



Shepherd's Voice

Give. Serve. Lead. Connect.

October 2018

From Pastor Harald Bringsjord

On October 14, 2018 there will be a special World Hunger Sunday worship service at Good Shepherd. Hymns, scriptures, prayers, sermon and liturgy in general will remind us again why we care for the poor, the powerless and the hungry.

There will be a special offering for World Hunger. The money received for world hunger is put to good use. The Evangelical Lutheran church in America (ELCA) is one of the best run organizations fighting world hunger in the world and it is thanks to you and a church filled with people who care for the hungry.

There are three levels of hunger:
Level 1: Undernourishment: When a person is not getting enough nutrition to meet the minimum needs for an active life.

Level 2: Malnutrition: When the person is so badly nourished they are susceptible to infection and disease.

Level 3: Wasting: When the person has acute malnutrition leading to substantial weight loss and death.

Hungry people in America are mostly in Level One: Undernourished. But worldwide it is different. Every day 20,000 people die from hunger and hunger-related diseases (Level 3). And by far most are children, through no fault of their own. They may be infants of mothers who are so malnourished themselves that they cannot produce enough milk. They may be orphans

whose parents have both died, or they have been abandoned because a parent or parents could no longer afford to feed them. Reasons for hunger are many and complicated.

Caring for the hungry in our community is important and something we as a church support. But on October 14, we will be asking for help to support those around the world who are dying of hunger.

I am reminded that the Bible has over 2,000 verses that call God's people to care for the poor and feed the hungry. Here are a few examples:

"Jesus said, 'For I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me... Truly I tell you, just as you did it to the least of these who are members of my family, you did it to me.'" (Matthew 25:35-40)

"You insult your Maker when you exploit the powerless; when you're kind to the poor, you honor God." (Luke 18:22)

"If a sister or brother is naked and lacks daily food, and one of you says to them, 'Go in peace; keep warm and eat your fill,' and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead." (James 2:15-17)

Continued on page 19.

And the king will
say to them
in reply, Amen,
I say to you
whatever you did
for one of
these least
brothers of mine,
you did for me.

Matthew 25:40



Facebook.com/GSlacrosse



Twitter.com/goodshepherdse



GSlacrosse.org/voice

To access this and other publications online visit GSlacrosse.org/voice.

Give

Volunteering Within Church

Flower and Bulletin Sponsorship

The flower and bulletin sponsorship charts are on the bulletin board in the back of the welcome area. Sponsoring the flowers or bulletins is an easy way to honor special dates such as birthdays and anniversaries, or the memory of a

Readers & Ushers Appreciated!

Readers and Ushers are always valued at our worship services. Please consider signing up on the sign up sheet in the welcome area at the back of the sanctuary. You can sign up to read for a

loved one. If you have any questions on sponsoring the flowers or bulletins, please contact Kathy or Rick in the church office at (608)788-0450.



time and day that works for you. The readings will be sent (either by mail or email) to you early that week. Interested in ushering? Contact Kathy 788-0450. We really do need your help!

Women Who Wrestle With The Word (W5)

If you would like to be a part of a regular gathering of Christian Women, you are always welcome to join W5. We meet every Monday at 6:30pm in the welcome

area. at the front of the sanctuary. For info contact Judy at 385-1410.



Lydia Circle

Lydia Circle meets the first Tuesday of every month at 1pm in the quilting room. All women are welcome!

If you have any questions, contact Carol at 787-0609.



Good Shepherd Ministries

Altar Guild—Willing to help out on our Altar Guild? It is a very easy commitment and we would be happy to show you how it's done! Simply call Irene Thorelli at (608)787-0242.

Quilting—Quilters have postponed meeting due to lack of interest. If you are interested in helping the quilters contact Ann Hudson at 788-1308.

Mailing Crew—The *Shepherd's Voice* Mailing Crew is wondering if you are interested in helping out prepare the Voice newsletter with address labels and stickers? We meet the 4th Thursday of

each month at 8:30am in the choir room.

Care Ministry—Care Ministries visit the homebound year round to have a small chat, give communion, and have a prayer. Interested in joining this ministry? Contact Don Skibba at 787-0498. If you or someone you know would like a visit from our care ministry team, please contact the church office at 788-0450.

55 Plus—55 Plus is a friendly lunch gathering for those 55+. The group will be off over the summer, and will be back on Sept. 20th at 11:30am.

Serve

Enriching Life, Sharing Talents

Thank You All So Very Much...

Altar Guild—Thank you to the members who served during the month of September, Al & Kathy Johnson & Sharon Yushta. For the month of October Pat Oliver & Linda Schoen will be on duty.

Darlene Lassig, thank you for sending out the "Get Well" cards in September. Connie Erickson will be sending out the cards throughout the month of October.

Ann Hudson—Thank you for sending out cards and prayer shawls year round to bereaved families.

Care Ministries—Thank you to all members who are serving as Care Ministers to the faithful members of Good Shepherd who can no longer come to worship with us. Through you, our Care Ministers, the church comes to them!



