themselves too. Readers & ushers, care ministers, volunteers for all of our church activities and care of our buildings and grounds, our church officers and council members, all giving of their time and talents to benefit Good Shepherd Lutheran church. To all of you, for all you do, thank you!



# Church Numbers

## Weekly Sunday Attendance

Date	8:30am	10:30am
07/07/19	74	82
07/14/19	59	82
07/21/19	74	80
07/28/19	65	76

## Weekly Envelope Offerings

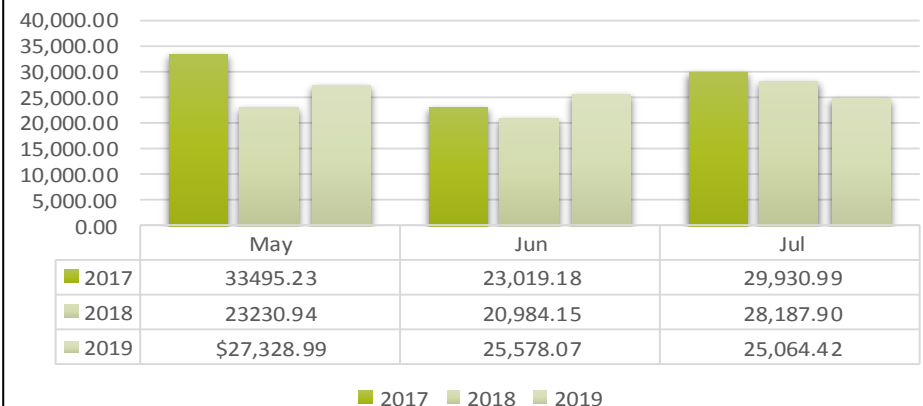
Date	Weekly	% Budget
07/07/19	9,308.34	123.3%
07/14/19	6,019.08	79.7%
07/21/19	4,171.50	55.3%
07/28/19	9,672.00	128.1%
<b>Totals</b>	<b>25,064.42</b>	<b>83.0%</b>

## Envelope Offering Comparison

July 2019	July 2018	% Difference
25,064.42	33,965.13	-26.2%
YTD 2019	YTD 2018	% Difference
192,879.56	192,823.89	.1%

If you would like to view the complete financial statements that are shared with the Council, please contact Rick in the church office at [rick@gsiacrosse.org](mailto:rick@gsiacrosse.org) or by calling the church office (608)788-0450.

## Envelope Offerings



## Around the Parish...

### Welcome to our new staff members!

Welcome to Cody Nedegaard and Kerstin Gruntzel as our new team of Parish Nurses! Cody & Kerstin are taking over the position from Bev Sorenson who recently resigned. Thank you Bev for your service and dedication over the years!

Welcome also to Jen Servais, our new Coordinator of Youth and Family Ministry! Jen is replacing Stephanie Anderson who also resigned this year. Thank you Stephanie for your service and dedication to the youth of Good Shepherd!

### Blood Pressure Readings

Blood pressure readings will be taken by our new Parish Nurses, Cody Nedegaard & Kerstin Gruntzel, Sun, Sept. 1st at 9:30am.

### Lydia Circle

Our meeting will be Tuesday, Sept 3rd at 1pm in the quilt room. All women of Good Shepherd are invited and encouraged to bring a friend! Please call Carol Abraham 787-0679 if you have any questions.

### Good Shepherd Women-WELCA

GSW-WELCA welcomes women of all ages from our congregation to participate within this committee. Our next committee meeting is Thurs, Sept 5th at 6pm in the Choir Room. Come and discover all the good our committee does with our church, community, nation and world!

### Lap-tivity Quilts

On Thursday, Sept. 5th at 8am - 2pm, The Peer Caregiver Support Program of Causeway is creating "Lap-tivity" quilts for staff at health, veteran and care facilities to give to caregivers of a loved one with Alzheimer's or other related dementia. We are looking for volunteers to help create these lap sized quilts. Volunteers can bring their own machine or if they're not sewers can help in so many other ways! Refreshments will be served. Location: Good Shepherd in the Mattes Center. To participate, call Causeway at 608.775.9999

### Rally Sunday September 8th

**Second service moves to 10:30 A.M. !**  
Join us after second service for the all church picnic being hosted by Good Shepherd Men's Group.

### Attention High School Youth

On Sunday, September 8th from 3:30-5pm we will be having a brainstorm AND cookie making session to discuss future activities you want to do as a group. Your input is valued, so please join us and help us plan and shape our youth program for the coming year and years to come!

### Confirmation Orientation

The Student/Parent Confirmation Orientation meeting is scheduled for September 11th at 6pm. All 6-8th graders will meet at the same time with the 8th graders staying a little later to discuss confirmation requirements. Confirmation begins September 18th at 6:30pm.

### Game Night

Game Night for all ages is Friday, September 13th. Members of all ages are invited to come play from 6 - 9pm. Bring your favorite game or learn a new one. Games vary month to month, but include a variety of board, card, strategy and role playing games. Contact Duane Schoen at 787-1038 or Tom and Stephanie Andersen at 385-7394 with any questions.

### High School Youth

High School Youth Open-Hang out will be on Wednesdays at 6:30pm beginning September 18th in the Youth Room. Activities will be mostly on Sunday afternoons, more info and a schedule coming soon!

### Bunco Night

Please come and join us Friday, September 20th from 6pm-9ish in the Mattes Center for a potluck supper and a evening of Bunco. Please bring a \$5 wrapped gift to exchange. The theme this month is "Fall".

## Around the Parish...

### Sunday Morning Bible Study

Sunday Morning Bible Study will resume as we transition back to the 8:30 / 10:30am schedule.

Our first get together will be Sunday, September 22nd. We will meet in the Library at 9:45am. To start the year we will discuss Scripture passages that have been assigned for the Sunday we meet. (Amos 8:4-7, Psalm 113, 1 Timothy 2:1-7, and Luke 16:1-13.)

We will take some time to talk about what participants would enjoy and to brainstorm on ways to appeal to more people. Hope to see you there and bring a friend.  
-Pastor John

### Gloria Dei Choir

Hey everyone!!

It's that time of year when Gloria Dei will begin rehearsals! We will begin our practices on Sunday, Sept. 22nd in the Youth Room, which is on the left side of the Mattes Center. We rehearse between services from about 9:40 to 10:10am.

I'd love to welcome back all of my wonderful singers from last year, and hopefully add some new children this year. Last year the children ranged in age from 4 to 10. It was a good mix, because the older children really helped the younger children learn the songs! So please think about having your children join our choir, and lend their beautiful voices to the group! Both older children as well as the younger children are invited to join us! If you have questions, feel free to contact me at 788-5686. Hope to see you soon!!! Darlene Lassig  
(We try to sing once a month from October through May, near the beginning of each service. Children may leave right after we sing at the 10:30 service)

### Gods Work, Our Hands

Mark your calendars! Gods Work, Our Hands is scheduled for Sunday September 22 at 1pm. The work site for this year is still being determined so check future Sunday bulletins for more information.

### Lutheran World Relief Kits

Throughout September we will be collecting school supplies & health items for Lutheran World Relief kits. Lists of desired items and donation envelopes are on the LWR table in the welcome area. Money collected will be used to purchase supplies for the kits. Thanks!

### Egg Cartons Wanted!

We are collecting egg cartons for WAFER. Please place your cartons in the WAFER shopping cart in the welcome area. Thank you for your donations!

### 2019 Church Picture Directory

If you have not scheduled your appointment yet, call Kathy in the church office at 788-0450, or see her at the sign up table on Sunday mornings. You can also set your appointment online via our website [www.gslacrosse.org](http://www.gslacrosse.org). Dates & times available for picture sessions are Tues, Sept 24th - Fri, Sept 27th 2-9pm, and Sat, Sept 28th 10am-5pm.

### Grief Support

Good Shepherd Grief Support Group meets every Thursday at 1:30pm in the Choir Room to support and encourage one another in our grief. If you are interested in joining us, please call Carol Abraham at 787-0679 or Pastor Harald at 788-0450.

### Youth Scrip Cards

Kwik Trip, Festival Foods, and many other scrip cards are available at the Youth Table in the welcome area and also in the church office Mon.-Fri., 8am - 1pm. You can also choose from many other cards available to order. Thank you for supporting our Youth Program through this fundraiser! A full listing and order form is available at [gslacrosse.org/high-school/](http://gslacrosse.org/high-school/). Questions? Contact Jennifer at [jones6307@gmail.com](mailto:jones6307@gmail.com).

### You CAN help!

Our recycle bin for aluminum cans is located at the end of the church garage behind the Boy Scout trailer. Feel free to drop off your bagged aluminum cans anytime. Thank you!