Causeway Caregivers

Causeway Caregivers exists to help! Give Causeway a call if you need assistance in or around your home or if you have a few hours to volunteer helping those who do. (608) 775-9999 or visit our website: causewaycaregivers.org



Ushers Schedule

- | | |
|---------------|--|
| Oct 7 | 8:30am: Steve & Gina Fellenz, Dave Kranz, Teresa Opitz, looking for 2 more ushers 10:30am: Todd & Corrine Holtz, Tanya Hedberg, Jonathan Thompson, Karl Noll, Delores Pierson |
| Oct 14 | 8:30am: Confirmation Youth 10:30am: Confirmation Youth |
| Oct 21 | 8:30am: WELCA 10:30am: WELCA |
| Oct 28 | 8:30am: Confirmation Youth 10:30am: Confirmation Youth |

Lead

Raising Up Spiritual Leaders

Calling All Musicians!

Our "Sounds of Praise" worship band invites you to help us lead the worship here at Good Shepherd. "Sounds of Praise" is intended to bring together the greatest number and variety of instruments possible, presenting special music and enhancing our wide variety of hymn styles. Whatever type of

instrument you play, "Sounds of Praise" welcomes you! Please call Randy Lyden at (608)779-9669 or email randy@gslacrosse.org to be a part of this growing and exciting praise band!



Make a joyful noise unto the Lord!

The Sanctuary Choir

The Sanctuary Choir rehearses between services every Sunday from September through May and new members are always welcome!! If you would like to join our Sanctuary Choir, please contact Karl Greenfield at 790-3785 or at karl@gslacrosse.org

The Gloria Dei Choir

We rehearse between services on Sundays from September through May in the Mattes Center and new members are always welcome! If your children would like to be a part of the Gloria Dei Choir, please contact Darlene Lassig at 788-5686 or at darlene@gslacrosse.org.

Hand Bell Choir

Practices are on Sunday evenings 5:30pm for adult bell choir and 6:30pm for youth bell choir from September through May in the Choir Room. If you have any questions please contact Linda Jerome at 317-1335 or at linda@gslacrosse.org.

Remember also your Creator in the days of your youth, *Ecclesiastes 12:1*

High School Youth Group (Grades 9-12)

Good Shepherd's High School Youth Group is a group that meets on Wednesday evenings at 6pm throughout the year. Fellowship and games 6-7p with a bible study at 7p. You aren't the only Christian at your school! Come hangout

with other awesome teens just like yourself. Social events throughout the year along with a yearly mission trip. Want to learn more? Contact Stephanie Andersen at stephanie@gslacrosse.org or just drop in and check it out for yourself!

Connect

Bridging Our Community To Our World

Mobile Meals of La Crosse

Thank you so much to those who delivered Mobile Meals in August. **Our next time to deliver will be Mon. October 1st to Sun. October 7th.** Mobile Meals of La Crosse delivers 33,000 meals annually to the homebound, largely through the efforts of local churches like ours.

Please consider becoming a part of this very important ministry, our Mobile Meal Delivery Team could really use your help. Please contact Kathy at 788-0450 or Kathy@gslacrosse.org

Need more information?

Call 784-4623 or go to mobilemealsoflacrosse.org. pick-up place is Franciscan/ Mayo at the Market Street door and the pick-up time will be 11am. Please allow 1 1/2 to 2 hours time. We are route #1.



Local Food Pantry Needs



West Avenue Food Emergency Relief

(WAFER) is asking for Side Dishes (rice, potato, helper mixes) during the month of October. Thank you for all the donations given in September!

Please leave all donations in the grocery cart near our bulletin boards in the Welcome Area. A monetary gift may also be given to help support WAFER. Simply make your check out to Good Shepherd, and indicate WAFER in the check memo.

4-H Club

The Mormon Coulee 4-H Club was first established in 1946 making the club one of the oldest in La Crosse County! 4-H clubs are made up of children from kindergarten through high school. We meet the second Sunday of each month at 4pm in the Mattes Center. We are always

looking for eager volunteers to showcase their talents or for new members. If anyone is interested, or has any questions, please feel free to contact Kimberly Young at (608)796-0099 or e-mail kkymmm@gmail.com.



Boy Scouts & Girl Scouts Meet at Good Shepherd

Boy Scouts—Troop 22 meets at 6:45pm weekly on Tuesday's in the Mattes Center. Off over the summer.

If you have any questions about Scouts, please call the church office at 788-0450 and we can connect you with the group leaders.

Girl Scouts—Troop 4172 meetings are not yet set.



Stewardship

Memorials & Special Gifts

Good Shepherd gratefully acknowledges and sincerely appreciates your gifts over and above your regular giving. The following gifts were received from August 21 - September 24.

WAFER

Jim & Sue Bugge
John Wood

Giving Tree

Richard & Grace Pengra

Karen Arndt Memorial

Steve Arndt



Giving Tree

Richard & Grace Pengra
Jim Bugge

Gerald Jensen Memorial

Judith Schams

Vaughn & Louise

Christenson Memorial

Judith Schams

What is *Simply Giving*®?