# September 2019



**Gloria Dei Choir**  
Meets every Sunday  
each week at 9:45am.



**Bell Choir**  
Meets every Sunday  
each week. at 5:30pm.

















**Sanctuary Choir**  
Meets every Sunday  
Each week at 9:30am.



**Sounds of Praise**  
Meets every Saturday each  
week at 4pm.

8:30 and 10:30 Sunday Worship Service, 8:45 and 10:45 Sunday School. Communion 1st and 3rd Sundays of Each Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>August 25</b> 10am Olson Baptism 11:30am Praise & Worship Meeting 6:30pm GS Men's Group	<b>26</b> 6:30pm Membership Mtg	<b>27</b> 1pm Come for Supper (setup) 4:30pm Come for Supper (serve) 5pm Men's Golf 6pm Parish Ed Mtg.	<b>28</b> 12:30pm Quilting 6pm Conf. Guide Orientation	<b>29</b> 1:30pm Grief Support Group	<b>30</b>	<b>31</b>
<b>September 1</b> Name Tag & Cookie Sunday sponsored by Care Ministry 9:30am Blood Pressure Readings 6:30pm GS Men's Group	<b>2 Labor Day</b> Office Closed	<b>3</b> Lifetouch _____ West Pastor Conference (here) 1pm Lydia Circle 5:30pm Buildings & Grounds 6pm BS Troop Adult Mtg. 6:45pm BS Troop 22 Mtg. 6:45pm Scouting for Girls	<b>4</b> _____ 12:30pm Quilting 6pm SS Volunteer Mtg.	<b>5</b> _____ 8 to 2pm Lap-tivity Quilts 1:30pm Grief Support Group 6pm WELCA Mtg.	<b>6</b> _____	<b>7</b> _____) 
<b>8 2nd Service returns to 10:30am</b> <b>Rally Sunday / Pre School Milestone /</b> <b>All Church Picnic</b> 3:30pm HS Youth Brainstorm & Cookie making 4pm 4-H Meeting 6:30pm GS Men's Group   	<b>9</b> 10am Before the After	<b>10</b> 1:45pm Hillview Communion 6:45pm BS Troop 22 Mtg 6:45pm Scouting for Girls	<b>11</b> 12:30pm Quilting 5:30pm Staff Meeting 6pm Confirm Student/Parent Orientation 6:30pm Adult Bible Study	<b>12</b> 1:30pm Grief Support Group	<b>13</b> 6pm Game Night	<b>14</b> 1pm Slominski Memorial
<b>15</b> 6:30pm GS Men's Group   	<b>16</b> 6:30pm MGF Mtg. 6:30pm Hintgen Assoc. Meeting	<b>17</b> 6pm Parish Ed Meeting 6pm Admin/Exec Meeting 6:45pm BS Troop 22 Mtg. 6:45pm Scouting for Girls 7pm Church Council Mtg.	<b>18</b> 12:30pm Quilting 6:30pm High School open- hang out (Gr. 9-12) 6:30pm Confirmation	<b>19</b> 11:30am 55 Plus 1:30pm Grief Support Group 6pm Hospitality	<b>20</b> <b>October Voice</b> <b>Articles Due</b> 6pm Bunko "Theme Fall"	<b>21</b> 
<b>22</b> <b>1pm Gods Work, Our Hands</b> (Eligible as confirmation service hours) 9:30am Sunday Morning Bible Study 10:30am Johnson Baptism 6:30pm GS Men's Group   	<b>23</b>	<b>24</b> Lifetouch _____ 6:45pm BS Troop 22 Mtg. 6:45pm Scouting for Girls	<b>25</b> _____ 12:30pm Quilting 6:30pm High School open- hang out (Gr. 9-12) 6:30pm Confirmation	<b>26</b> _____ 8:30am October Voice Mailing Crew 1:30pm Grief Support Group 5pm Mills/Smoot Rehearsal (off site)	<b>27</b> _____ 4:30pm Mills/ Smoot Wedding (off site)	<b>28</b> _____)
<b>29</b> <b>Kindergarten Milestone</b> 6:30pm GS Men's Group   	<b>30</b> <b>To access the most up-to-date calendar visit</b>	<b>October 1</b> West Pastor Conf. 1pm Lydia Circle 5:30pm Buildings & Grounds 6pm BS Troop 22 Adult Mtg. 6:45pm BS Troop 22 Mtg. 6:45pm Scouting for Girls	<b>2</b> 12:30pm Quilting 6:30pm High School open- hang out (Gr. 9-12) 6:30pm Confirmation	<b>3</b> 1:30pm Grief Support Group 6pm WELCA Mtg.	<b>4</b> 6pm Gruntzel/ Nedegaard Rehearsal	<b>5</b> 2:30pm Gruntzel/ Nedegaard Wedding

**To access the most up-to-date calendar visit [GSlacrosse.org/calendar](https://GSlacrosse.org/calendar).**

## Church Council Members

- **Jim Bugge** *President of the Congregation* jim@gslacrosse.org
  - **Sara Wrobel** *Vice President of the Congregation*
  - **Todd Holtz** *Treasurer*
  - **Ladd DaFoe** *Secretary*
- Other Church Council Members include:**
- Don Skibba, Lori Lowell,
  - Wayne Atchley, Roger Weeks Jr.,
  - Sally Lindahl, Tim Stalsberg,
  - Jessica Addington, Janet Torkelson,
  - Ellen Klemp, & John Krause



- **Rev. Harald Bringsjord** *Senior Pastor* prharald@gslacrosse.org
- **Rev. John Stennes-Spidahl** *Assistant Pastor* prjohn@gslacrosse.org
- **Rick Laufenberg** *Office Manager* rick@gslacrosse.org 788-0450
- **Kathy Johnson** *Office Assistant* kathy@gslacrosse.org
- **Tammy Klein** *Children's Ministry Coordinator* tammy@gslacrosse.org
- **Jen Servais** *Coordinator of Youth and Family Ministry* jen@gslacrosse.org
- **Randy Lyden** *Music Director/Organist* randy@gslacrosse.org (608) 779-9669
- **Linda Jerome Bell** *Choir Director* linda@gslacrosse.org
- **Karl & Jaime Greenfield** *Sanctuary Choir Directors* karl@gslacrosse.org 790-3785
- **Darlene Lassig** *Volunteer Gloria Dei Choir Director* 788-5686 darlene@gslacrosse.org
- **Cody Nedegaard**  
**Kerstin Gruntzel**  
*Volunteer Parish Nurses* Cody\_Kerstin@gslacrosse.org
- **Bill Klein** *Custodian* bill@gslacrosse.org

**Questions? Don't know who to contact? Contact the Church Office.**

(608) 788-0450 | office@gslacrosse.org | www.gslacrosse.org  
4141 Mormon Coulee Rd. La Crosse, WI 54601 (Office hours 8am to 1pm)

## Your Health

*From the desk of our Parish Nurse*

Greetings,

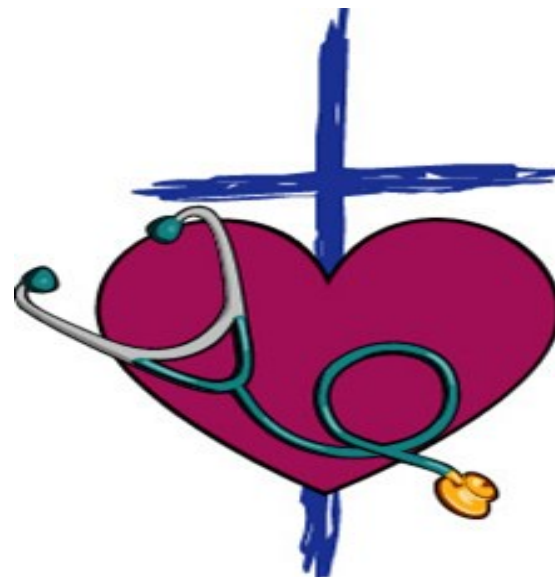
My name is Cody Nedegaard. My Fiancé, Kerstin Gruntzel, and I are your new parish nurses. I am currently a nurse at Gundersen Health system working in Cardiovascular surgery. Previously, I worked at Mayo Clinic in La Crosse as a nurse on a medical floor. Kerstin is currently a nurse on a medical floor at Mayo Clinic, and works part time at Bethany St. Joe's Nursing Home.

Shepherd all our lives and look forward to serving the congregation as parish nurses. We plan to continue with the monthly blood pressure readings the first Sunday of every month. If there is anything we can help with, we can be reached at 608-397-0097, or through the Church email Cody\_Kerstin@gslacrosse.org. We look forward to getting to know and serve the congregation.