The *Simply Giving*® Program is an automated stewardship program that helps church members live generously. It's a convenient, safe and simple way for individuals to make automatic payments to Good Shepherd through electronic funds transfer (EFT) directly from checking or savings accounts. Vanco Services, LLC provides electronic payment processing services at reduced rates—so your generosity goes further. Learn more by contacting the church office at (608) 788-0450

Giving Tree—Giving In A Unique Way

Do you know about our Giving Tree? If not, this is a unique way to sponsor items or services used within our church. Our giving tree is located in the corner by the main entrance in the welcome area. Select the tag (s) that mean the most to you and return them and the donation in the envelopes provided by either placing it in the offering plate, dropping it off at, or mailing it to the church office.



Church Numbers

Weekly Sunday Attendance

| Date | 8:30am | 10:00am |
|----------|--------|---------|
| 08/05/18 | 68 | 79 |
| 08/12/18 | 66 | 65 |
| 08/19/18 | 65 | 58 |
| 08/26/18 | 61 | 77 |

Weekly Envelope Offerings

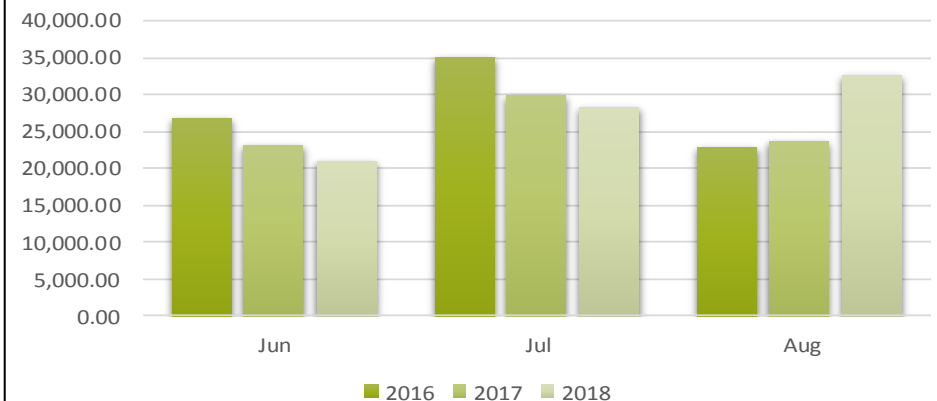
| Date | Weekly | % Budget |
|---------------|------------------|---------------|
| 08/05/18 | 16,494.28 | 209.4% |
| 08/12/18 | 6,435.95 | 81.7% |
| 08/19/18 | 4,843.62 | 61.5% |
| 08/26/18 | 4,721.00 | 60.0% |
| Totals | 32,494.85 | 103.2% |

Envelope Offering Comparison

| August 2018 | August 2017 | % Difference |
|-------------|-------------|--------------|
| 32,494.85 | 23,594.15 | 37.8% |
| YTD 2018 | YTD 2017 | % Difference |
| 225,298.74 | 225,022.81 | .2% |

If you would like to view the complete financial statements that are shared with the Council, please contact Rick in the church office at rick@gslacrosse.org or by calling the church office (608)788-0450.

Envelope Offerings



Around the Parish...

Blood Pressure Readings

Blood pressure readings will be taken by our Parish Nurse, Bev Sorenson, on **Sunday, October 7th at 9:30am** and on the first Sunday of the month throughout the rest of the year.

Lydia Circle

Millie Hamann will be leading our meeting Tuesday, October 2nd at 1pm in the quilt room. The subject will be "Paul" Chapter 36. Host will be Barb Hegge, devotions will be by Ardis Severson. Please call Carol Abraham 787-0679 if you have any questions. All are welcome!

Sunday Morning Bible Study

The new church year is fast approaching. It begins with the First Sunday in Advent, December 2. At Good Shepherd Lutheran Church, we follow planned readings from Scripture called "The Revised Common Lectionary." In our lectionary the coming year is "the year of Luke." That means most of the Gospel readings will come the Gospel According to Luke. To provide the people of Good Shepherd with an opportunity to learn more about Luke's Gospel the Sunday Morning Bible Study will feature and eight-part Book of Faith bible study. The first session will be Sunday, October 14th at 9:45 in the church library and will focus on Luke 2:1-20 and is titled: "Why Was Jesus Born?" We will continue to meet once a month on the second Sunday of the month in the church library. You do not have to commit to attending every time. Come when you can. I can guarantee that you will learn something new about the beloved Gospel According to Luke.
- Pastor John Stennes-Spidahl

Saturday Quilting

Saturday and Wednesday Quilting has been postponed due to the lack of interest. If you happen to be interested in helping our quilters contact Ann Hudson at 788-1308. When our quilters do meet they work together making quilts for Lutheran World Relief.