Take care,

Cody Nedegaard

Kerstin and I were both raised in La Crosse, and graduated from Central High School in 2012. We have been members of Good



### Cody Nedegaard & Kerstin Gruntzel

*GS Volunteer Parish Nurses*

Cody\_Kerstin@gslacrosse.org

**Health Questions?**

Gundersen Telephone Nurse Advisor





## Sunday School Update

*Pre-school thru Grade 5*

### WELCOME BACK!

Whew, it was a fast Summer. Seems like it, even though it was the same as other summers. If you are like us, the last few weeks of August have been filled to the Brim! We held VBS from August 18-22. With ROAR, Live is Wild-God is Good!. There was a lot to do and learn, songs to sing and friends to share with. What a great experience as we learned that when Life is Unfair, Scary, Changes, Sad or Good,... GOD IS GOOD! With visits from Irving the Gamekeeper, and Pharaoh/Paul/Judas, it was a Wild Safari Celebration. Thank you so much to All of our volunteers and parents and helpers: Jill Kohlstedt, Janet Torkelson, Lynnae Torgerud, Michelle Flores, Anna Erickson, Abby Raymond, Stacy Bendel, Sienna Torgerud, Kimberly Young,, Betsy Klein, Judy Bark, Thea Johnson, Confirmants—Carly Bendel, Annabelle Flores, Lyndon Torkelson and Mollie Manke, for all the help. Special Thanks to Judy Christopherson for planning, shopping and managing the nightly meals, Bill Klein, Ava Krause, Kylie and Keith Klein, Colin Smith and all the Flores' for helping with prep and set up of the Safari along with volunteering for the week and to Pastor John and Pastor Harald for bringing the stories to life with our skits, and the Moms and Dads. We had 27 children participate from 3 years to 5th grade.

Coming SEPTEMBER 8th is Rally Sunday! That means we are in need of several volunteers at each service. I will be signing up helpers for the year between services, but we need many hands yet to make Sunday School function. If you have never volunteered for Sunday School, it may be your time! Please contact me! I guarantee it is one of the most fulfilling and rewarding things you will pass on to the future adults these children will become! The years that we have college students and young adults come back to visit

and to know they made it through hard times, remembering our stories and the “family” they have here at Good Shepherd makes the 6 hours every 3 months seem like such a small gift to lifetimes of love and grace. And they pass that on to the people they meet and the families they have. You are touching so many! PLEASE, PLEASE...share a few hours a MONTH!

We are also getting ready for the fall and that means the 2nd Annual Good Shepherd TRUNK OR TREAT! October 25th will be the day, more details to follow. This was SOOOO much fun last year. We are hoping to Trunk IT UP! You can decorate your Chassis and hand out treats/prizes while providing an easy game (Clothespin Toss, Pumpkin Bowling, Pin the nose on the Jack-O-Lantern), Volunteer for the meal, stay and have fellowship. You won't want to miss this event for ALL AGES!

Registrations are needed for Sunday School so we can get a count for Milestones Ministry. If you would like to sponsor a milestone for a child let me know. We have a gift for each child at each age during the year. Help in making the gifts is always welcome.

Confirmation Students needing Service Hours who want to help with Sunday School or one of our Children's events like Trunk or Treat, Christmas Capers, Easter Egg-stravaganza... you will be able to sign up at Confirmation Service Info night. We are limited to spaces, so if you have questions, let me know.

Check out the Calendar for all the fun, fellowship and faith sharing for the whole family!

Tammy



## Quick-Look

*Upcoming Events At a Glance*

Saturday, Sept 7th	Sunday School Prep Day
Sunday, Sept 8th	Rally Sunday and All Church Celebration Picnic
Sunday, Sept 8th	Pre-School Milestone—3 year old Tote Bags, 4 Year old

Don't forget the Good Shepherd Celebration picnic after Sunday 2<sup>nd</sup> service on September 8<sup>th</sup>. This is our annual “Church Family Reunion” with Bingo, Games, We will have a jump house (Thank you MEN'S GROUP) and Face Painting... so lots of fun for the kids! and more. Bring a dish to pass and have some fun as we kick off our 64th year as a church family. It will be nice to see EVERYONE come together after a busy summer.

**Friday, OCTOBER 25<sup>th</sup> – TRUNK OR TREAT!**  
5:30 to 8:00pm Rain or Shine!



**PARTICIPANTS NEEDED - WE NEED YOUR TRUNK!**  
Decorate your Trunk, Run a Game and Give out a treat or prize – TRAVELING TROPHY FOR BEST TRUNK DÉCOR & GAME!

Theme: **Classic Movies for Kids!**

Please sign up by email to help with this event for our Good Shepherd Family. [Tammy@gslacrosse.org](mailto:Tammy@gslacrosse.org)

5:30-6:30pm Trunk or Treat

6:30-7pm Pizza and a Story

7:00-7:45pm Charlotte's Web in the Mattes Center

### Tammy Klein

*Children's Ministry Coordinator*

[tammy@gslacrosse.org](mailto:tammy@gslacrosse.org) (608)788-0450

#### Stay Connected!

Receive message alerts for Sunday School at Good Shepherd. Send the message @rubberduck to the number (608) 807-2784. All parents and children with a cell phone are encouraged to sign-up! Data charges may apply. Must age 13+ to sign up without parental guidance. This service is brought to you by Remind®.





## Youth Update

*Confirmation (Grades 6-8)  
& High School Youth (Grades 9-12)*

*Now the word of the Lord came to me saying, "Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations." Then I said, "Ah, Lord God! Truly I do not know how to speak, for I am only a youth." But the Lord said to me, "Do not say, 'I am only a youth'; for you shall go to all to whom I send you, and you shall speak whatever I command you. Do not be afraid of them, for I am with you to deliver you, says the Lord."*

*Jeremiah 1:4-8*

Hello!

My name is Jen Servais and I will be taking over as the Confirmation and High School Youth Coordinator. Good Shepherd has a long history of amazing Youth Directors from Mitzi to Pastor Meredith and Pastor Heather, Tammy and most recently, Stephanie. I am hoping to continue to help our teenagers grow in their relationship with God and within our church community.

Good Shepherd is near and dear to my heart as it has been my church since I was 5 years old. I did 5 years of Sunday school programs, was confirmed here (feel free to check out 1989 group picture in the back of the church...I am the one with the BIG hair!), married here, and all my kids have been baptized here. It has been a blessing to watch the church grow and change over the years and yet stay the same sanctuary from a crazy world as it has always been.

I have spent the last 20 years working with high school aged students as my day job is a high school Science Teacher in Iowa. I also teach several college classes. My husband Tony is a teacher and coach at Central and we have three boys. Jacob will be heading off to the University of Madison this year, Quinn is a 10<sup>th</sup> grader and Gabe is in 5<sup>th</sup> grade.

Stay tuned, as next month we will be introducing the new group name and logo for the youth group. It has been a team effort in coming up with a cool way to identify our teens within the church. An exciting way to bring our teens together as a cohesive group! Pastor Harold likes to tell us that we are "blessed to be a blessing." I know I feel very blessed to be given this opportunity and am excited to see what we can accomplish!

## Quick-Look

*Upcoming Confirmation/Youth Group Events At a Glance*

Sunday, September 8th 3:30-5pm	High School Kids. -We will be having a brainstorm AND cookie making session to discuss future activities you want to do as a group.
Wednesday, September 11th 6:00pm (Church Welcome Area)	Confirmation Orientation - Parents and Students All 6-8th graders will meet at the same time with the 8th graders staying a little later to discuss confirmation requirements.
Wednesday, September 18th 6:30 - 8:00pm	Confirmation resumes (Mattes Center)  *High School Youth Open-Hang out (Youth Room)
Sunday, September 22nd 1-4pm	Need some volunteer hours? Have a big heart? Either way, help out with God's Work, Our Hands! You can help out for any portion of the afternoon. Watch for more information in coming bulletins.
	<i>*The HS room will be open to hang out during confirmation hours, but our activities will be mostly on Sunday afternoons. I will send out a tentative schedule once I finalize some dates.</i>



### Jen Servais

*Director of Youth and Family Ministry*

Jen@gsilacrosse.org (608) 788-0450

**In the Office:** *Varied hours*



## Music Notes

*From The Director of Music*

### Fanny Crosby: Queen of Gospel Song Writers

Frances Jane Crosby (1820-1915) was born in Brewster, New York. Catching a cold at six weeks old, she developed inflammation of the eyes and was treated with mustard poultices to treat the discharges. Crosby believed this damaged her optic nerves and caused her life long blindness, but modern physicians believe it more likely that her blindness was congenital and simply not noticed at her very young age. When Crosby was eight months old her father died and she was raised by her mother and grandmother, who grounded her in the Christian faith and helped her remember long Bible passages.