The Coulee Region Gospel Choir

The Coulee Region Gospel Choir is seeking singers for their annual Christmas Concerts. This season a new program titled 'City of Light' by Fettke/Courtney/Greer will be performed on November 30th and December 1st and 2nd. The Choir is excited to invite area singers to join us in the preparation of this program, 100 singers are being sought. Rehearsals begin Sunday, October 7th at 3pm at Shepherd of the Hills Church, 1215 Redwood Street in Onalaska. A time of 'meet and greet' starts at 2:15pm.

Please contact Ruth Ann Granum, Managing Director for more info or to reserve music at granum@centurytel.net or 608-526-2218. Performances at Shepherd of the Hills, Onalaska: Friday, Nov 30 at 7pm, Saturday, Dec 1 at 3pm. Performance at Olivet Lutheran Church on Dec 2 at 3pm.

Game Night

Please come and join us for an evening of fun and games. Bring your favorite board game if you want, or just join in where you see an opening. **Friday, October 19th at 6pm** in the welcome area. Come one, come all!!

OCTOBER 26th – TRUNK OR TREAT! 5:30 to 8pm. Rain or Shine!

HELP NEEDED - We need your trunk!

Decorate your Trunk, Run a Game and Give out a treat or prize – TRAVELING TROPHY FOR BEST TRUNK DÉCOR AND GAME!

Theme: It's The GREAT PUMPKIN!
Please sign up by email to help with this new event for our Good Shepherd Family.
Tammy@gslacrosse.org

5:30-6:30 Trunk or Treat/Pumpkin Decorating
6:30-7:00 Pizza and a Story
7:00-7:45 MOVIE IN the Mattes Center

Fall Clean Up

Join us at 8am on Saturday October 27 for our annual fall clean up at church. We will work on the grounds and in the church cleaning up as we prepare to enter into the busy holiday season and a new church year.

Around the Parish...

2018 Good Shepherd Lutheran Church Holiday Marketplace

Saturday, Nov. 10th 8am – 2pm.

Save Nov. 10, 8-2 on your calendar for the Holiday Marketplace Sale. Come and support the fundraiser which will offer lunch, goodies, a bake sale, homemade lefse and crafts. If you are willing to donate a pan of bars, a pie or Christmas goodies, just sign up on the back bulletin board!

25 vendors are confirmed. We could possibly add 3 more vendors along the walls if necessary. Sign up sheets are on the bulletin board, or email us at GoodShepherdSale@gmail.com.

Altar Guild

Our Annual Meeting will be held on Sunday, November 18th between services 9:30am to 10:30am. We will meet in the Quilting Room, just off the kitchen. New members are always welcome. We will review the past year, sign up for 2019 and review the 2018 Christmas schedule and the 2019 Lenten season. Hope to see you there. Thank you for your service!

Synod Flood Relief Effort

To assist with flood relief efforts in our area, the synod has set up a page on their website where info will be continually updated: <https://www.lacrosseareasynd.org/floodreliefefforts>. Also, a Facebook page has been set up for efforts in the Coon Valley/Chaseburg area. Search Facebook, for Coulee Region Flooding Clean-Up 2018.

Chairs for sale!

There are just a few of the blue stacking chairs left! They are available to members for only \$5.00 each or 4 for \$15.00. Please email Rick@gslacrosse.org to purchase.

You CAN help!

Our recycle bin for aluminum cans is located at the end of the church garage behind the Boy Scout trailer. Feel free to drop off your bagged aluminum cans anytime. Thank you!

Good Shepherd Online Stay Updated With Latest News

Have you ever visited GSlacrosse.org? This is our church website updated with news, youth activity events, calendars, and so much more. You can now find out the latest events at Good Shepherd from anywhere in the world. The website is now fully mobile-responsive, making it easy for you to access the church website from your smartphone.

Apart from our new website, we offer you the possibility to receive weekly and/or monthly e-mail updates with latest church happenings. Signing-up is easy. Simply visit gslacrosse.org/enews. Any questions, please contact the church office at 788-0450 or office@gslacrosse.org.

Youth Scrip Cards

Check out the Youth table in the concourse for a Kwik Trip or Festival Foods card, or choose one of the many other scrip cards available to order. Thank you for supporting our Youth Program through this fundraiser! The deadline to order cards is the first of each month. A full listing and order form is available at gslacrosse.org/high-school/. Questions? Contact Jennifer at jones6307@gmail.com or (608) 518-1228.

Simply Giving

Good Shepherd offers electronic giving options for making donations on a scheduled, automated basis. It's convenient for you and provides much-needed financial consistency for the church. Pick up an authorization form from the office or the information area in the back of the church.

Let's go shopping!

Shop smile.amazon.com and Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to Good Shepherd! We are listed as Good Shepherd English when selecting your charitable organization. Or, you can click the Smile.Amazon link on our webpage, www.gslacrosse.org.

October 2018



Gloria Dei Choir
Meets every Sunday
each week at 9:45am.



Adult Bell Choir
Meets every Sunday
each week. at 5:30pm.



Youth Bell Choir
Meets every Sunday
each week. at 6:30pm.












Sanctuary Choir
Meets every Sunday
Each week at 9:30am.



Sounds of Praise
Meets every Saturday each
week at 4pm.

8:30am Worship Service, 10:30am Worship Service, Communion 1st and 3rd Sundays of Each Month

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|--|---|---|--|
| September 30 Polka Service Kindergarten Milestone 10:30am Skibba Baptism 6:30pm GS Men's Group  | October 1 6:30pm W5 | 2 West Pastor Conference 1pm Lydia Circle 6pm Buildings & Grounds 6pm BS Troop 22 Adult Mtg 6:45pm BS Troop 22 Mtg | 3 6:30pm Youth Group (Gr. 9-12) 6:30pm Confirmation | 4 | 5 | 6  |
| 7 Name Tag & Cookie Sunday sponsored by Hospitality 9:30am Blood Pressure Reading 6:30pm GS Men's Group  | 8 6:30pm W5 | 9 1:45pm Hillview Communion 6pm Hospitality Mtg 6:45pm BS Troop 22 Mtg | 10 10am Staff Meeting 6:30pm Youth Group (Gr.9-12) 6:30pm Confirmation 6:30pm Adult Bible Study | 11 6pm WELCA Mtg | 12 | 13 7 to 11am LWR Boxes to Boxcar  |
| 14 8:30am Lowell Baptism 9:45am Sunday Morning Bible Study 4pm 4H Meeting 6:30pm GS Men's Group  | 15 5:15pm Finance 5:30pm Membership, Growth/Fellowship Mtg 6:30pm W5 6:30pm Hintgen Assoc Mtg | 16 6pm Parish Ed Meeting 6pm Admin/Exec Meeting 6:45pm BS Troop 22 Mtg 7pm Church Council Mtg | 17 6:30pm Youth Group (Gr. 9-12) 6:30pm Confirmation | 18 11:30am 55 Plus | 19 November Voice Articles Due 6pm Game Night | 20 9am -2:30pm WELCA Fall Renewal @ Holmen Lutheran |
| 21 WELCA Sunday 6:30pm GS Men's Group  | 22 6:30pm W5 | 23 1pm Come for Supper (setup) 4:30pm Come for Supper (serve) 6:45pm BS Troop 22 Mtg | 24 6:30pm Youth Group (Gr. 9-12) 6:30pm Confirmation | 25 8:30am October Voice Mailing Crew | 26 5:30pm Trunk or Treat! | 27 8am Fall Clean Up |
| 28 Reformation Sunday 3rd Grade Milestone 9:45am Care Ministry Meeting 6:30pm GS Men's Group  | 29 6:30pm W5 | 30 5:30pm New Member Orientation 6:45pm BS Troop 22 Mtg | 31 NO Youth Group (Gr. 9-12) NO Confirmation | November 1 6pm WELCA Mtg | 2 9:30am Church Women United (here at GS) | 3 8am Rain Date for Fall Clean Up |
| 4 Daylight Saving time (fall back) All Saints Sunday New Member Sunday Name Tag & Cookie Sunday sponsored by GS Women WELCA 9:30am Blood Pressure Reading 6:30pm GS Men's Group  | 5 6:30pm W5 To access the most up-to-date calendar visit GSlacrosse.org/calendar. | 6 Polling Day West Pastor Conference 1pm Lydia Circle 6pm Buildings & Grounds NO BS Troop 22 Adult Mtg NO BS Troop 22 Mtg | 7 6:30pm Youth Group (Gr. 9-12) 6:30pm Confirmation | 8 | 9 | 10 8am Holiday Marketplace  |

Church Council Members

- **Don Skibba** *President of the Congregation* don@gslacrosse.org
- **Jim Bugge** *Vice President of the Congregation*
- **Mary Isaacs** *Treasurer*
- **Bev Sorenson** *Secretary*

Other Church Council Members include:

Lori Lowell, Carol Powell, Wayne Atchley, Ladd DaFoe, Todd Holtz, Roger Weeks Jr., Sally Lindahl, Duane Schoen & Tim Stalsberg.



- **Rev. Harald Bringsjord** *Pastor* prharald@gslacrosse.org
- **Rev. John Stennes-Spidahl** *Assistant Pastor* john@gslacrosse.org
- **Rick Laufenberg** *Office Manager* rick@gslacrosse.org | (608) 788-0450
- **Kathy Johnson** *Office Assistant* kathy@gslacrosse.org
- **Tammy Klein** *Children's Ministry Coordinator* tammy@gslacrosse.org
- **Stephanie Andersen** *Youth Ministry Coordinator* stephanie@gslacrosse.org
- **Randy Lyden** *Music Director/Organist* randy@gslacrosse.org | (608) 779-9669
- **Linda Jerome Bell** *Choir Director* linda@gslacrosse.org
- **Karl & Jaime Greenfield** *Sanctuary Choir Directors* karl@gslacrosse.org | (608) 790-3785
- **Darlene Lassig** *Volunteer Gloria Dei Choir Director* (608) 788-5686 | darlene@gslacrosse.org
- **Bev Sorenson** *Volunteer Parish Nurse* bev@gslacrosse.org
- **Bill Klein** *Custodian/Maintenance* bill@gslacrosse.org

Questions? Don't know who to contact? Contact the Church Office.