In 1835 Crosby enrolled at the New York Institute for the Blind (NYIB), where she learned to play the piano, organ, harp and guitar and became a good singer. Graduating in 1843, Crosby joined a lobbying group in Washington, D.C., which advocated in support of education for the blind. She was the first woman to speak before the United States Senate, where she read a poem. Becoming an instructor at the NYIB in 1846 she taught grammar, rhetoric and history until 1858, when she married fellow NYIB instructor Alexander van Alstyne (who was also blind).

Crosby wrote poetry, cantatas, and popular, political and patriotic songs, but is best known for her hymns. Writing about 8,000 hymns, she is known as the Queen of Gospel Song Writers and most American

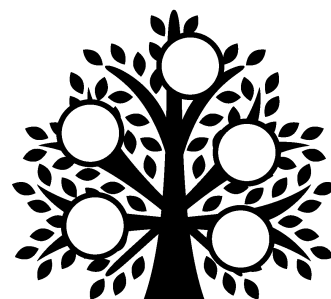
hymnals contain examples of her work, such as "Jesus, Keep Me Near the Cross" and "Blessed Assurance".

Crosby began composing a hymn by asking God for inspiration and composed six or seven hymns each day. She composed them entirely in her mind and worked on as many as twelve hymns at once before dictating them to an assistant (she could write little more than her name). The melodies to most of her hymns were written by others, such as principal musical collaborator Howard Doane. She was posthumously inducted into the Gospel Music Hall of Fame in 1975.



### Randy Lyden

Good Shepherd Music Director  
randy@gsilacrosse.org | (608) 779-9669



## GROWING generations

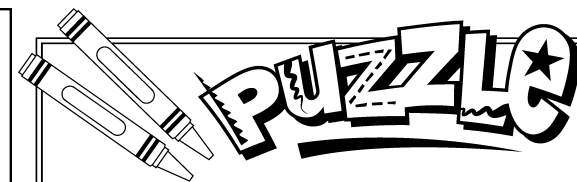
Honor your grandparents with a gift that all generations can enjoy.

### What you need:

- Cups (various sizes)
- Pencil
- Family photos
- Scissors
- Colored paper
- Hot glue (and adult help)
- Clothespins
- A small potted tree or bush

### What you do:

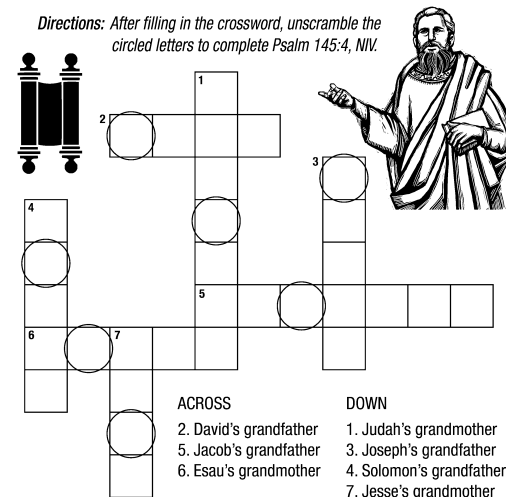
1. Use a cup to trace a circle around faces in the photos. Cut out the circles.
2. Cut larger circles out of paper. Glue each photo onto a paper circle.
3. Glue a clothespin to the back of each photo. Clip photos to the branches.
4. Present the gift to your grandparents, and tell them you're glad to be in their family tree.



## Grandparents of the Old Testament

Can you name these biblical grandparents? If you get stuck, find an Old Testament family tree in your Bible or online.

Directions: After filling in the crossword, unscramble the circled letters to complete Psalm 145:4, NIV.



### ACROSS

2. David's grandfather
5. Jacob's grandfather
6. Esau's grandmother

### DOWN

1. Judah's grandmother
3. Joseph's grandfather
4. Solomon's grandfather
7. Jesse's grandmother

One G \_ N \_ \_ \_ \_ \_ N commends your works to another; they tell of your mighty acts. Psalm 145:4, NIV

Answers: ACROSS 2. Obed, 5. Abraham, 6. Sarah; DOWN: 1. Rebekah, 3. Isaac, 4. Jesse, 7. Ruth. Generation