(608) 788-0450 | office@gslacrosse.org | www.gslacrosse.org

4141 Mormon Coulee Rd. La Crosse, WI 54601 (Office hours 8am to 1pm)

Your Health

From the desk of our Parish Nurse

Dear Congregation,

I hope all is well post the rains and the heat. Fall is approaching as one can see the changing of the leaves and hopefully the weather. Sept/Oct is Childhood cancer awareness month. I would like to share a little information on this topic.

Each day 43 families in the United States will hear the words "Your child has Cancer." Devastating words no parent wishes. Though the 5 year survival rate for childhood cancers has reached 80%, nearly 2,000 kids under the age of 19 die each year, making cancer the leading cause of childhood deaths by disease.

Childhood cancer is still a big problem for reasons listed:

1. Childhood cancer can't be treated exactly like adult cancers. Where most federal research and funds go. Current treatments are toxic, affect a child's development and can be decades old. To treat childhood cancer in the best way possible we need to create specialized treatments just for kids.
2. The causes of childhood cancer are largely unknown. We need to study what causes cancer in kids to understand what treatments work best.
3. Many childhood cancer survivors in the U.S. suffer from lifelong damage to their organs, mental health and more. We need to understand how treatments affect kids long term so we can prevent late effects.

The types of childhood cancers include :

1. Neural and brain tumors.
2. Leukemia
3. Lymphoma, hodgkins and non-hogkins.

4. Sarcomas
5. Wilms tumor
6. Rhabdomyo sarcoma.

Cancer is uncommon in children but it happens. The most common are leukemias, lymphomas and brain cancer. As kids enter the teen years, osteosarcoma or bone cancer is more common. In most childhood cancers come from random mutations. Because these changes are random, there is no effective way to prevent. Sometimes a doctor might spot an early symptom of cancer at a regular checkup. However, some symptoms of cancer are similar to other infections or viruses. Because of the similar symptoms a parent or doctor might suspect other illnesses when it is cancer.

Cancer treatments include surgery, chemotherapy, radiation and bone marrow transplant. Doctors may use one or more of these treatments for a child with cancer. The main goal when treating a kid with cancer is to cure them. This takes priority over everything even if it means unwanted side effects from the treatment. Thankfully, many medicines and therapies can make kids more comfortable.

The diagnosis and treatment of cancer in kids takes time, and there are both short term and long term side effects. But thanks to medical advances, more and more kids with cancer are finishing successful treatments. Today more than 80% of all kids with cancer live 5 years or more. Source: Kids health/for Parents/childhood cancer.

May God Bless you and keep you and your family healthy.

Your Parish Nurse,
Bev Sorenson

Bev Sorenson, RN
GS Volunteer Parish Nurse

bev@gslacrosse.org
(608) 792-3962

Health Questions?

Call the Gunderson Telephone Nurse Advisor 24/7 at (800) 858-1050.



Sunday School Update

Pre-school thru Grade 5

Happy Autumn!

It was a great day on September 9th as we all came back together to begin a busy school year. Choirs - back, Gloria Dei choir for kids-back, Confirmation – back, and Sunday School is really back with the presentation of Preschool 3 and 4 year old milestones and our Kindergarten Milestone.

Sunday School Registration 2018-19- Please make sure the Children are signed up and come! It is always a blessing and more fun with more – and we always pray for more! Registrations are available online! Check out our website page for Sunday School for more information, new stories and new schedule! Go to the main page, Click on Discover at the top, then Children, then Rotational Sunday School. Here you will find the link to register as well as our schedule for the year.

3rd Grade Bible Milestone – October 27th
Once again, we are asking families to pick up their 3rd Graders Bibles early and have family and special people in the lives of their child notate favorite bible verses for them. We ask that you pick up the Bibles September 30th and return them to church no later than October 14th. Pastors and I will be able to add our note. This will be a lifelong gift for all of our students.

Sunday School Attendance – has been lower than expected at both services. We are planning for full attendance. I urge you to come weekly as we will again be celebrating 5 days of attendance with our Duck Pond – Do God's Work, Understand God's Stories, Come to God's House, Know God's Love.

The lessons they are learning in Sunday School are not only just about the Bible Character, but building the children's character as well. Our first lesson is Noah's Ark. Yes, we talk about Noah and the arc and the animals, but our take away focus is that God made a promise to all of the earth and keeps that promise. It is also about trusting God, above all else, that he is always with us.

Our next lesson will be Joseph and his brothers where God was with Joseph and even though bad things happen, God uses them for good. He has a plan for us all and we have God's reassurance that he is always with us.

Then we have music, art, science, cooking, cinema, computer and games to reinforce the remembrance of the stories we are learning. It is an awesome and fun hour each week.

Again, I have a senior graduating in May, and I have been reflecting on how lucky I am to have a Village to have helped guide my children. Not only parents, grandparents, aunts, uncles and neighbors...but also our Sunday School Family, has been involved as constant support for them both. Shepherds, Teachers and Confirmation Guides they have known from 3 years old have encouraged them, celebrated their accomplishments, guided them with wisdom from different experiences and watched over them when seen out and about. During the past few months, I have been blessed by so much support and love, as we have struggled through family illness, sorrow and also Joy. I see our church family at the schools, grocery store, football games, EVERYWHERE. The love is exponential – and that's the best part of Good Shepherd Sunday School.

Tammy Klein – Children's Ministry Coordinator
tammy@gslacrosse.org



Quick-Look

Upcoming Events At a Glance

| | |
|-----------------------|--|
| September 30th | Kindergarten Milestone – Parent pick up instructions for 3rd Grade Bibles. |
| October 7 – 21st | Joseph and His Brothers (Art, Game Skills, Computer) |
| October 14th | 3rd Grade Bibles due back to Tammy |
| October 26th | TRUNK OR TREAT! 5:30 to 8:00pm |
| Oct. 28th – Nov. 11th | The Battle of Jericho (Kitchen, Cinema, Science) |
| October 28th | 3rd Grade Bible Presentation/Reformation Sunday |
| November 4th | Christmas Parts Selection during Sunday School |
| November 18th – 16th | Jesus is Born – All Children |



OCTOBER 26th – TRUNK OR TREAT!

5:30 to 8:00pm. Rain or Shine!

HELP NEEDED - WE NEED YOUR TRUNK!

Decorate your Trunk, Run a Game and Give out a treat or prize
TRAVELING TROPHY FOR BEST TRUNK DÉCOR
AND GAME!

Theme: It's The GREAT PUMPKIN!

Please sign up by email to help with this new event
for our Good Shepherd Family.

Tammy@gslacrosse.org

5:30-6:30 Trunk or Treat/Pumpkin Decorating

6:30-7:00 Pizza and a Story

7:00-7:45 MOVIE IN the Mattes Center

Tammy Klein

Children's Ministry Coordinator

tammy@gslacrosse.org (608)788-0450

Stay Connected!

Receive message alerts for Sunday School at Good Shepherd. Send the message @rubberduck to the number (608) 807-2784. All parents and children with a cell phone are encouraged to sign-up! Data charges may apply. Must age 13+ to sign up without parental guidance. This service is brought to you by Remind®.



Youth Update

*Confirmation (Grades 6-8)
& High School Youth (Grades 9-12)*

Give thanks to the Lord, for He is good; His love endures forever. Psalm 107:1

Confirmation

As I write this we have had 1 week of confirmation back under our belt. It was great to have the students back as we studied the story of creation! We will be continuing our study of the old Testament during the next month. We will also be helping to package Lutheran World Relief Kits for our October service night. This is always a favorite event for the students as they can visually see how much work they have completed by the end of the night. It's also great to know we are helping out a great organization that helps so many people around the world.

High School Youth

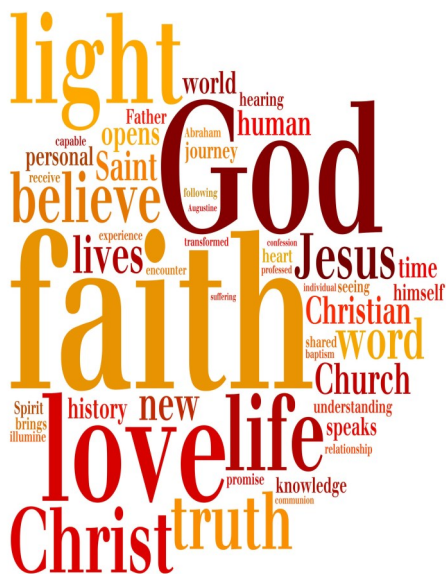
Youth Group is also back up in full swing. Hours have changed this year and youth group will be meeting from 6:30 - 8pm on Wednesday nights. This change is aimed at helping families who have both confirmation students and high school students. We know people are busy so we want to keep schedules as simplistic as we can.

This years bible studies will be using the Nooma Videos which is always a crowd pleaser. These videos created by Rob Bell use biblical knowledge to address topics that affect us all. They always lead to great discussions.

Lifelong Learning

We are never too old to stop learning and thanks to La Crosse Area Synod Church in Society Committee who partnered with Shoulder to Shoulder La Crosse, we all have an opportunity to continue

our learning! On Wednesday, October 3rd and Thursday, October 4th, they will be hosting the Presentation, "Love Your Neighbor: Confronting Islamophobia." Dr. Ayaz Virji and Pastor Mandy will discuss their experience confronting Islamophobia in the small town of Dawson, Minnesota. For more information check out the La Crosse Area Synod Website. The presentation on the 3rd is geared toward confirmation and youth, however, all are welcome to attend either event. No registration is required and both events are FREE!



Quick-Look

Upcoming Confirmation/Youth Group Events At a Glance

| | |
|--------------|---|
| October 3rd | Confirmation - Fellowship/service night (BINGO - 6th graders) Youth group: Fellowship night TBD "Love your Neighbor: confronting Islamophobia" - 7pm at Trinity in Sparta |
| October 4th | "Love your Neighbor: confronting Islamophobia" - 7pm at Westby Fine Arts Center |
| October 10th | Flood (Genesis 6-9) |
| October 17th | Promise (Genesis 12-13; 15-18; 21) |
| October 24th | Jacob and Esau (Genesis 25: 27-28; 32-33) |
| October 31st | No confirmation or youth group |
| November 7th | Confirmation - Fellowship/service night (BINGO - Shanon's group) Youth group - fellowship/service TBD |



Stephanie Andersen

Director of Youth and Family Ministry
stephanie@gslacrosse.org (608) 788-0450

In the Office: Wednesday 4-8pm



Music Notes

From The Director of Music

It Is Well with My Soul

Of all the hymns in our rich worship music tradition, one of the most moving is the hymn "It Is Well with My Soul", written by Horatio Spafford (1828-1888). Spafford was a prominent and successful Chicago lawyer, devout Christian and Presbyterian church elder. He and his wife Anna had four daughters and a son, and were friends and supporters of evangelist Dwight Moody.

Tragedy began to strike as their young son died of pneumonia in 1871. Also that year, the Great Fire of Chicago destroyed most of Spafford's sizable real estate investments in Chicago, dealing him a severe financial blow. The economic downturn of 1873 made things even worse. The Spafford's decided that year to travel to England to recover from the tragedy and join friends Dwight Moody and Ira Sankey on an evangelical campaign there. An unexpected business problem forced Horatio to remain behind, so his wife and four daughters set out to England on the SS Ville du Havre, with the intention that he would join them there shortly. While at sea, the Ville du Havre struck the iron-hulled Scottish vessel Loch Earn and sank in 12 minutes, killing 226 people, including the four Spafford children.

Anna, who was rescued, sent her husband a telegram from England, which began, "Saved alone, what shall I do?" Spafford took the next available ship to England to join his wife. With the ship about four days

at sea, the captain called Spafford to his cabin and told him that they were over the place where the Ville du Havre sank. It is said that he penned the words to this hymn as the ship passed by where his daughters had died.

Composer Philip Bliss (1838-1876) was very impressed with Spafford's life and the words to this hymn. He wrote a beautiful piece of music to accompany these lyrics and the hymn was published in 1876 by Bliss and Sankey. It bears the tune name Ville du Havre.



Randy Lyden

Good Shepherd Music Director
randy@gsilacrosse.org | (608) 779-9669



Continued from page 1

"Let mutual love continue. Do not neglect to show hospitality to strangers, for by doing so some have entertained angels without knowing it." (Hebrews 13:1-2)

God's blessings,
Pastor Harald

SYNOD SCHOOL OF
THEOLOGY Fall 2018 – BEGINS
OCT. 4

SST (Synod School of Theology) continues this fall with the first session running Oct. 4 – Nov. 8. A one-evening Bible Intro class for new students AND for anyone interested in a basic, foundational biblical study, will be held Sept. 27 at Peace Lutheran Church in Tomah. All other classes will be at Our Savior's Lutheran Church, West Salem; Thursday evenings at 5:30 and 7:30pm. See the Synod School of Theology (SST) Fall-Winter 2018-2019 brochure and School of Theology web page where detailed info will be added as it becomes available. Courses and instructors for the Fall 2018 session: Apocalyptic w/ Rev. Len Liptack (serving at Faith Lutheran of Black Hammer in Spring Grove, Minn.), Ethics w/ Rev. Stephen Minnema (retired), and the ELCA Experience w/ Bishop Jim Arends. To REGISTER contact the synod office at 608.788.5000, deb@lacrosseareasynod.org.

See the Synods website for more information at lacrosseareasynod.org. Their Student Page has updated info regarding upcoming sessions, plus info from instructors as it becomes available and the Fall 2018 Class Schedule.

From the heart

We all need people who share godly wisdom with us.

Directions: First, unscramble the bold letters to spell another word for "pal." Write that word in the first empty row. Then move the words under each bold letter to that letter's new column. The result will be Proverbs 27:9, NIV.

| D | E | F | I | R | N |
|----------|-------|----------|---------|---------|--------------|
| F | | | | | |
| to | bring | Perfume | incense | and | joy |
| Perfume | | | | | |
| of | the | the | and | heart, | pleasantness |
| the | | | | | |
| advice. | their | a friend | from | springs | heartfelt |
| A friend | | | | | |

AIN '9; NIV
the pleasantness of a friend brings joy to the heart, and
Answer: F R I E N D; Perfume and incense bring joy to the heart, and
advice, their a friend from springs heartfelt

